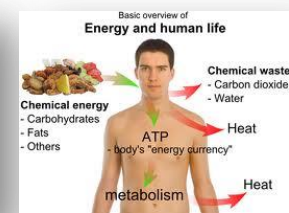
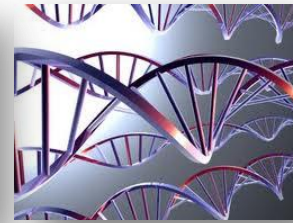
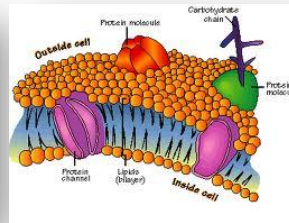
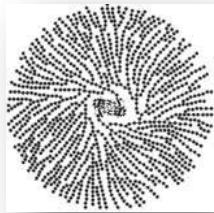




UNIVERSITY OF
KWAZULU-NATAL
INYUVESI
YAKWAZULU-NATALI

BIOC203W1

Biochemistry for Biologists

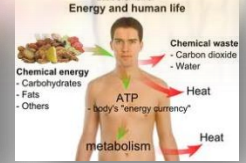
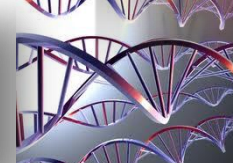
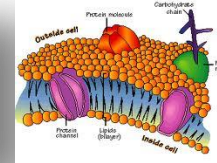
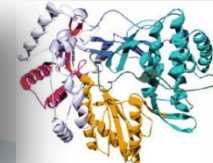
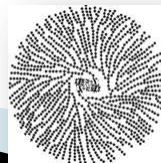


Dr MS Islam

Senior Lecturer of Biochemistry
School of Life Sciences, Westville Campus

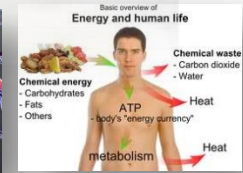
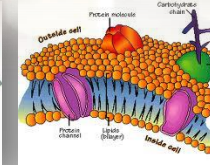
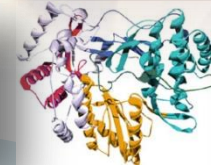
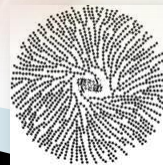
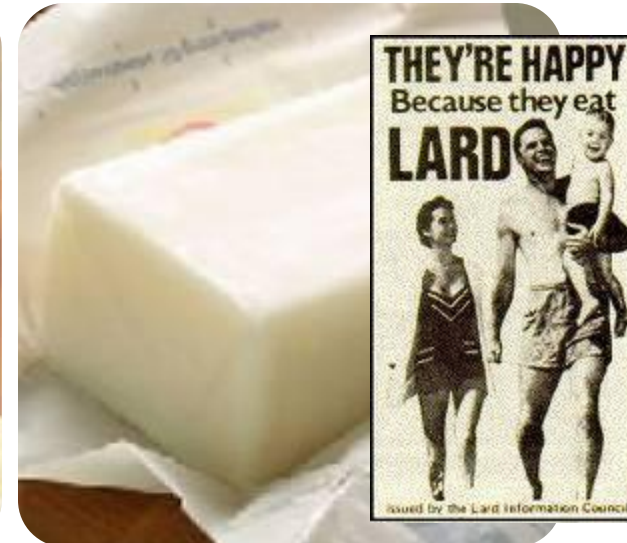
What is lipid?

- ▶ Lipids are **organic molecules which are not soluble in water but soluble in organic solvents** such as- ether, chloroform, benzene, ethanol, methanol etc.
- ▶ One of the 4 major classes of biomolecules e.g.
 - **Lipids**
 - Carbohydrates
 - Proteins and
 - Nucleic acids
- ▶ Lipids are essential components of **all living organisms** e.g. animals, plants, insects, bacteria, fungi etc.
- ▶ Basis on the weights, **lipids are lighter than carbohydrates and proteins** but contribute more than double energy compared to them such as-
 - 1 g lipid or fat provides **9 kcal energy** whereas,
 - 1 g carbohydrate or protein provides about **4 kcal**



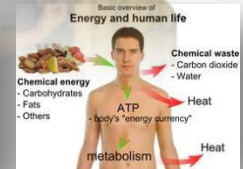
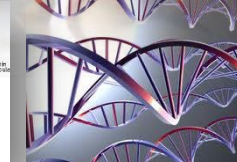
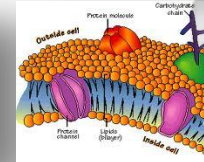
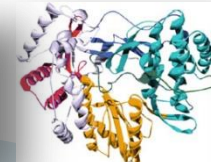
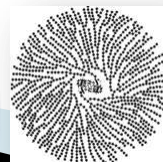
Examples of lipids?

- ▶ Vegetable oil, butter, margarine, grease, wax etc.
- ▶ Steroid hormones, fat soluble vitamins, prostaglandins, thromboxanes, leukotrienes are also the lipids or lipid derivatives.



Functions of lipids?

- ▶ **Insulation:**
- ▶ In mammals, especially in aquatic mammals, have most fat deposited subcutaneously which act as an **insulating materials** to protect their body from extreme heat or extreme cold.
- ▶ **Energy:**
- ▶ Major source of energy in living system.
- ▶ In Camel, the hump on Camel's back is largely a **deposition of fat** (mostly triacylglycerol or triglyceride) which provides energy and water during long-term starvation. (1 g fat provides **9 kcal energy and 1 g of water**)



Functions of lipids?



- ▶ **Creams:**

Lipid containing creams prevent the loss of moisture from our skin.

- ▶ **In birds:**

Lipid coating in bird feathers protects feathers of birds to render them not wetting

- ▶ **In plants:**

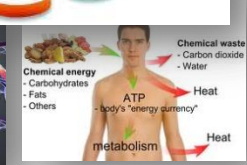
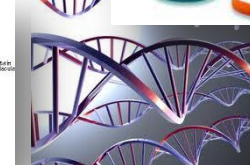
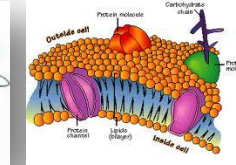
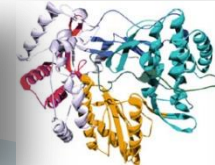
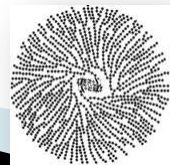
Coat the leaves of plants to protect them against abrasion and curb the loss of moisture by evaporation

- ▶ **Hormones and vitamins:**

They work as a precursor of several hormones and some fat soluble and anti-oxidant vitamins (A, D, E and K)

- ▶ **Plasma membrane:**

Crucial part of cell membrane



Lipids in humans?

- ▶ **In organs:**

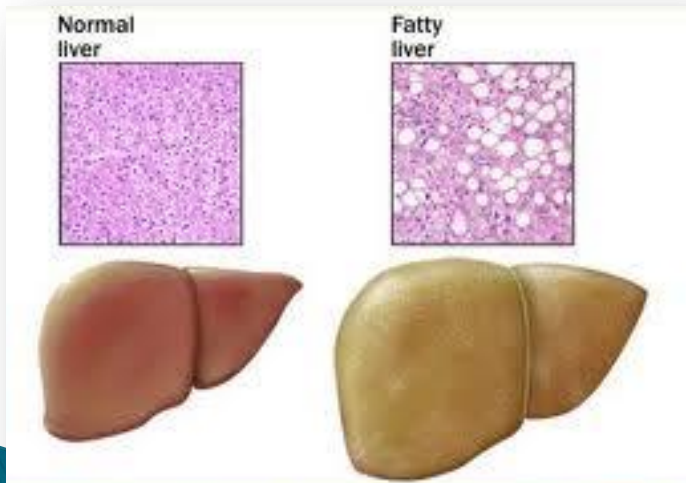
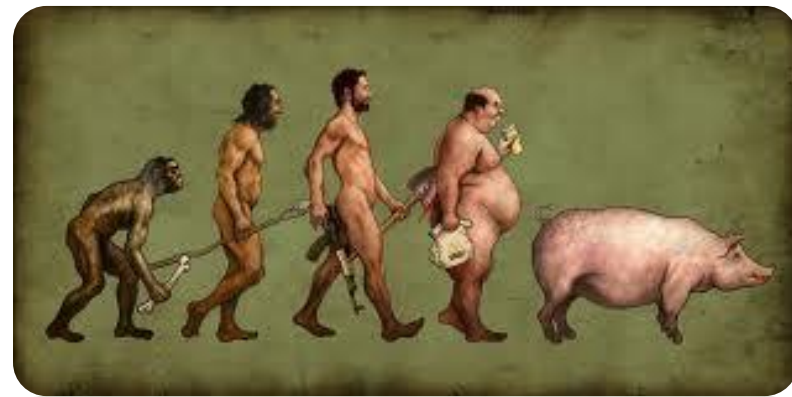
Present in kidneys, heart, liver etc

- ▶ **In blood:**

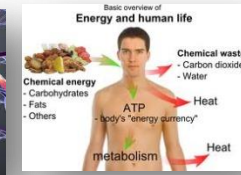
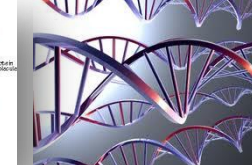
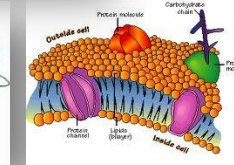
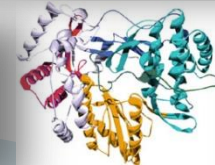
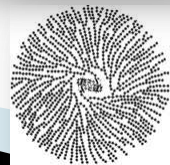
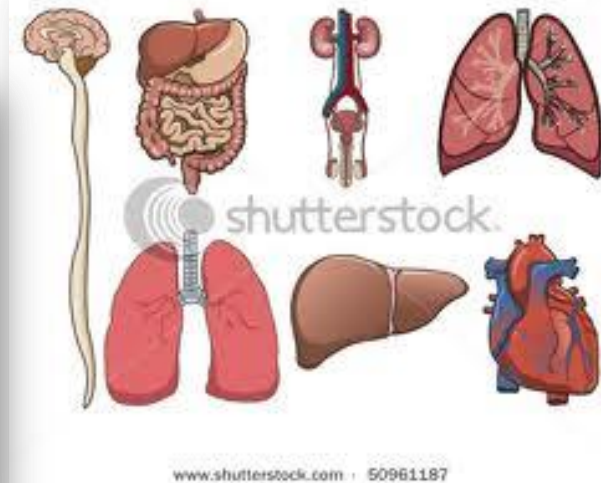
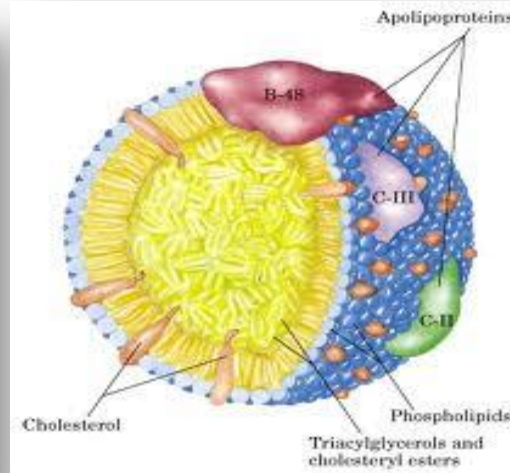
Lipids are found in associate with protein called lipoproteins, which works as transporters of lipids

- ▶ **In cell membrane:**

Lipids is a integral part of cell membrane



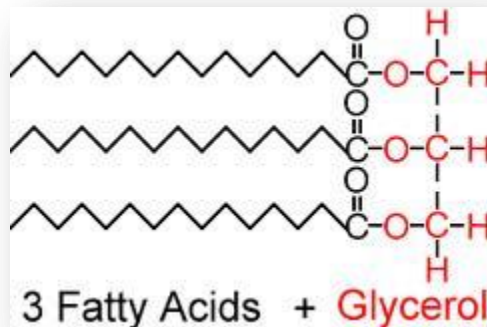
© Mayo Foundation for Medical Education and Research. All rights reserved.



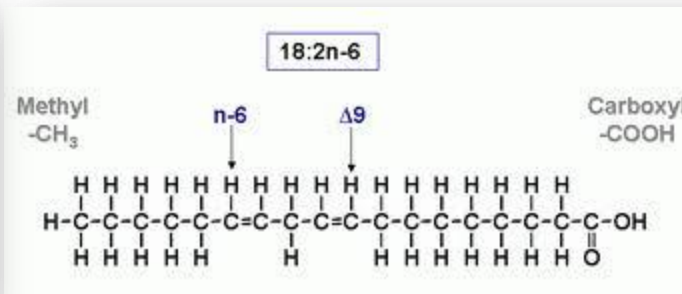
Classification of lipids?

- Based on the physical property lipids are classified into 5 major classes:

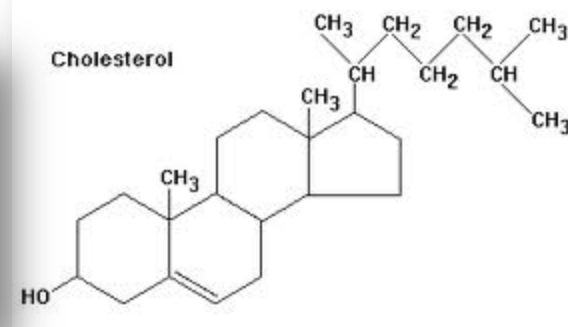
1. Fatty acids and their derivatives
2. Esters of fatty acids and glycerols (**Glycerides, phosphoglycerides e.g. Phospholipids**)
3. Lipids without glycerols (**Sphingolipids**)
4. Sterol derivatives e.g. **cholesterol, cholesterol ester, bile acids, steroid hormones, vitamin D etc.**
5. Terpenes or isoprene derivatives



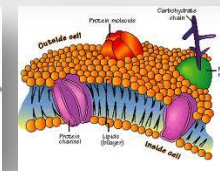
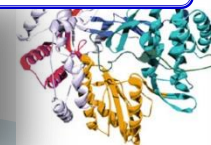
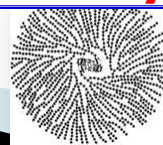
Triglycerides



Fatty acid



Cholesterol



Classification of lipids?

