

BIOC203W1 Biochemistry for Biologists



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Importance of lipids?



- Lipids play roles both in energy metabolism and in aspects of biological structure and functions
- The great bulk of lipid in most organisms is present in the form of triglycerides
- A mammal may contain 5-25% of its body weight as lipid and 90% of this is present in the form of triglycerides.
- Most of this fat is stored in adipose tissue.

- Triglycerides are derived from two major sources:
 - **1.** The diet digestion, absorption and transport of fat to adipose tissue
 - **2.** The mobilisation of fat stored in adipocytes



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- An adult man ingests about 60-100g of fat per day.
- As you know, triglycerides constitute more than 90% of dietary fats and the rest is made up of phospholipids, cholesterol, cholesterol esters, and free fatty acids.
- Lipids are organic molecules and mainly soluble in organic solvents
- On the other hand, the lipid digesting enzyme e.g. pancreatic lipase or lipo-protein lipase can only work in the aqueous environment
- Although the lipids will be hydrolyzed into smaller constituents, the products tends to aggregate to larger complex that make poor contact with the cell surface and reduce the rate of absorption.







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- This problem is overcome by some detergent like materials e.g. bile acids and bile salts which can create a favorable environment for both lipids and lipid digesting enzymes.
- Bile acids composed of 24C atoms containing 2-3 hydroxyl groups and side chain with carboxylic acid group (-COOH) which often conjugate by an amide bond with glycine or

taurine to for glycocholic or tauro-cholic acid, respectively.



Bile acids and bile salts are produce in the liver from cholesterol and transport to the gall bladder via bile duct for deposition and further necessary actions.







Bile acids and bile acids contain both hydrophilic and hydrophobic surface allow them to dissolve in an oilwater interface which emulsifies triglycerides to form bile salt micelle (1 um) to digest it by enzyme lipases.







Stomach

Finally, the digestion of triglycerides is done by the pancreatic lipase enzyme in the duodenum of small intestine to form monoglycerides and free fatty acids



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Digestion of dietary fats



Triglycerides

- The products of TG digestion, mainly monoglyceride and long chain fatty acids must be stabled before they can be absorbed via the small intestinal epithelium.
- This stabilization is achieved present in the bile salts micel monoglycerides, lysophospho acids to form "mixed micelle"

- Then absorb from the small in bile salts remain in the small Tright
- Then digested lipids are taken





Chylomicron formation



 After absorption of fat into the small intestinal epithelial cells fatty acids are re-esterified to form triglycerides



- The mobilization of fat is a hormone dependent process
- In feeding condition or consumption of high starchy foods







Blood glucose Insulin

Glucagon Adrenaline

Page 12 in Handouts Glycolysis Glycogenesis Fatty acid synthesis Lipid biosynthesis

Fatty acid oxidation Gluconeogenesis Mobilization of fat

In fasting condition or when not eating for more than 3 h









Blood glucose Insulin

Glucagon Adrenaline

Page 12 in Handouts Glycolysis Glycogenesis Fatty acid synthesis Lipid biosynthesis

Fatty acid oxidation Gluconeogenesis Mobilization of fat











Oxidation of glycerol





- The beta-oxidation of fatty acids take place inside of the mitochondria of both eukaryotes and prokaryotes for the production of energy
- The activation of fatty acids is necessary for beta-oxidation and it happens in the outer mitochondrial membrane

Carnitine in FAs oxidation

- Although fatty acid activation as well as fatty acyl-CoA formation is occurred into the outer member membrane of mitochondria but the CoA has no access to the inner membrane of mitochondria
- The overcome this difficulty carnitine works as a shuttle to carry as fatty acyl-carnitine via the inner membrane of mitochondria
- As soon as fatty-acyl carnitine enters into the mitochondria, the fattyacyl part joins with mitochondrial CoA and carnitine returns to carry another mole of FA

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Carnitine in FAs oxidation

- Two enzymes are involved with carnitine in this process:
 - Carnitine acyl transferase I
 - Carnitine acyl transferase II
- On the outer surface of the inner mitochondrial membrane, <u>carnitine acyl transferase I</u> catalyzes the transfer of the acyl group from CoA to carnitine
- The acyl carnitine then passes through the inner mitochondrial membrane.
- On the inner surface of the inner mitochondrial membrane, <u>carnitine acyl transferase II</u> catalyzes the transfer of acyl group to mitochondrial CoA, which is released into the matrix for β-Oxidation.