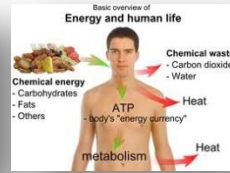
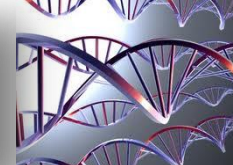
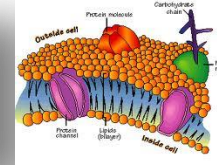
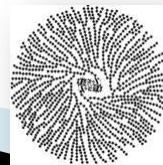


1. Fatty acids/ criteria of fatty acids:

- ▶ Must have a **carboxylic (-COOH)** group
- ▶ Fatty acids contain two ends – one hydrophilic / polar end and another hydrophobic / non-polar end
- ▶ Hence, fatty acids are called **AMPHIPHILIC** (hydrophilic and hydrophobic) compound
- ▶ **Carboxylic group (-COOH)** is located in the hydrophilic end and a **hydrocarbon tail** in the hydrophobic end which may contain carbon-carbon single (-C-C-) or double (-C=C-) bonds
- ▶ Hydrocarbon tail varies based on the number of carbons (**12-20**) and the number and positions of carbon-carbon double bonds

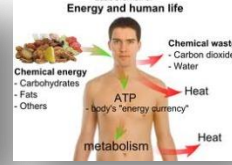
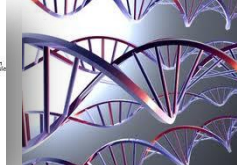
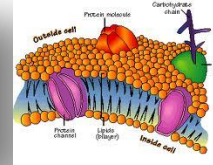
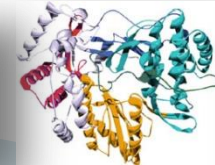
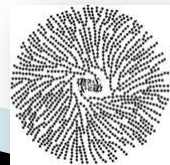
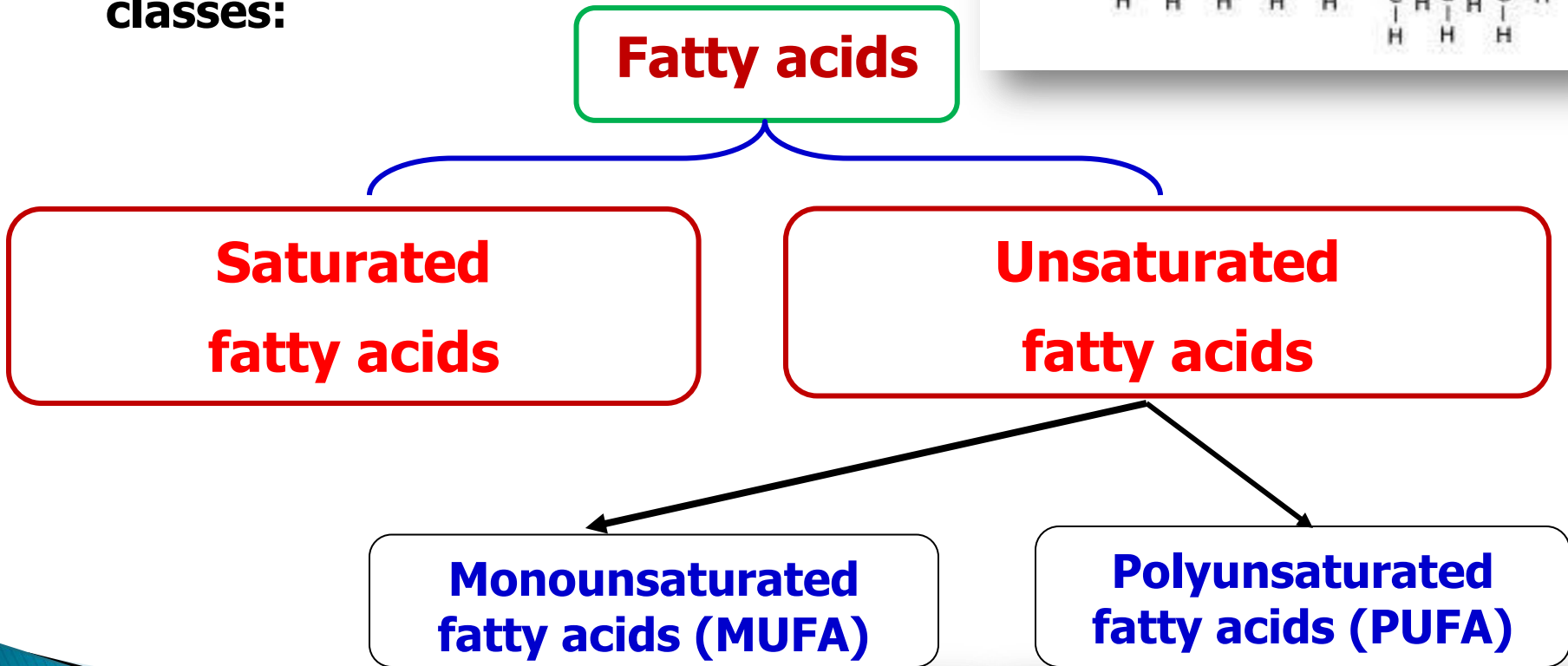
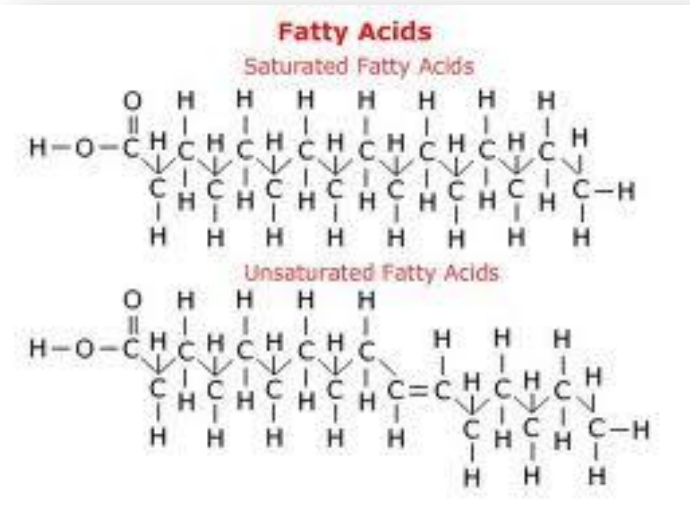


Fatty acid



Classification of FAs?

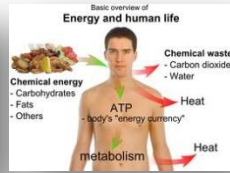
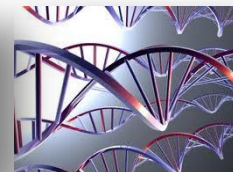
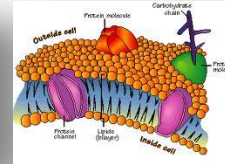
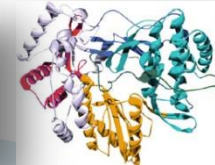
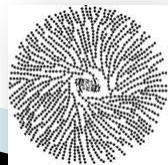
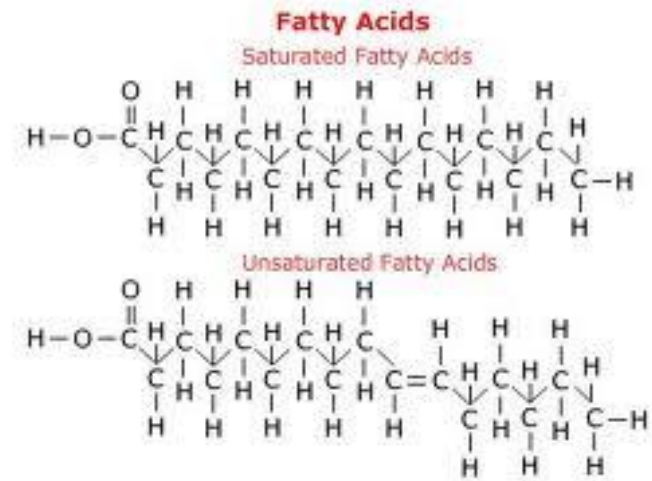
- Based on the type of carbon-carbon bond (-C-C-) in the hydrophobic part, fatty acids are classified in two major classes:



Classification of FAs?

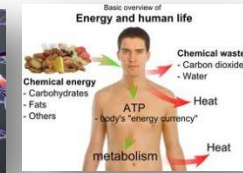
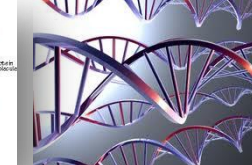
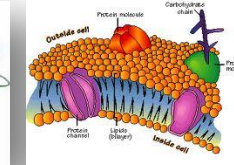
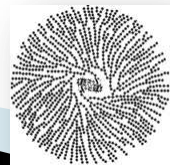
Saturated fatty acids:

- ▶ Solid and waxy at room temperature
- ▶ Rich in animal originated fat
- ▶ General formula is $[(C_nH_{2n+1})COOH]$
- ▶ Contain only carbon-carbon single bonds (-C-C-)
- ▶ Most of them are present in esterified form with glycerols
- ▶ Fatty acids which are not in esterified form called free fatty acids (FFA)
- ▶ Carbon number in saturated fatty acids are 2-24 but <10 carbons fatty acids are not normally found in animal lipids with one exception of butyric acid ($CH_3-CH_2-CH_2-COOH$)
- ▶ Example – Palmitic acid (C16:0), Stearic acid (C18:0)



Example of saturated fatty acids

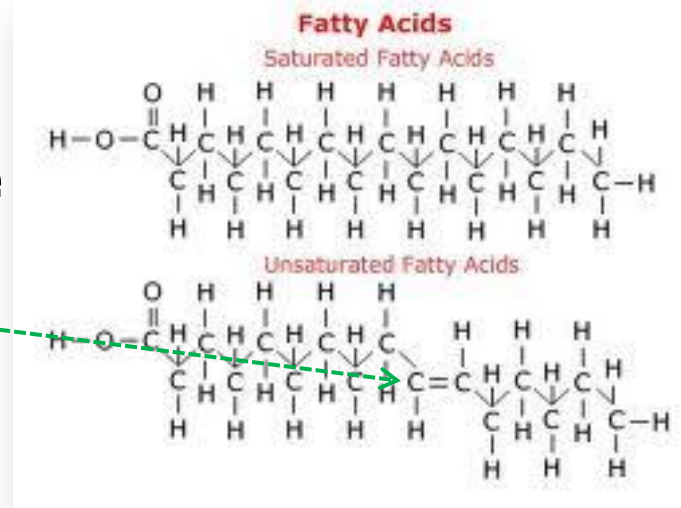
Systemic name	Common name	Molecular formula	Short note	m.p. (°C)	Occurrences
	Acetic acid	CH_3COOH	2:0	16	Intermediate in metabolism
	Propionic acid	$\text{C}_2\text{H}_5\text{COOH}$	3:0	-22	
	Butyric acid	$\text{C}_3\text{H}_7\text{COOH}$	4:0	-8	
Dodecanoic acid	Lauric acid	$\text{C}_{11}\text{H}_{23}\text{COOH}$	12:0	44	Common in all animal and plant fats
Tetradecanoic acid	Myristic acid	$\text{C}_{13}\text{H}_{27}\text{COOH}$	14:0	54	
Hexadecanoic acid	Palmitic acid	$\text{C}_{15}\text{H}_{31}\text{COOH}$	16:0	63	
Octadecanoic acid	Stearic acid	$\text{C}_{17}\text{H}_{35}\text{COOH}$	18:0	70	
Eicosanoic acid	Arachidic acid	$\text{C}_{19}\text{H}_{39}\text{COOH}$	20:0	77	
Dicosanoic acid	Behenic acid	$\text{C}_{21}\text{H}_{43}\text{COOH}$	22:0	80	Cerebrosides
Tetracosanoic acid	Lignoceric acid	$\text{C}_{23}\text{H}_{47}\text{COOH}$	24:0	86	



Unsaturated fatty acids

Double bonds:

- ▶ Fatty acids which contain at least one **carbon-carbon double bond** is called unsaturated fatty acid

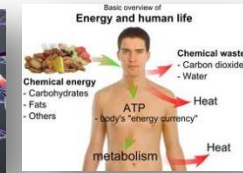
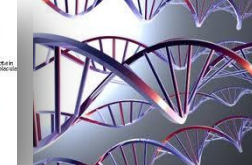
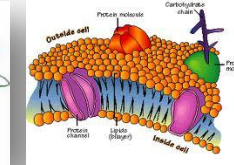
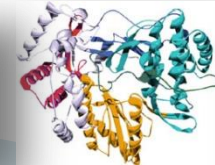
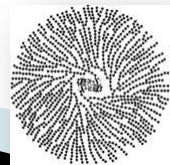


Melting and boiling points:

- ▶ Their melting or boiling points are lower than those of their saturated counter parts
- ▶ The higher the double bonds the lower the melting or boiling points

Solubility:

- ▶ Solubility of unsaturated fatty acids in a non-polar solvents are also better than their saturated counter parts



Unsaturated fatty acids

Physical property:

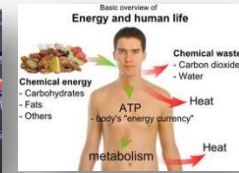
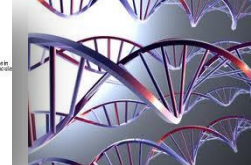
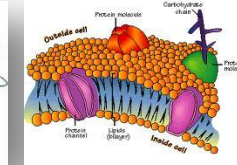
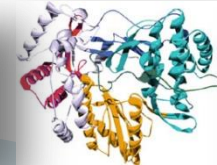
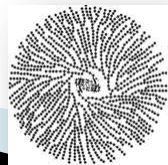
- ▶ All common unsaturated fatty acids are **liquid at room temperature**

Number of double bonds:

- ▶ Unsaturated fatty acids may contain **one, two, three, four or more carbon-carbon double bonds**

Unsaturation:

- ▶ The total number of carbon-carbon double bonds denotes the degree of unsaturation



Class of unsaturated fatty acids

- ▶ Based on the number of carbon-carbon double bond (-C=C-) in the hydrophobic part, unsaturated fatty acids are classified in two major classes:

Unsaturated fatty acids

```
graph TD; A[Unsaturated fatty acids] --> B[Monounsaturated fatty acids (MUFA)]; A --> C[Polyunsaturated fatty acids (PUFA)]; C --> D[1. Dienoic series (two - C-C - double bonds)  
2. Trienoic series (three - C-C - double bonds)  
3. Tetraenoic series (four - C-C - double bonds)  
4. Pentanoic series (five - C-C - double bonds)  
5. Hexanoic series (six - C-C - double bonds)];
```

Monounsaturated fatty acids (MUFA)

Polyunsaturated fatty acids (PUFA)

1. Dienoic series (two – C-C – double bonds)
2. Trienoic series (three – C-C – double bonds)
3. Tetraenoic series (four – C-C – double bonds)
4. Pentanoic series (five – C-C – double bonds)
5. Hexanoic series (six – C-C – double bonds)

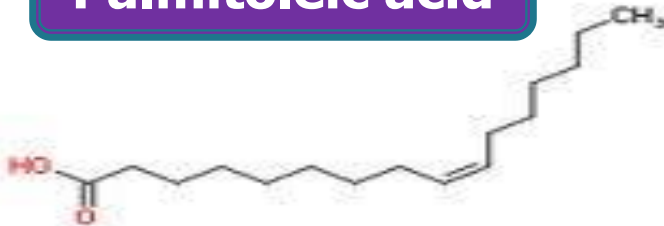
Class of unsaturated fatty acids

Monounsaturated fatty acids (MUFA – on double bond):

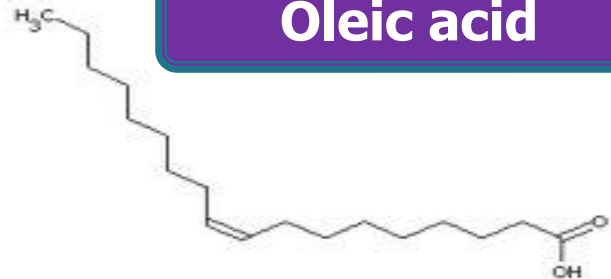
- ▶ Contains one carbon-carbon double bond
- ▶ This fatty acids are present in the lipids of **prokaryotic cell membranes**
- ▶ Example –

Common name	Molecular formula	Shorthand notation	Melting point (oC)
Plamitoleic acid	$C_{15}H_{31}COOH$	C16:1 Δ^9 cis	-0.5
Oleic acid	$C_{17}H_{33}COOH$	C18:1 Δ^9 cis	16

Palmitoleic acid



Oleic acid



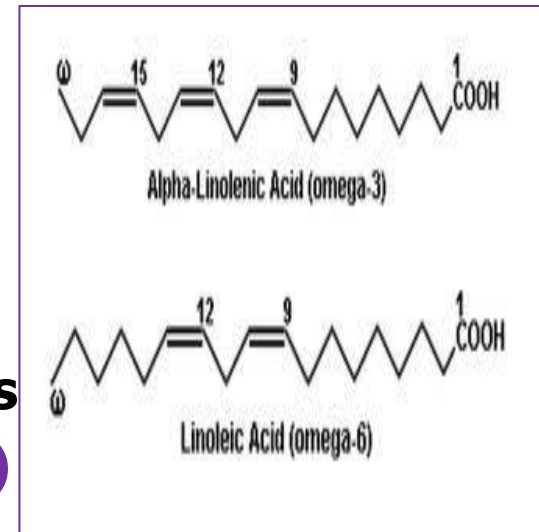
Class of unsaturated fatty acids

1. Dienoic series:

- ▶ Contain two carbon-carbon double bonds
- ▶ Such as- **Linoleic acid (C18:2, $\Delta^{9,12}$)**
- ▶ Melting point is -5 °C

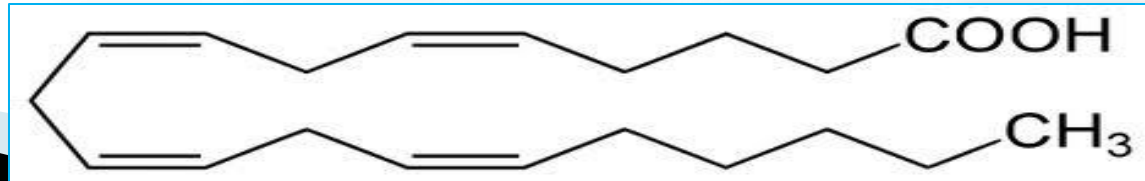
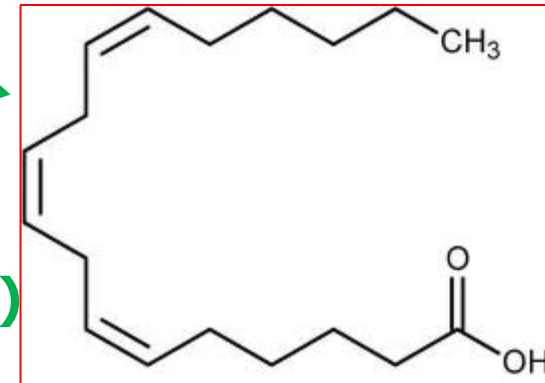
2. Trienoic series (ω 3/ ω 6 fatty acids):

- ▶ Contain three carbon-carbon double bonds
- ▶ Such as- **α -Linolenic acid (C18:3, $\Delta^{9,12,15}$)**
- ▶ **γ -Linolenic acid (C18:3, $\Delta^{6,9,12}$)**
- ▶ Melting point is -10 °C



3. Tetraenoic series (ω 6 fatty acids):

- ▶ Contain four carbon-carbon double bonds
- ▶ Such as- **Arachidonic acid (C20:4, $\Delta^{5,8,11,14}$)**
- ▶ Melting point is -50 °C



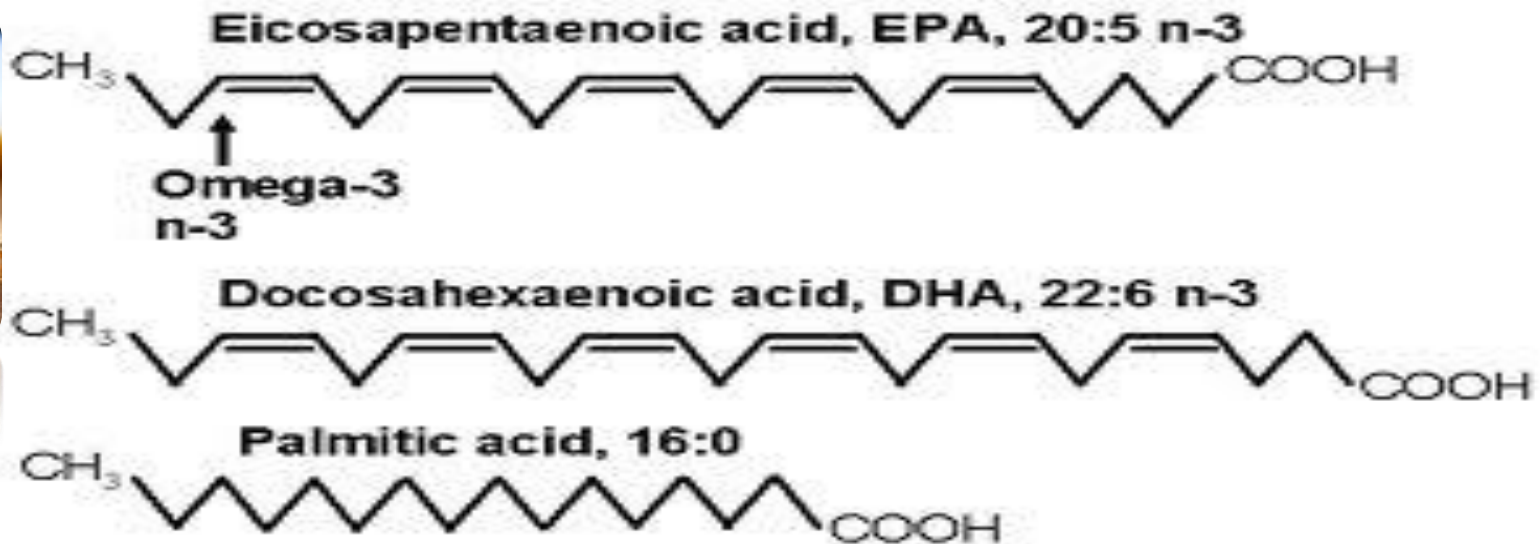
Class of unsaturated fatty acids

4. Pentanoic series:

- ▶ Contain five carbon-carbon double bonds
- ▶ Such as- Eicosapentanoic acid (20:5, $\Delta^{5,8,11,14,17}$)
- ▶ Melting point is -50 °C

5. Hexanoic series (ω 6 fatty acids):

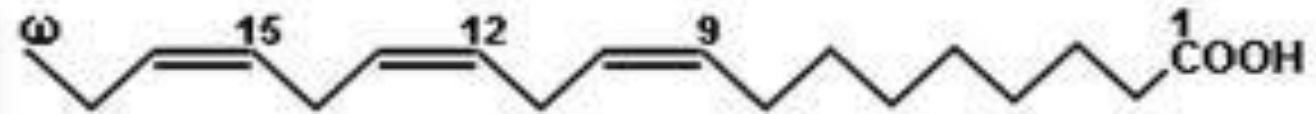
- ▶ Contain six carbon-carbon double bonds
- ▶ Such as- Docosahexanoic acid (22:6, $\Delta^{4,7,10,13,16,19}$)
- ▶ Melting point is -50 °C



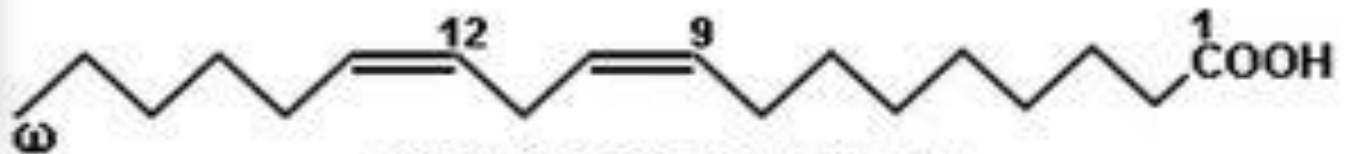
Essential and Non-essential FAs

Essential fatty acids:

- ▶ The fatty acids which cannot be produced in human or animal body are called essential fatty acids
- ▶ Humans and animals are completely depend on plants for these fatty acids
- ▶ Only two essential fatty acids found till today, such as-
 - Linoleic acid (18:2, $\Delta^{9,12}$)
 - α -Linolenic acid (18:3, $\Delta^{9,12,15}$)

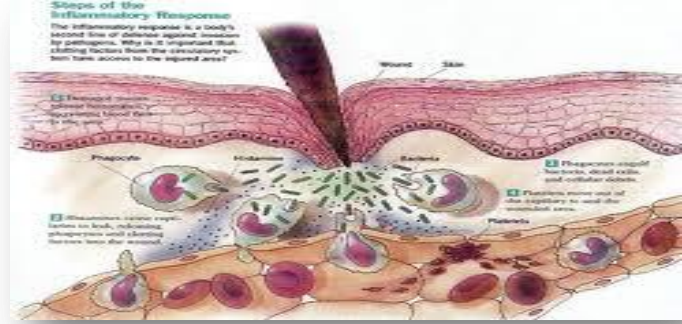


Alpha-Linolenic Acid (omega-3)



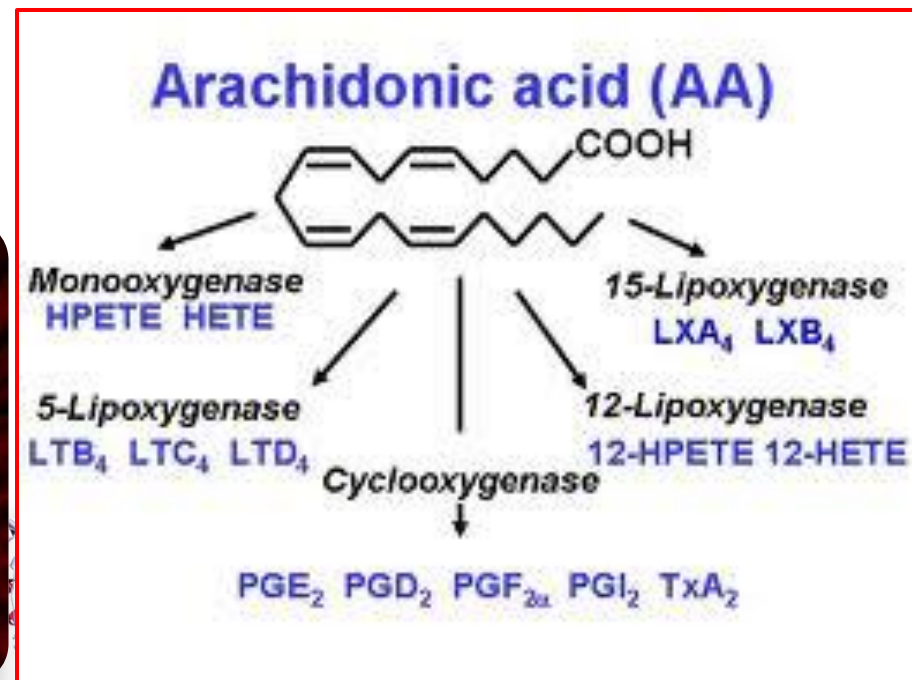
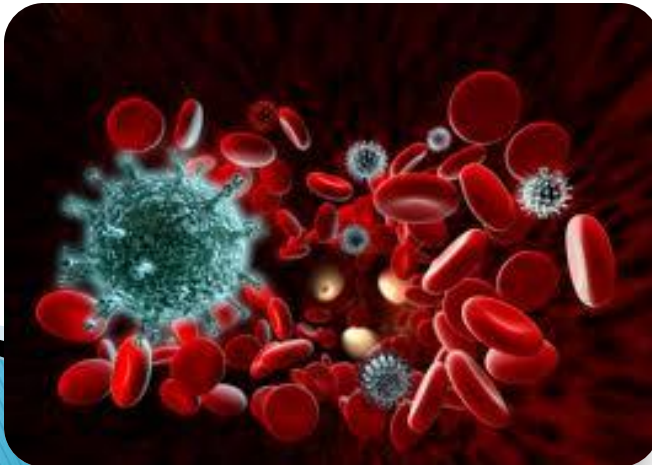
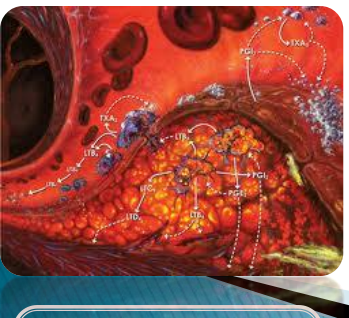
Linoleic Acid (omega-6)