Carnitine shuttle system

- Carnitine shuttle system for fatty acid transfer usually occur for C12 – C20 fatty acids
- Smaller chain fatty acids (< C12 fatty acids) have access to the inner membrane of mitochondira
- So they can cross the mitochondrial membrane and become activated for beta-oxidation

- Beta-oxidation of fatty acids is a simple 4 step process
- Dehydrogenation
 Hydration
 Oxidation
- 4. Thiolysis

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<u>1. \dot{\alpha}\beta-Dehydrogenation of fatty acyl CoA</u>: One enzyme called \alpha\beta-acyl CoA dehydrogenase is involved in this process, which removes two hydrogen atoms from \alpha(2) and \beta(3) carbon to form a trans \alpha\betaunsaturated acyl coA.

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2 carbon atoms

2. Hydration of a_βunsaturated acyl CoA: The hydration of a_βunsaturated acyl CoA will be done by another enzyme called enoyl-CoA hydratase, which adds a hydroxyl (-OH) group to the a(2) and a hydrogen atom to the $\beta(3)$ carbon to form β-hydroxy acyl-CoA.

<u>3. Dehydrogenation of β-hydroxy acyl CoA:</u> The dehydrogenation of β-hydroxy acyl-CoA is done by the removal of two hydrogen atoms from the β-carbon to form β-keto acyl **CoA** catalyzed by an enzyme called β-hydroxy acyl-CoA dehydrogenase.

4. Thiolytic cleavage of β-keto acyl CoA: The thiolytic cleavage of **B**-keto acyl CoA is done by the removal of one mole of Acetyl-**CoA and another fatty acyl-CoA catalyzed by** an enzyme called thiolase.

Energy production: β-oxidation

Energy production: β-oxidation

Summary of energy p

Energy production from

- 1. From step 1
- 2. From step 3
- 3. From TCA Cycle
- If a 16 carbon fatty ac for β-oxidation then a oxidation process:

From these 7 cycles of β

- 1) Production of ATP
- 2) From remaining on
- ATP used for the activ
- Net ATP production /
 Note: 1 mole of ATP = 7.

Oxidation of odd carbon FAs

Clinical correlation

Oxidation of unsaturated FAs

- Beside saturated fatty acids, many unsaturated fatty acids are used for the production of energy in living systems.
- Unsaturated fatty acids have one or more CIS double bonds in a non-conjugated manner.
- Hence, these double bonds cannot be used for β-oxidation by the enzyme <u>enoyl-CoA hydratase</u>.
- Position of double in the carbon chain is also an issue. (<u>αβ</u> <u>TRANS double bond favours β-oxidation</u>)
- Hence, TWO additional enzymes require for the oxidation of unsaturated fatty acids. Such as-
 - (1) Enoyl-CoA isomerase and
 - (2) 2,4-Dienoyl-CoA reductase

COOH

*Arachidonic acid (ω6, 20:4, Δ^{5,8,11,14})

Oxidation of unsaturated FAs

Oxidation of unsaturated FAs

Regulation of energy metabol.

Who regulates the energy metabolism?

Several factors involved in the regulation of energy metabolism, such as-

- **1.** Availability of substrates
- 2. Concentrations of products
- 3. Availability of nutrients
- 4. Availability of enzymes & coenzymes
- 5. Concentrations of cellular ATPs
- 6. Concentrations of hormones
- 7. Physiological conditions
- 8. Physical activities etc.

Fatty acids biosynthesis

- Fatty acid biosynthetic pathways are simply opposite of fatty acids beta-oxidation (will discuss later)
- Most of the biosynthetic pathways are active in the cytoplasm and most of the degradation pathways are active in the inside of the mitochondia
- Fatty acids biosynthetic pathway is active in inside of the cytoplasm of the cells, two components are mainly used as major raw materials of fatty acid biosynthesis, such as-

(1) Acetyl-CoA and(2) Malonyl-CoA

long hydrocarbon chain

carboxylic acid group

Energy and human life

Essential features of a fatty acid

In feeding condition, acetyl-CoA derives from the glycolytic pathway is used for the biosynthesis Malonyl-CoA as well as fatty acids, however mitochondrial acetyl-CoA can also be used for the biosynthesis of fatty acids (will discuss later)

<u>Reaction 1:</u> Synthesis of Malonyl-CoA from Acetyl-CoA

- The first step is formation of malonyl-CoA from acetyl-CoA is catalyzed by enzyme called acetyl-CoA carboxylase
- This reaction is exergonic and irreversible
- The enzyme uses a biotic co-factor which binds to bicarbonate and works as a source of CO2

<u>Reaction 2 & 3:</u> Activation of Malonyl-CoA and Acetyl-CoA

- The activation of Malonyl-CoA and Acetyl-CoA is very important for the biosynthesis of fatty acids
- Both of them bind with Acyl Carrier Protein (ACP) and converted to Malony-ACP and Acetyl-ACP as their active forms for fatty acid biosynthesis
- The Malonyl transacylase and Acetyl-CoA ACP transacylase are used as enzymes respectively to catalyse these