Fatty acid derivatives



Eicosanoids:

- ▶ Derivative of 20 carbon arachidonic acid (20:4, $\Delta^{5,8,11,14}$)
- ▶ Greek 'Eikosi' means 'twenty' and as these derivatives came from a 20 carbon fatty acid so they are called 'Eicosanoids'
- ▶ They exert hormone-like activities on various tissues in which they are produced
- ▶ There are **THREE** major classes of eicosanoids:
 1. Prostaglandins (PG)
 2. Thromboxanes (TX)
 3. Leukotrienes (LT)



Fatty acid derivatives

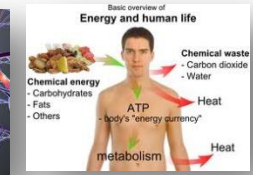
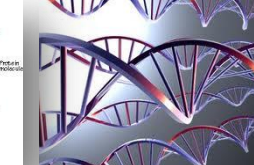
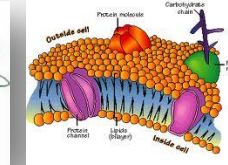
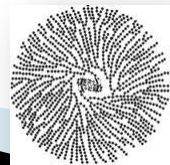
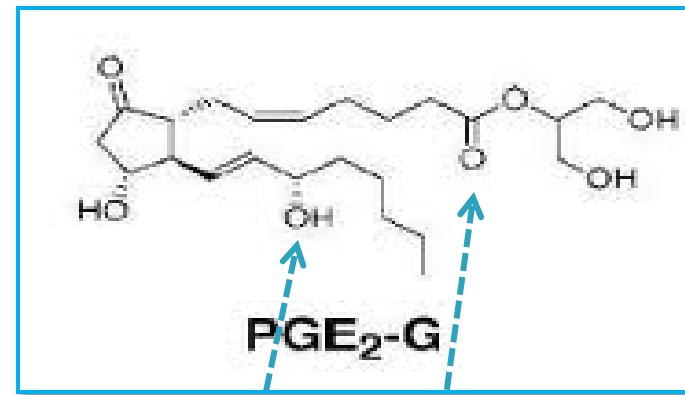
1. Prostaglandins (PG):

Synthesis:

- Synthesize in the all mammalian cells except Red Blood Cell (RBC)
- Prostaglandin synthesis has been recorded in crustaceans, insects, amphibians, fish, and mammals but not in prokaryotes and lower class eukaryotes such as yeast
- These circulating hormones are not stored (unlike insulin) but produced within 10-30 seconds after a stimuli

Chemistry:

- These hormones contain diverse groups such as keto ($=C=O$), carboxyl ($-COOH$), hydroxyl ($-OH$) which are found on the side chain or cyclopentane ring in the structure and double bonds are in trans configuration.



Prostaglandins (PG)

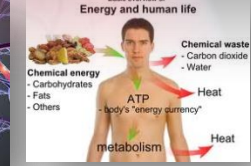
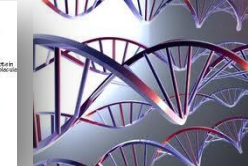
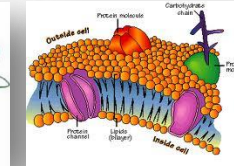
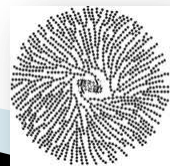
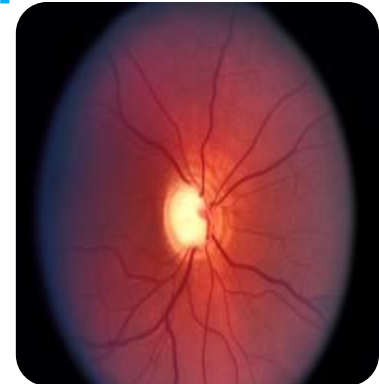
Effects:

- **Physiological effects of prostaglandins are confusing**
- **Usually they work as a natural mediator of fever, pains and inflammation such as- arthritis, skin or eyes inflammations etc.**
- **Release of prostaglandins in eyes after eye inflammation can increase vascular permeability and intraocular pressure**

(These effects are blocked by corticosteroid or anti-inflammatory drugs which inhibit PG synthesis)

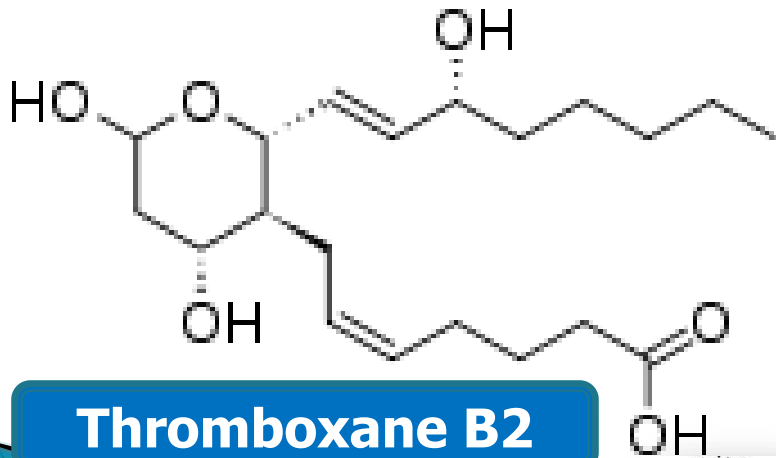
Functions:

- ▶ **Water retention, ion transport and BP regulation**
- ▶ **Low tropical dose of some PGs to treat GLUCOMA**

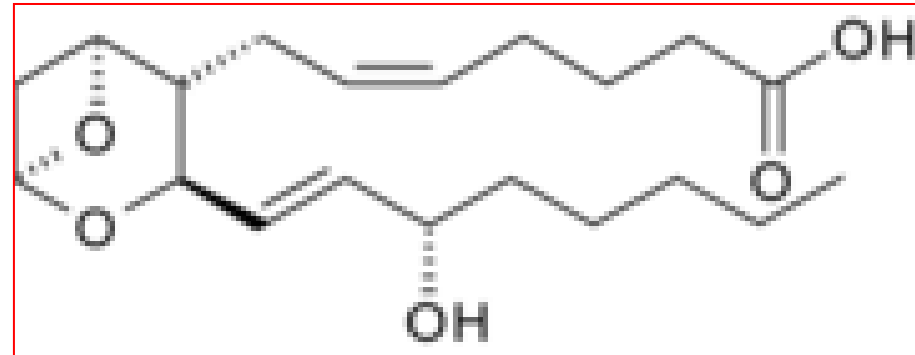


Thromboxane (TX)

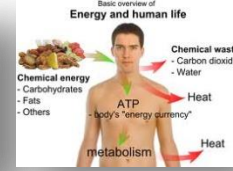
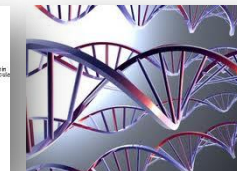
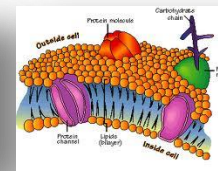
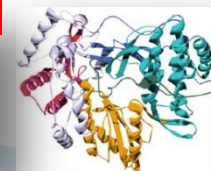
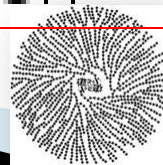
- ▶ First isolated from **blood platelets** and also called **thrombocyte**
- ▶ Name came from the term 'thrombosis' and abbreviation is TX (such as TXA₂, TXB₂)
- ▶ Has a **six-membered ring containing an ether**
- ▶ The letter after TX denotes the nature of oxygen containing **six-membered ring** and number after that denotes the **number of double bonds**



Thromboxane B2



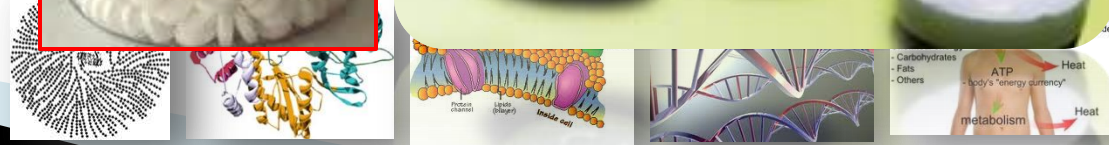
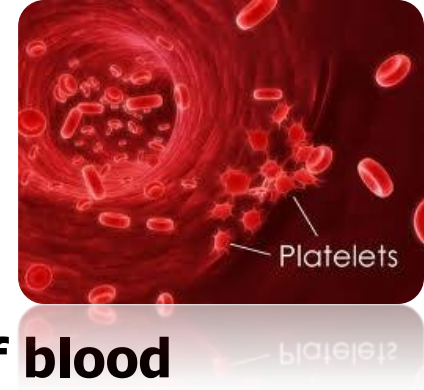
Thromboxane A2



Thromboxane (TX)

Functions:

- ▶ Produced by platelets and act in the formation of blood clots
- ▶ Reduction of blood flow to the site of blood clot
- ▶ (Aspirin or aspirin type drugs, which reduce or block the synthesis of thromboxanes, are usually used to relieve from this kind of intravascular thrombosis)

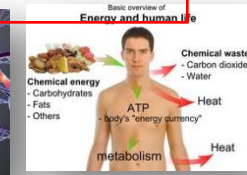
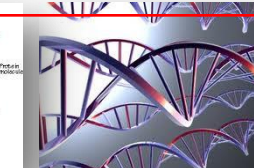
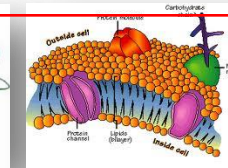
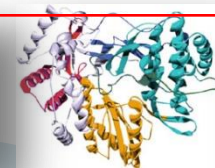
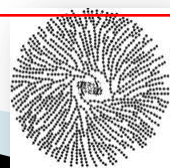
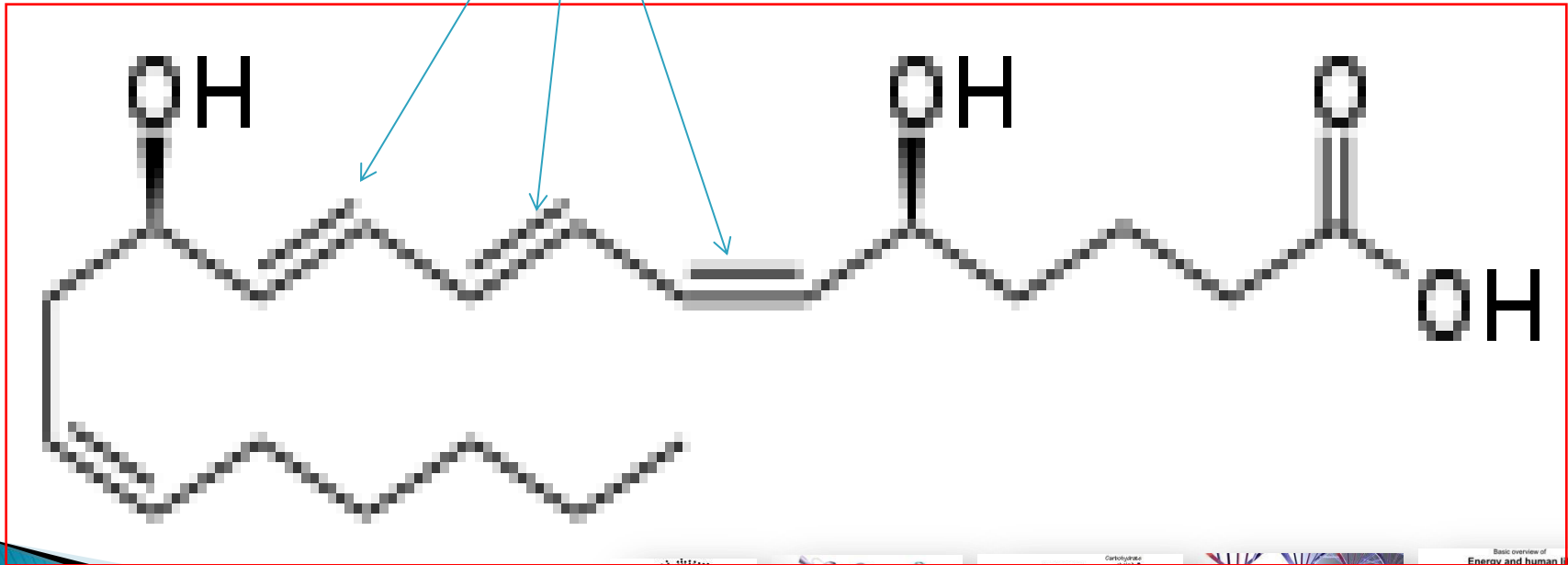


Leukotrienes (LT)



Nomenclature and Chemistry:

- ▶ Found in the White Blood Cells (WBC) or leukocytes and contains **THREE conjugated double bonds** so they are called leukotrienes
- ▶ Derived from arachidonic acid (20:4) & synthesized by several oxidase & lipoxygenase (LOX)

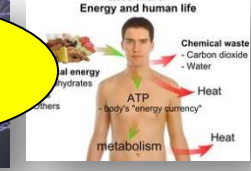
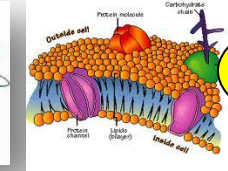
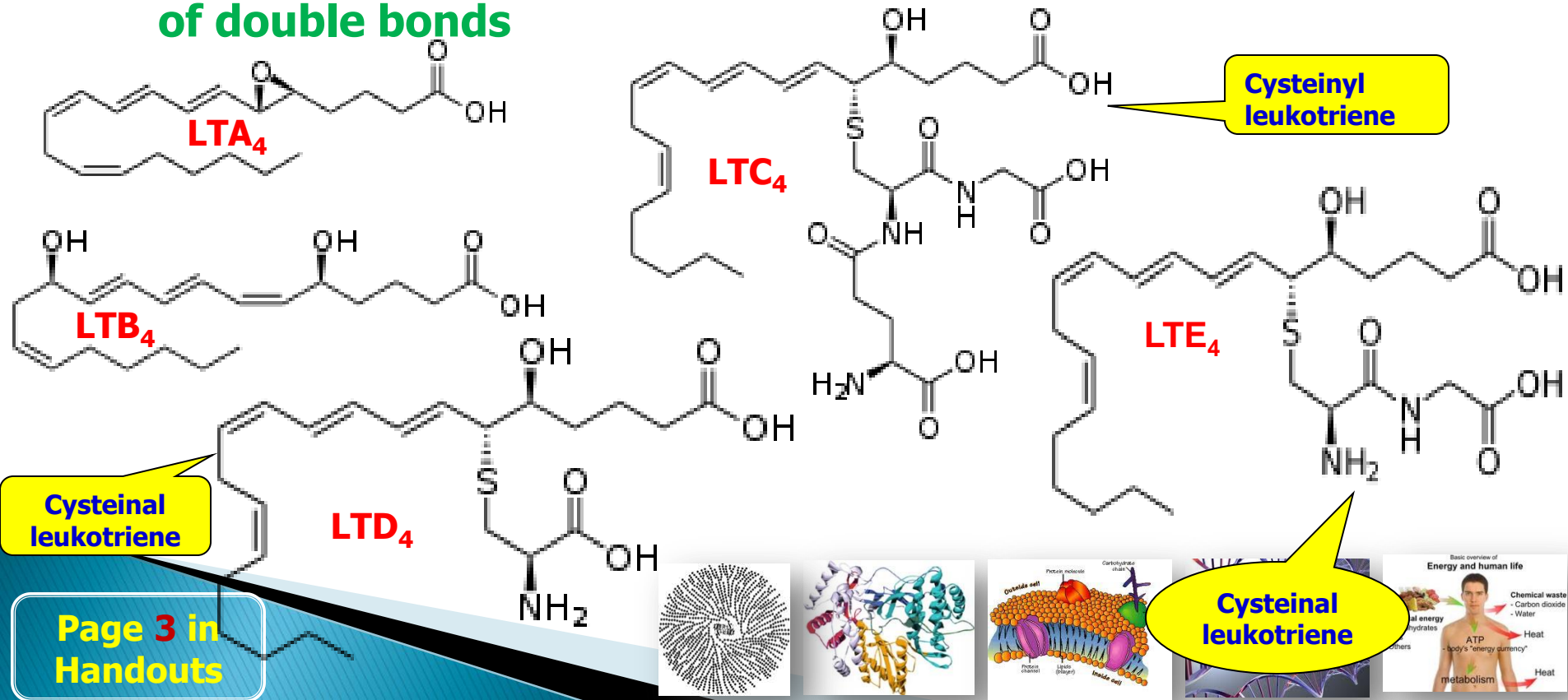


Leukotrienes (LT)

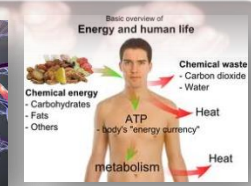
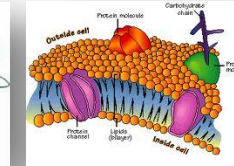
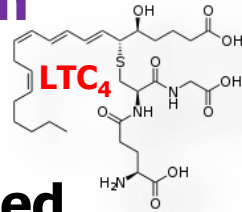


Nomenclature and Chemistry:

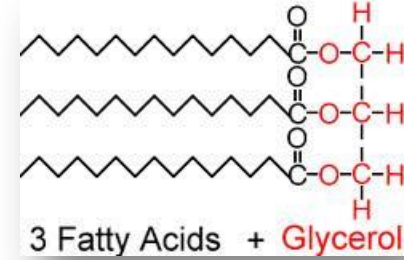
- ▶ The abbreviated name is LT & here are many kinds of leukotrienes such as- LTA_4 , LTB_4 , LTC_4 , LTD_4 , LTE_4 and LTF_4 where **letters after LT indicate the nature of O_2 -containing substituents & the number thereafter indicates the number of double bonds**



A diagram of the human respiratory system. The trachea is shown at the top, leading into the bronchi which branch into bronchioles. The bronchioles lead to the alveoli, which are shown as small, pink, sac-like structures. The diaphragm is shown at the bottom, a muscular partition separating the thoracic cavity from the abdominal cavity.



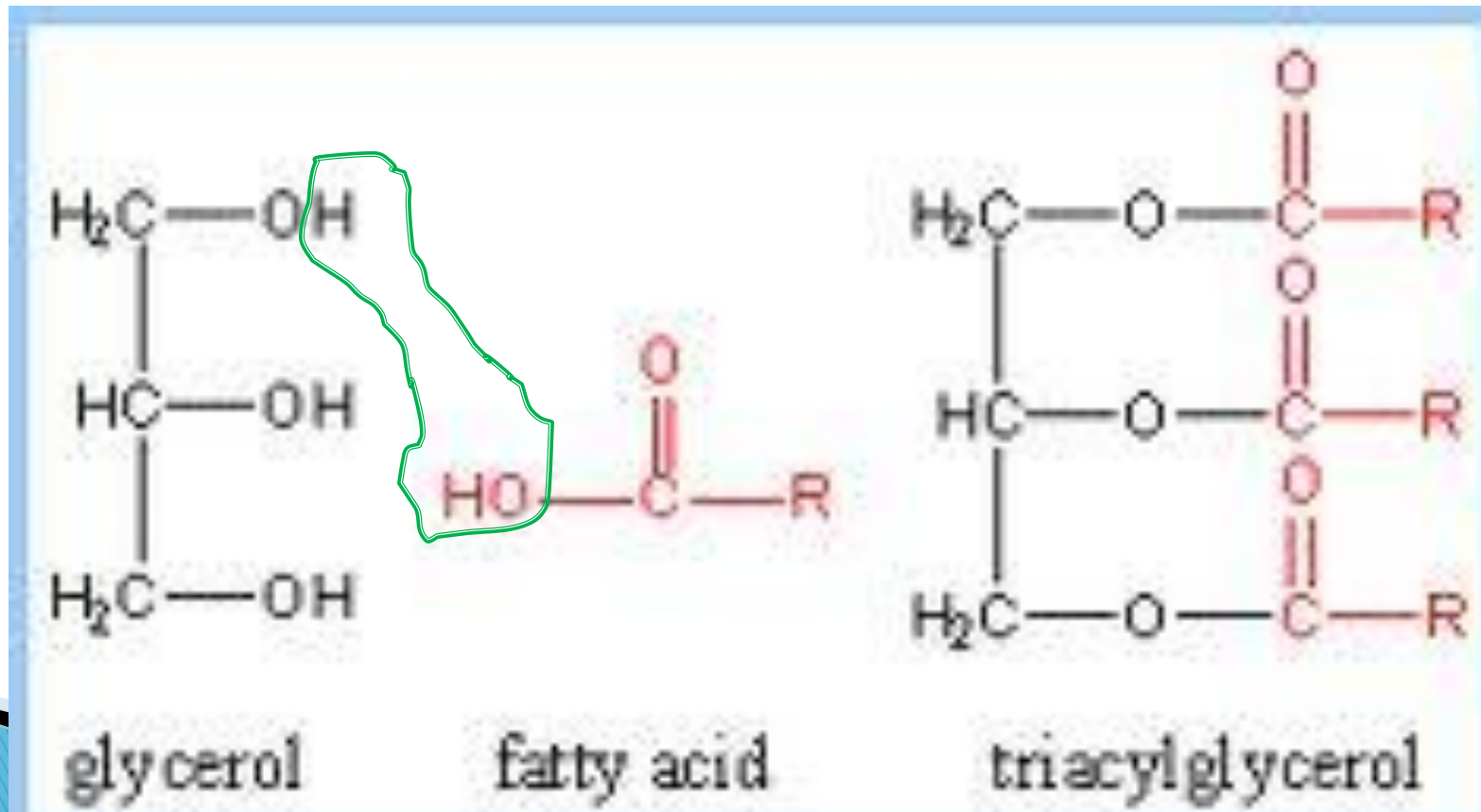
Classification of lipids?



2. Esters of fatty acids & glycerol (Glycerides, phospholipids):

Chemistry:

- ▶ Ester of fatty acids and tri-hydric alcohols (glycerol)
- ▶ They form this neutral lipids by esterification reaction



Neutral lipids?



Nomenclature:

- ▶ The product can be named as acylglycerol or glyceride such as monoacylglycerol or monoglyceride
- ▶ **Mono-, di- and tri-** are used based on the number of fatty acids are esterified with the tri-hydric alcohol
- ▶ Number of carbons, where fatty acid molecules are added into the tri-hydric alcohol, are also used before the name of these lipids such as **1-Monoacylglycerol, 2-Monoacylglycerol, 1,3-Diacylglycerol** etc.

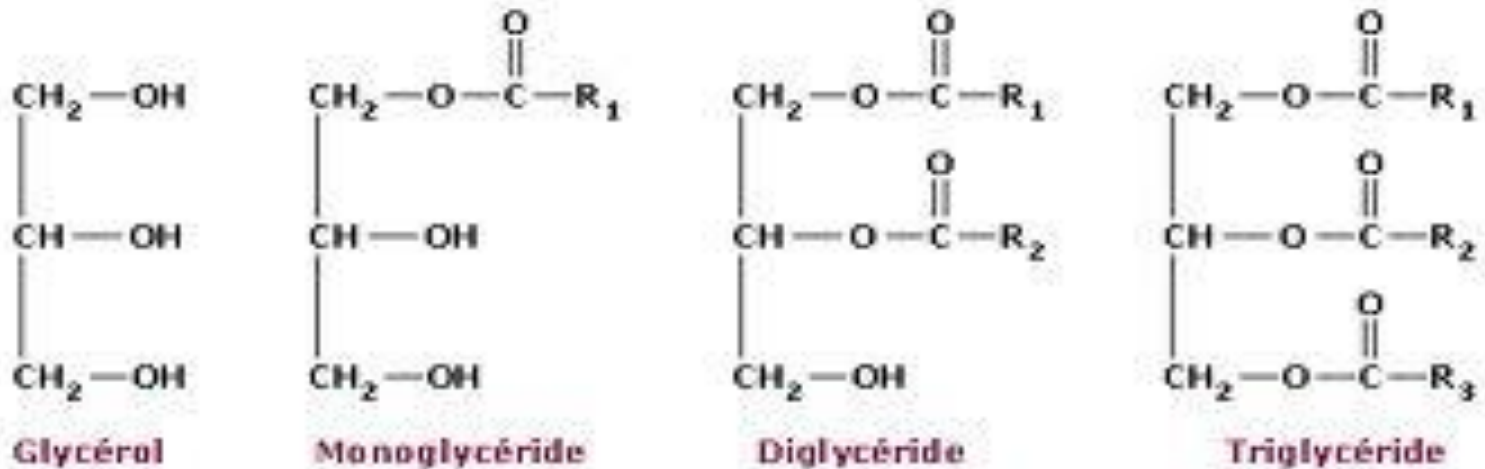
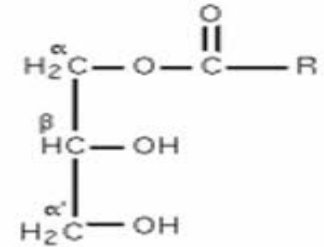


Figure 4 : Glycérides

Classification of neutral lipids?