After the activation of Malonyl-CoA and Acetyl-CoA fatty acids biosynthesis is completed by following FOUR step reactions:

(1) Condensation reaction:

 In this reaction Acetyl-ACP and Malonyl-ACP join together via a condensation reaction catalyzed by enzyme called beta-keto acyl-ACP synthase

(2) Reduction:

In this reaction **TWO hydrogen** atoms are added to the beta-keto group of Acetoacetyl-**ACP catalyzed** by enzyme called beta-keto acyl-ACP reductase to for beta-hydroxy butyryl-ACP

(3) Dehydration:

In this reaction a hydroxyl group from the C3 and a hydrogen atom from the C2 released in the form of water by enzyme called betahydroxy acyl-**ACP dehydrase** to for trans- $\Delta 2$ enoyl-ACP

(4) Reduction:

Trans Δ2-enoyl ACP is reduced by NAPDH, H+ to form butyryl-**ACP** catalyzed by enzyme called enoyl-**ACP reductase.** Then this **butyryI-ACP** joins with another mole of **Malonyl-ACP to** elongate the chain for FA.

Continuation:

The final product of the last reaction (step 4) will go back to join with another mole of **Malonyl-ACP to** synthesize a **longer chain** fatty acid and this process will continue till the expected FA is synthesized.

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Termination:

As soon as the desired chain of fatty acid is achieved the S-**ACP group will** be removed from the final product by hydrolysis reaction to make a normal fatty acid which can go for betaoxidation as well.

FAs biosynthesis

- 1. Acetyl-CoA is converted by MAT to Acetyl ACP
- 2. Acetyl-ACP is attached to KS (condensation reaction).
- 3. Malonyl ACP is formed by MAT.
- 4. Acetyl-group is coupled to beta carbon of malonyl-ACP with release of CO₂ to form acetoacetyl-ACP(2b) by KS.
- 5. Reduction of acetoacetyl-ACP with NADPH to form D-β-hydroxybutyrl-ACP by DH
- 6. Dehydration of D-β-hydroxybutyrl-ACP by ER to form α,β-trans-butenoyl-ACP
- 7. Reduction of the double bond to form butyryl-ACP
- 8. Repeat until Palmitoyl-ACP (C16) is formed.

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9. ACP is cleaved by TE releasing free fatty acid.

FAs synthesis vs oxidation

B-oxidation vs biosynthesis of fatty acids:

The fatty acid beta-oxidation in the mitochondria and biosynthesis in the cytoplasm are two inverse or opposite pathway.

Mitochondrial acetyl-CoA

Malate-citrate and pyruvate-citrate shuttle:

- As soon as fatty acid β-oxidation is stopped after a change in physiological condition from FASTING to FEEDING, the remaining Acetyl-CoA will move to cytoplasm to be used for the fatty acid biosynthesis.
- However, the mitochondrial CoA has no access to the inner membrane of mitochondria
- Hence, they need to use some shuttle systems to move from the mitochondrial matrix to the cytoplasm
- Two shuttle systems are work in this case called Malate-Citrate and Pyruvate-Citrate shuttle

Mitochondrial acetyl-CoA

- Several enzymes and substrates regulate the biosynthesis of fatty acids, such as-
 - (1) Acetyl-CoA carboxylase
 - (2) Malonyl-CoA
 - (3) Fatty acid synthase (multienzyme complex)
 - (4) Various hormones (hormonal regulation)
- (1) Acetyl-CoA carboxylase:

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The long chain fatty acyl-CoA inhibit and on the other hand CITRATE stimulate the activity of Acetyl-CoA carboxylase enzyme which is involved in the conversion of acetyl-CoA to malonyl-CoA

- (1) Acetyl-CoA carboxylase: contd...
- The activity of acetyl-CoA carboxylase can be covalently activated by two different hormones e.g. insulin and glucagon

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(1) Acetyl-CoA carboxylase: contd...

 The activity of acetyl-CoA carboxylase can be adapted based on the dietary pattern and physiological condition as follows.

(2) Malonyl-CoA:

 The concentration of Malonyl-CoA stimulate the fatty acid biosynthesis and at the same time inhibit the fatty acid oxidation as follows

(3) Fatty acid synthase: (multienzyme complex)

The physiological condition can largely affect the activity of enzyme fatty acid synthase which is mainly involved in the synthesis of fatty acids

(4) Hormonal regulations:

 The physiological conditions as well as the secretion of different hormones accordingly largely regulate the biosynthesis of fatty acids as follows:

Which are ketone bodies?