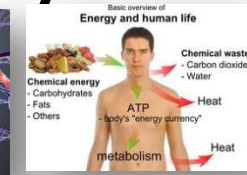
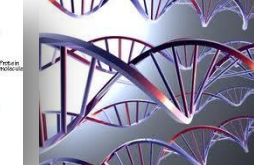
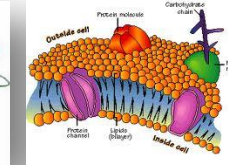
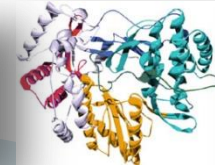
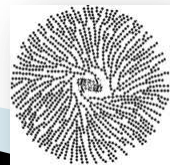
Based on the number of fatty acids esterified with the trihydric alcohol, neutral lipids are classified into three classes:

- i) Monoacylglycerol or Monoglyceride
- ii) Diacylglycerol or Diglyceride
- iii) Triacylglycerol or Triglyceride



i) Monoacylglycerol or monoglyceride (MG):

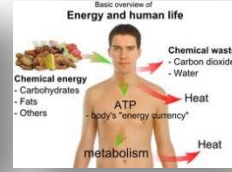
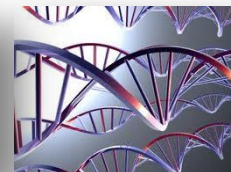
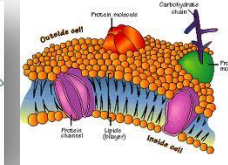
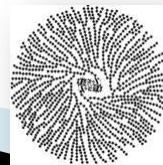
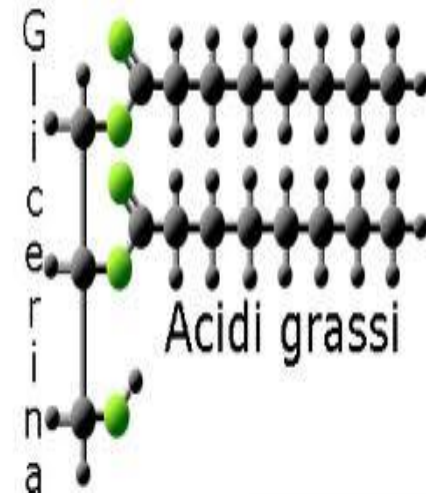
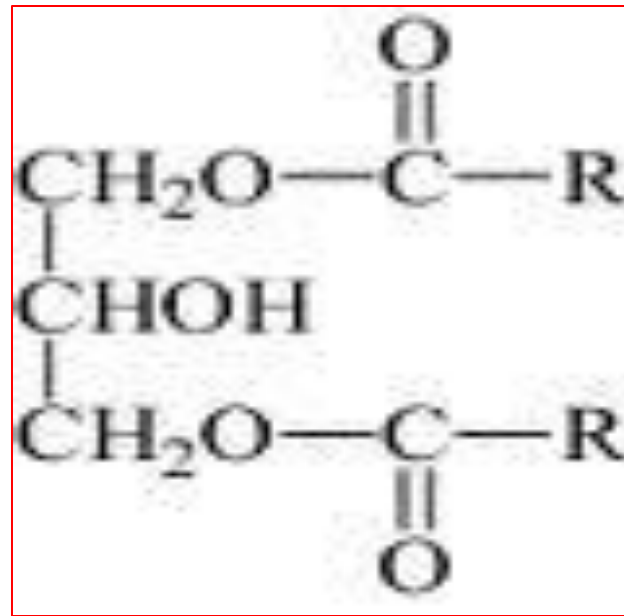
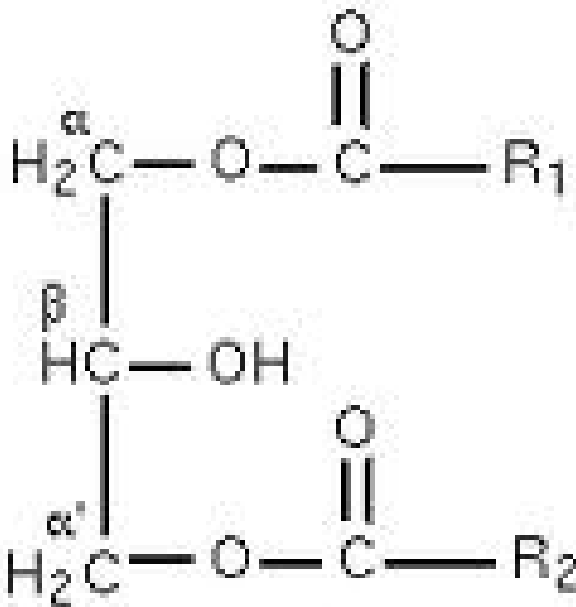
- ▶ When only one fatty acid molecule esterified with the anyone of the carbons of tri-hydric alcohol is called monoacylglycerol or monoglyceride such as 1, 2, or 3-Monoacylglycerol or 1,2, or 3-Monoglyceride
- ▶ The hydroxyl (-OH) groups present in the carbon number 1, 2 and 3 are called primary, secondary and tertiary hydroxyl groups and their respective carbons are called α , β , and γ carbon
- ▶ So, if a fatty acid molecule esterified with the carbon-1, 2 or 3 that is also called α , β , or γ -monoglyceride respectively



Classification of neutral lipids?

ii) Diacylglycerol (DAG) or diglyceride (DG):

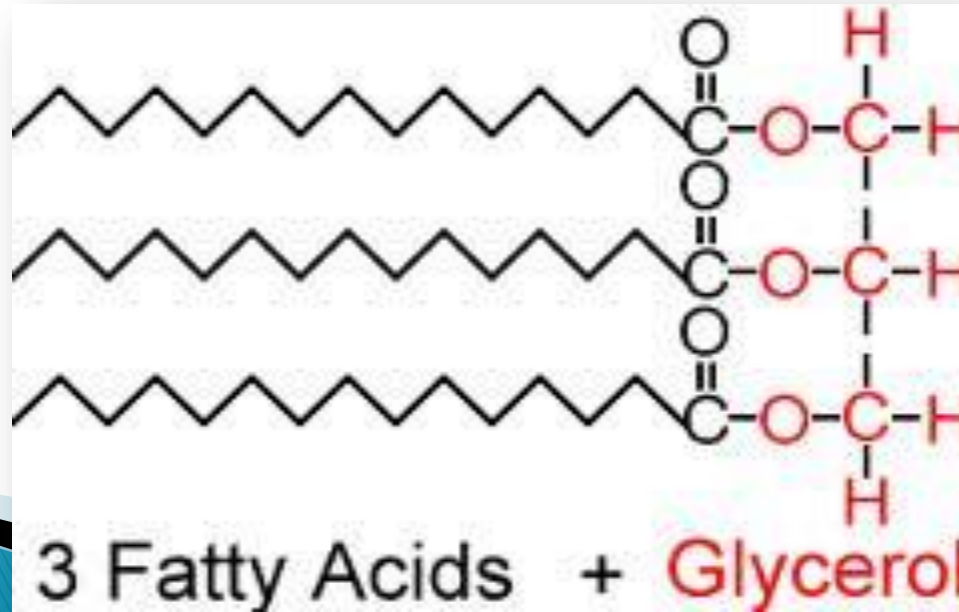
- ▶ When two fatty acid molecules are esterified with any two carbons of tri-hydric alcohol is called diacylglycerol or diglyceride such as 1,3-diacylglycerol or 1,3-diglyceride
- ▶ Two fatty acid molecules may or may not be the same



Classification of neutral lipids?

iii) Triacylglycerol (TAG) or triglyceride (TG):

- ▶ When three different or same fatty acid molecules are esterified with a tri-hydric alcohol that is called triacylglycerol or triglyceride
- ▶ This is the most widely available neutral lipid in the animal system (95% of the total lipid in our body)
- ▶ Animal fats are mostly consist of esters of palmitic, stearic, palmitoleic and oleic acids with glycerol

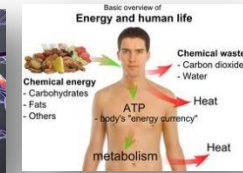
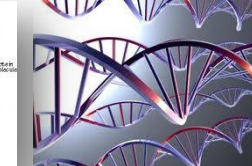
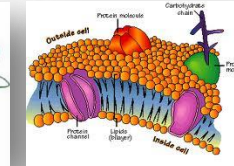
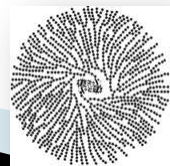


Dark chocolate!

► Good for the heart

- It might seem too good to be true, but dark chocolate is good for you and scientists now know why.

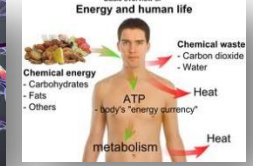
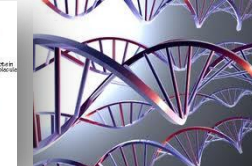
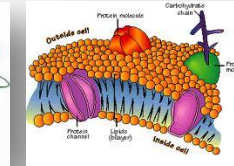
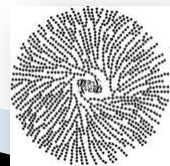
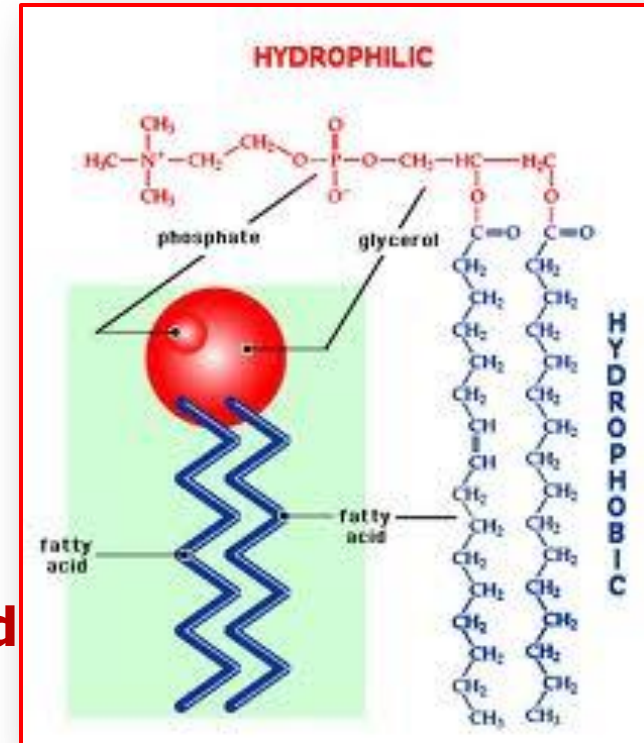
Dark chocolate helps restore flexibility to arteries while also preventing white blood cells from sticking to the walls of blood vessels. Both arterial stiffness and white blood cell adhesion are known factors that play a significant role in atherosclerosis. What's more, the scientists also found that **increasing the flavanol content of dark chocolate did not change this effect.** *Federation of American Societies for Experimental Biology (27 Feb, 2014)*



Classification of lipids?

Phospholipids:

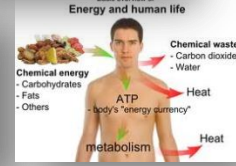
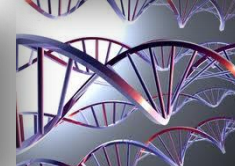
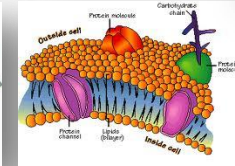
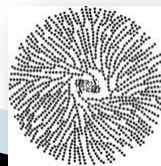
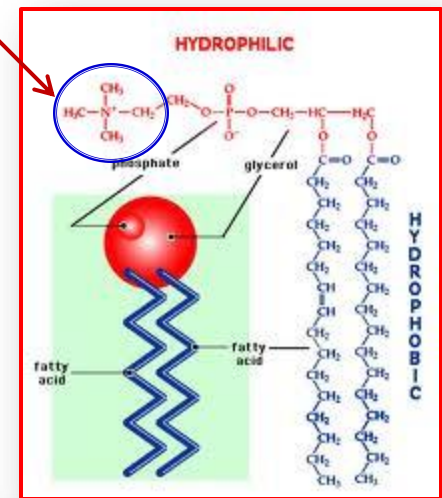
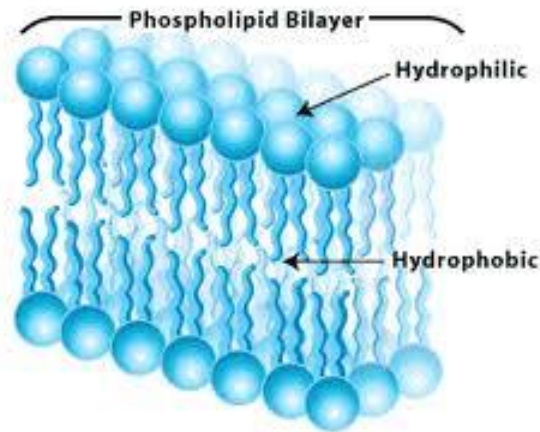
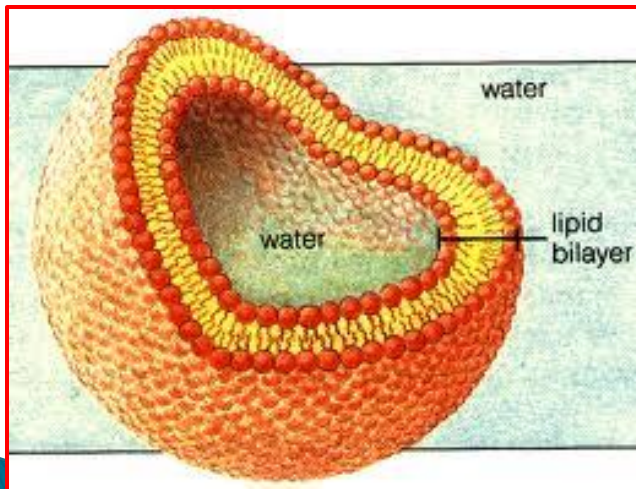
- ▶ Phospholipids are the ionic esters of
 - glycerol
 - fatty acid
 - phosphoric acid and
 - a base
- ▶ They have a polar head and a non-polar part in their structure so they are **AMPHIPATHIC** in nature
- ▶ Generally **saturated fatty acids esterified with the carbon 1 & 2 and unsaturated fatty acids with carbon 2** of glycerol molecule
- ▶ Phosphoric acid binds with the hydroxyl group of carbon 3 and a base is linked with the phosphoric acid molecule



Class of Phospholipids?

Lecithin:

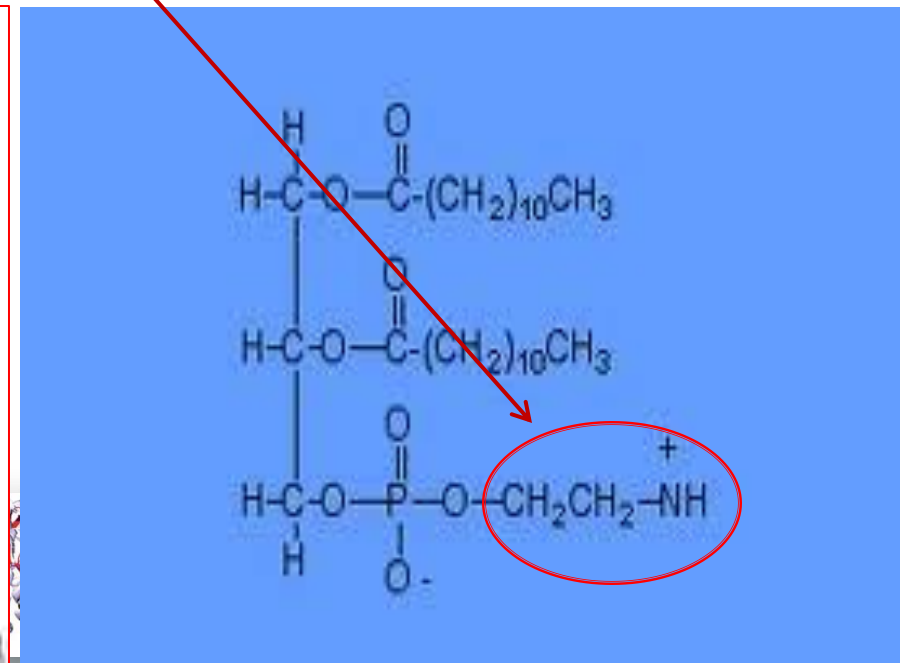
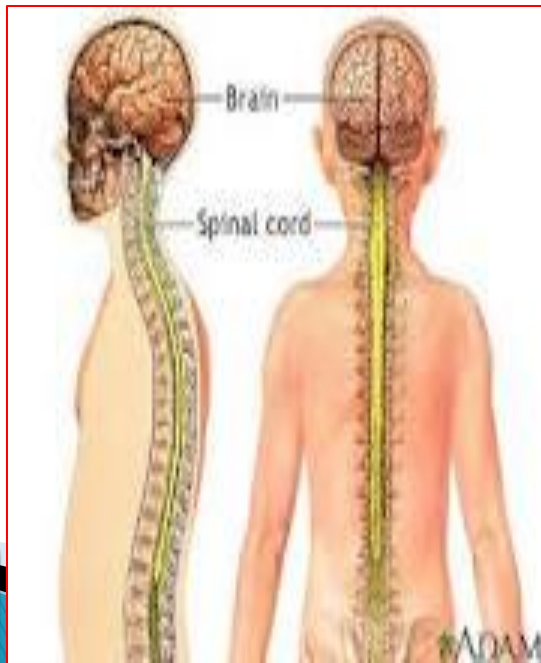
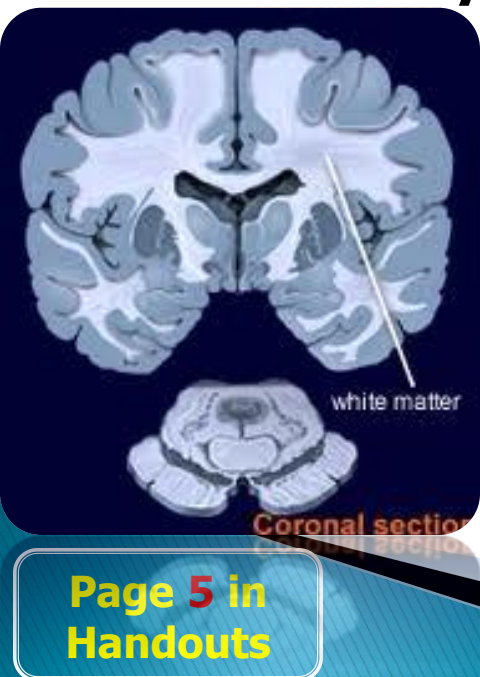
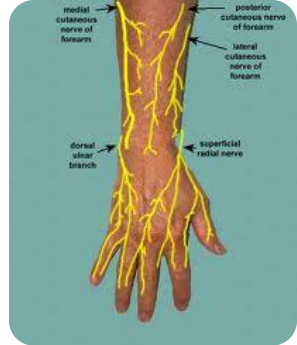
- ▶ Although triglycerides are most abundant lipids in animals and plants but they are **not found in biological membranes**.
- ▶ Lecithin is the most abundant lipids in **biological membranes and lipoproteins of animals and plants**.
- ▶ The name and function of the phospholipids are different mainly based on the types of the base.
- ▶ Example- Lecithin is called Phosphatidyl**cholin**



Class of Phospholipids?

Cephalin:

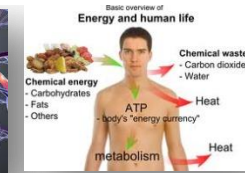
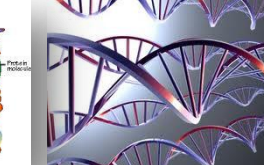
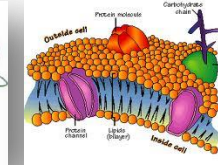
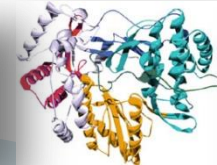
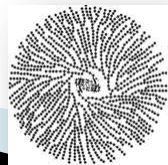
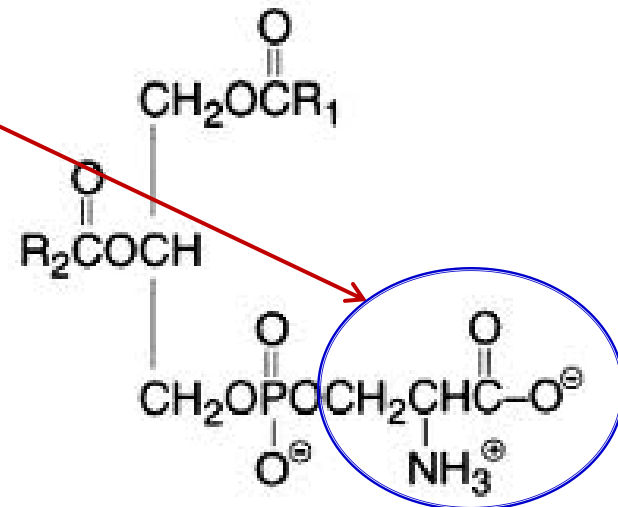
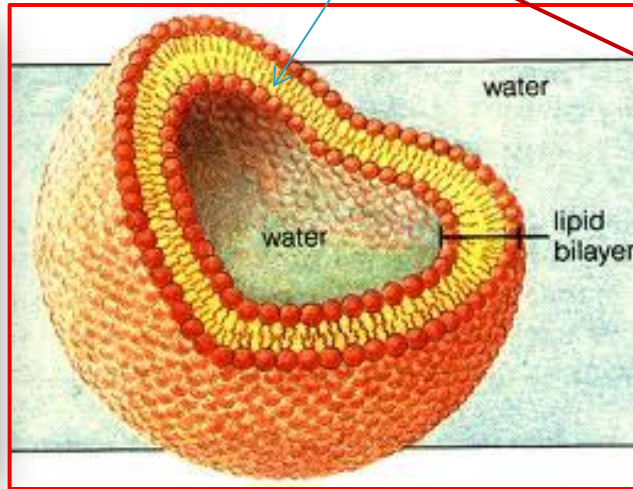
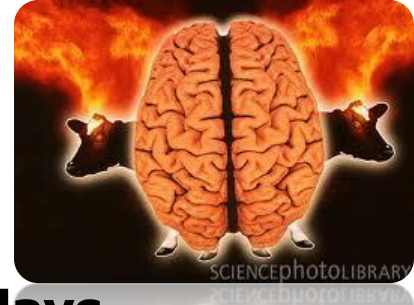
- ▶ Less abundant than Lecithins in the biological system
- ▶ Present mainly in the central nervous system e.g. white matter of brain, spinal cord, neural tissues and nerves.
- ▶ Whereas lecithin is the principal phospholipid in animals, cephalin is the principal one in bacteria.
- ▶ Contains a ethanolamine base in their structure
- ▶ Chemically called **phosphatidyl ethanolamine**



Class of phospholipids?

Phosphatidylserine:

- ▶ Originally isolated from bovine brain but now-a-days isolating from soybean although they are not exactly the same
- ▶ Present in the inner side of cell membrane and beneficial to quickly recover from sports or exercise related injury
- ▶ Contains a serin amino acid as a base in their structure so they are called **phosphatidyl serine**

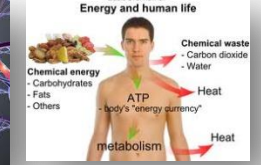
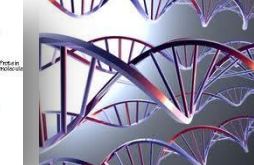
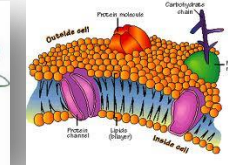
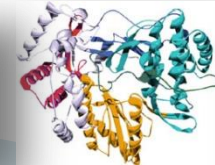
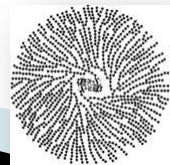
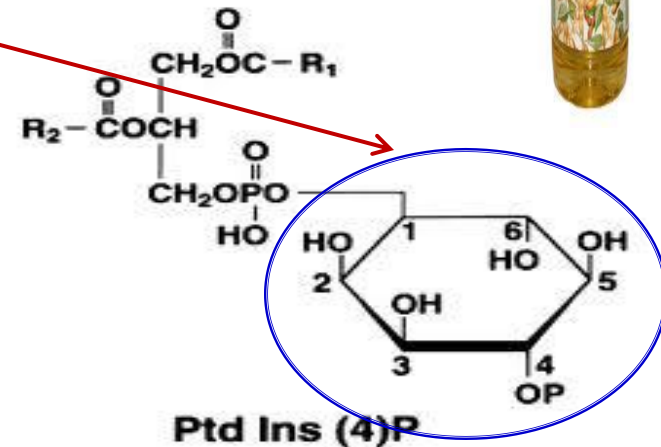
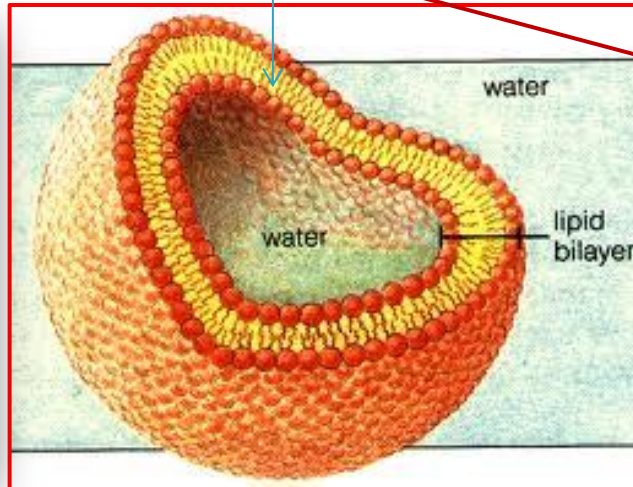


Class of phospholipids?



Lipositols (Phosphatidyl inositol):

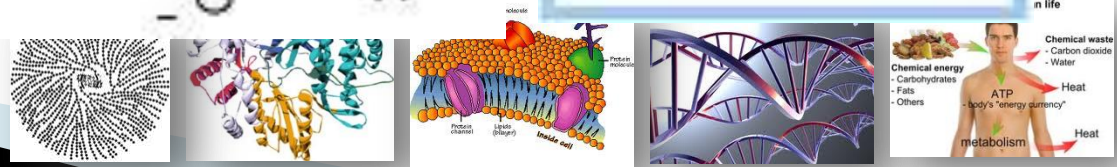
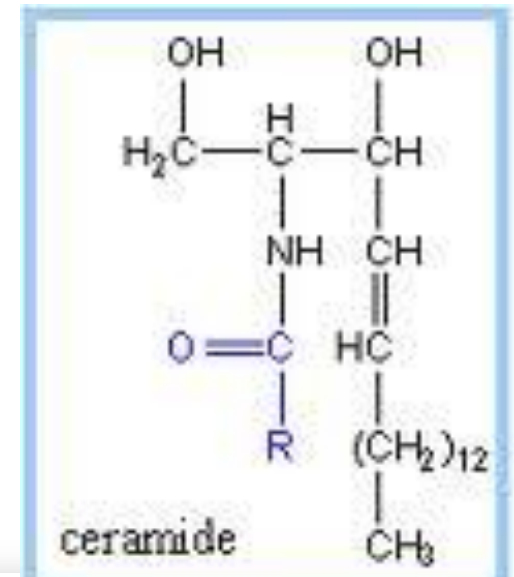
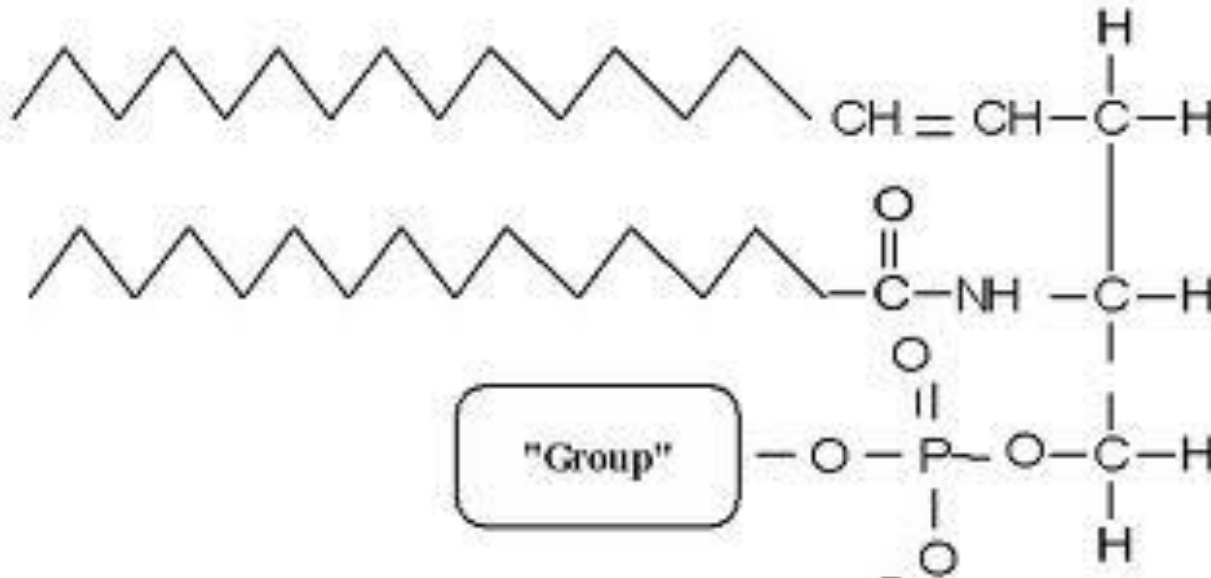
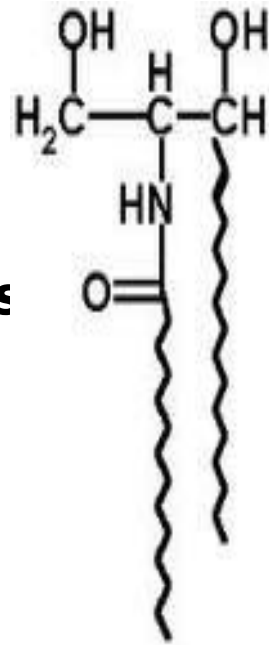
- ▶ Widely distributed in brain tissue, bacteria and soybean oil
- ▶ **Present in the inner side of cell membrane**
- ▶ Phosphorylated forms of phosphatidylinositol are called phosphoinositides and play important roles in lipid signaling, cell signaling and membrane trafficking.
- ▶ Contains a myo-inositol (a sugar alcohol) as a base so it is called phosphatidyl inositol



Classification of lipids?