The following three compounds with keto group (=C=O) group in their structures are called ketone bodies.

Why and how are they synthesized?

- Acetyl-CoA has more than tow major metabolic fates:
 - (1) either oxidation via to CO2 via TCA cycle or
 - (2) participate in the biosynthesis of fatty acids
- When acetyl-CoA accumulates beyond the capacity to be oxidized or used for fatty acid biosynthesis, ketone bodies are synthesized which is also called KETOGENESIS.

What is ketoacidosis or ketosis?

- Ketoacidosis or ketosis is the combination of following three things:
 - (1) Ketonemia
 - (2) Ketonuria
 - (3) Acetone in breath CH₃-C-CH₂-

(1) Ketonemia:

Dramatic increases of ketone bodies in the blood is called KETONEMIA

acetoacetate

СН3-С-СН2-

β-hydroxybutyrate

acetone

Energy and human life

(2) Ketonuria:

When ketone bodies are excreted with urine that is called KETONURIA.

(3) Acetone in breath:

When smell of acetone is detected in the breath

Consequences of ketoacidosis:

- Two out of three ketone
 bodies (Acetoacetic acid &
 β-hydroxy butryric acid)
 are acidic in nature
- So when the levels of ketone bodies are increased in pH of blood is decreased and severe acidic situation arises

- This decreased blood pH significantly with many other symptoms such as- dehydration, tachycardia (high heart rate), hypotension (due to loss of electrolytes with water)
- This situation is called ketoacidosis or ketosis

Who are vulnerable to ketoacidosis?

 Diabetic patients are vulnerable to ketosis or Ketoacidosis what is called DIABETIC KETOACIDOSIS

 Due to the low utilization of glucose due to low insulin concentration in diabetic condition, the level of Acetyl-CoA as well as ketone bodies are increased dramatically

Diagnosis of ketoacidosis:

- The normal concentration of ketone bodies in the blood of a well fed person doesn't normally exceeds 1 mg/100ml.
- Loss via the urine is usually less than 1 mg/ 24 hours in man.
- If the concentration of ketone bodies in the blood and urine are increased above the normal levels that is called KETOACIDOSIS or KETOSIS.

Note:

- Blood ketone bodies can be increased up to 90 mg/ 100 ml.
- Vrine ketone bodies can be increased up to 500 mg/day.

Biosynthesis of TG

TG represents major storage form of lipids in humans and animals

Bears 7 months and human can survive up to 40 days with their deposited TG

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Endogen. synthesis of PLs

Phospholipids are the most polar ionic lipids, composed of 1,2-diacyl glycerol and phosphodiester bridge linking the glycerol backbone to some polar base, usually nitrogenous bases e.g. choline, serine etc.

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Endogen. synthesis of PLs

These phospholipids are largely absent from body deposit of fat occurring primarily in the fat of glandular organs.

In biosynthesis, nucleotides activate the phosphate group of phosphatidic acid for the subsequent transfer of polar head group.

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Endogen. synthesis of PLs

When phosphatidate joins with a mole of CTP then it releases a Ppi and converted to a CDPdiacylglycerol

Finally, an inositol join with phosphate group and CMP releases to produce a phospholipid called phosphatidylinositol

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Clinical correlation - PLs

- The development of respiratory distress syndrome (RDS or hyaline membrane disease) is common in immature neonates
- If a baby born early then the alveoli of the lung will not expand normally at birth and infant may suffer from RDS and then respiratory support of ventilation may be needed
- Hence, it is very important to confirm the pulmonary (lung) maturity before the delivery of the baby

Clinical correlation - PLs

The lecithin sphingomyelin area ratio or LSAR can be determined by measuring the area of relevant spots of lecithin and sphingomyelin

Page 24 in Handouts LSAR = [area of lecithin spot (hxw)/ area of sphingomyelin spot (hxw)]

LSAR <1.5: Immature pattern or surfactant inadequate

LSAR 1.5: Transition pattern

LSAR >1.5: Mature pattern or surfactant adequate

Salvage synthes is of PLs

- The most abundant phospholipids in most eukaryotic cells are phosphatidylcholine and phosphatidylethanolamine.
- Since choline and ethanolamine arise largely through the turnover of pre-existing phospholipids, the latter pathways can be considered routes for reutilization of these breakdown products.
- The significance of reutilization of choline lies in the fact that the three methyl groups of choline are derived from the amino acid methionine, an amino acid which is limiting in many animal diets

E3

E1

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E2

CTP: phosphocholine cytidyl transferase

CDP: chokine : 1-2diacylglycerol choline phosphotransferase

Salvage synthesis of PLs

Salvage synthesis of PLs