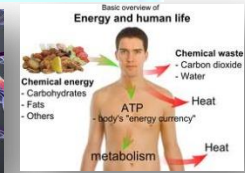
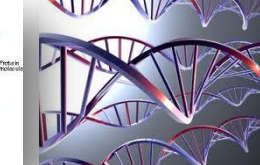
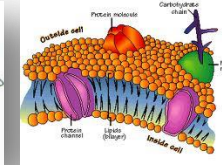
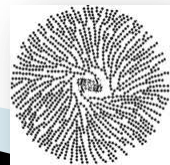
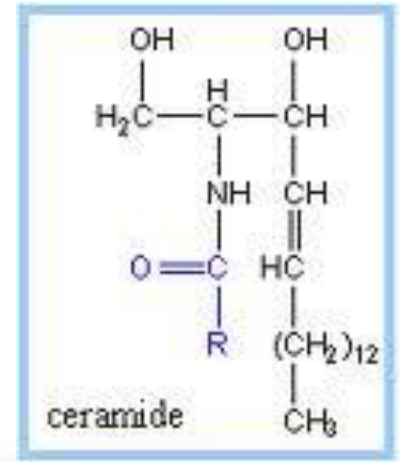
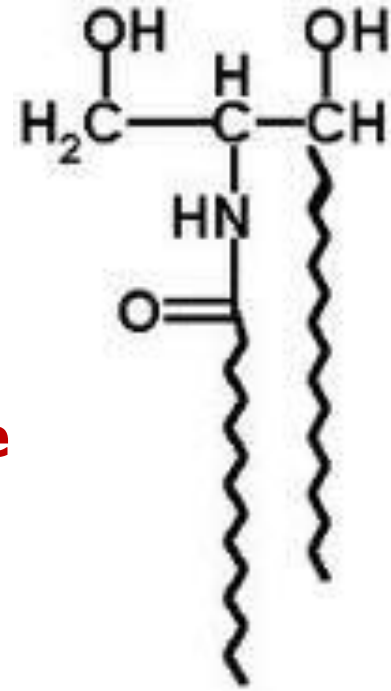
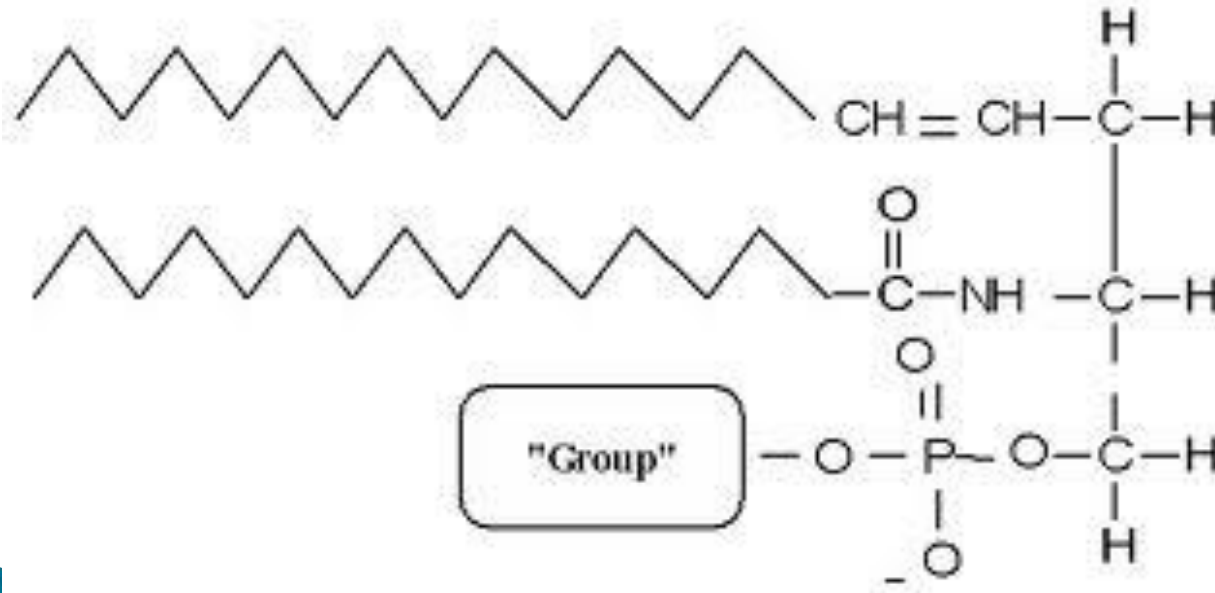
3. Lipids without glycerol (Sphingolipids):

- ▶ These lipids are also the major membrane components
- ▶ Most sphingolipids are the derivatives of C₁₈ amino alcohols or sphingosine, whose double bond has the trans configuration
- ▶ N-Acetyl derivatives of sphingosine are known as CERAMIDE



Sphingolipids?

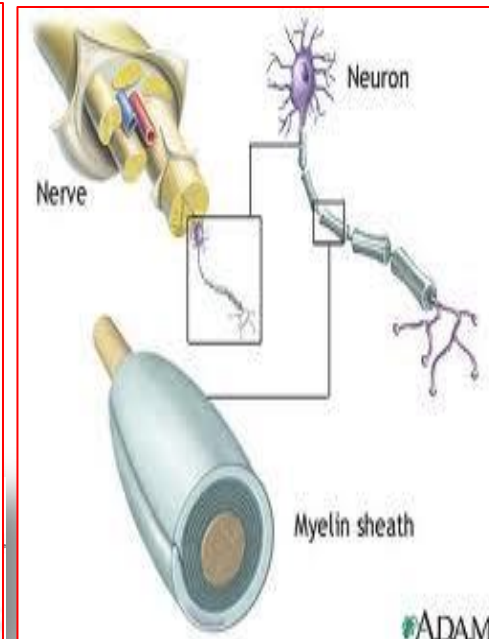
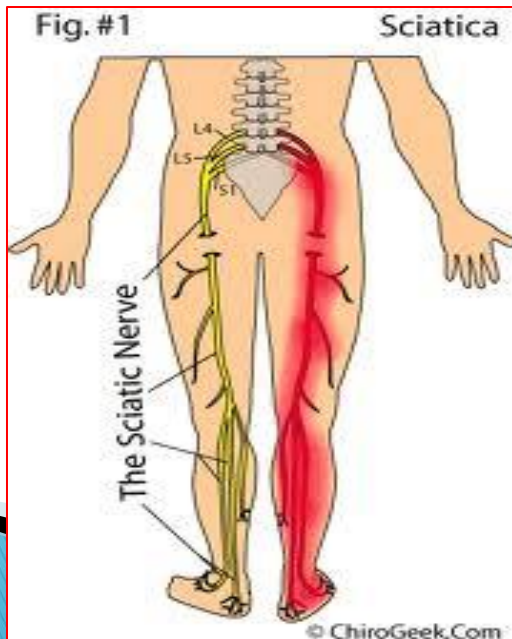
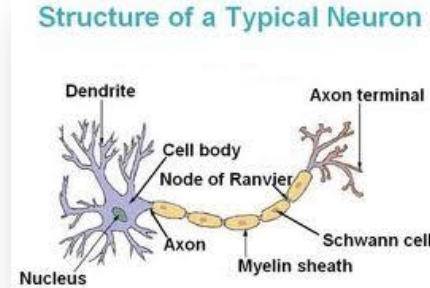
- ▶ **These kinds of lipids are mainly composed of**
 - **A long chain fatty acid**
 - **A long-chain amino alcohols such as – sphingosine or one of its derivative and**
 - **A polar head group of a phosphate and a base**



Sphingolipids?

Sphingomyelin:

- ▶ It is a phosphoryl choline derivative of ceramide
- ▶ Mainly located in the nerve tissues but also found in blood (lipo-proteins)
- ▶ They are abundant in the myelin sheath, a protective multilayer for insulation of cells of central nervous system
- ▶ Also located in the nerve of the spinal cord
- ▶ They accounts for up to 25% of total lipid in human myelin

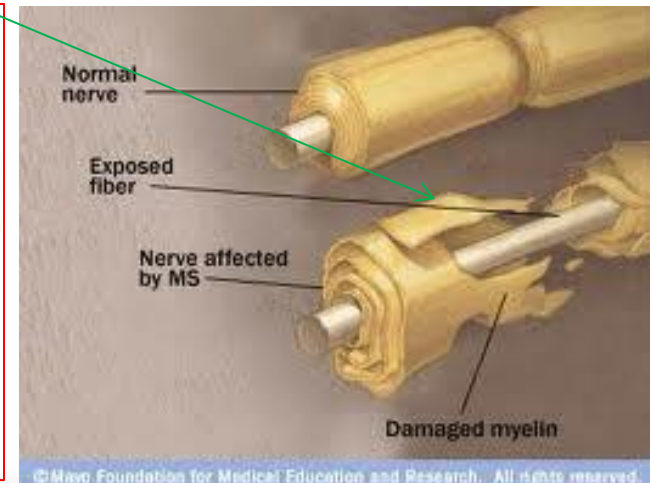
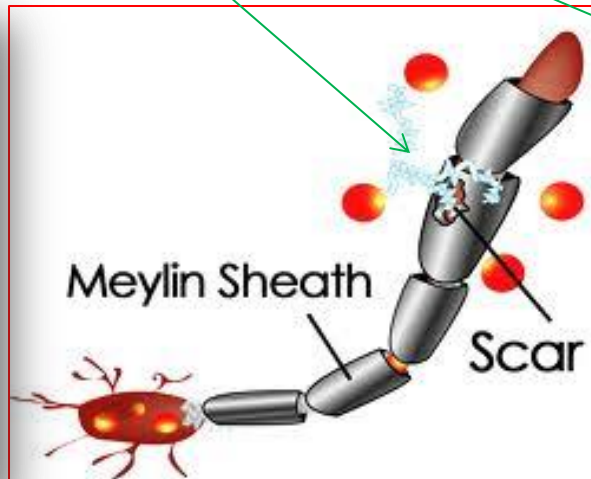
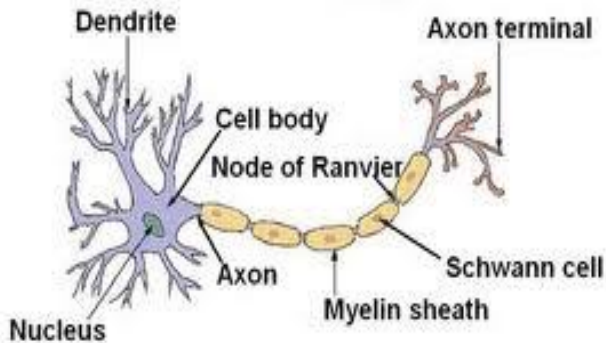


Clinical correlation - Sphingomyeline

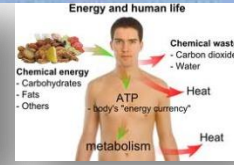
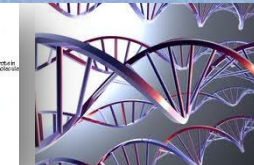
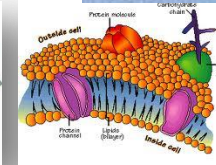
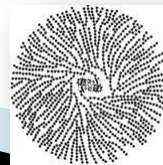
Multiple sclerosis:

- ▶ It's an auto immune disease when immune system attacks the central nervous system and leading to **plaques and lesions formation in the myelin sheath followed by demyelination**
- ▶ **Prevalent in young adults and more common in females**
- ▶ The rate prevalence of this disease is **2-150 / 100 000 persons**

Structure of a Typical Neuron



© Mayo Foundation for Medical Education and Research. All rights reserved.

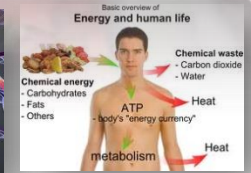
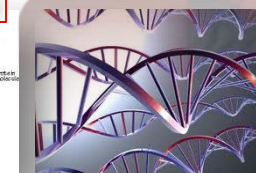
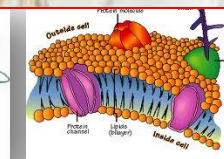
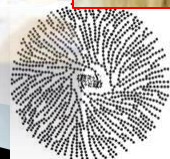


Multiple sclerosis



Symptoms:

- ▶ Fatigue, depression, cognitive impairment, unstable mood
- ▶ Lack of co-ordination, speech and vision problem
- ▶ Muscular weakness, pains, loss of sensation
- ▶ Abdominal discomfort, diarrhoea, constipation
- ▶ Irregular frequency of urination
- ▶ Involuntary movements of eye balls



Multiple sclerosis

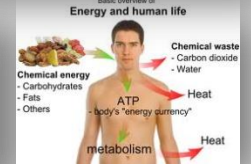
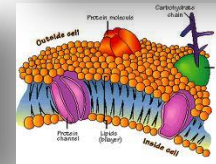
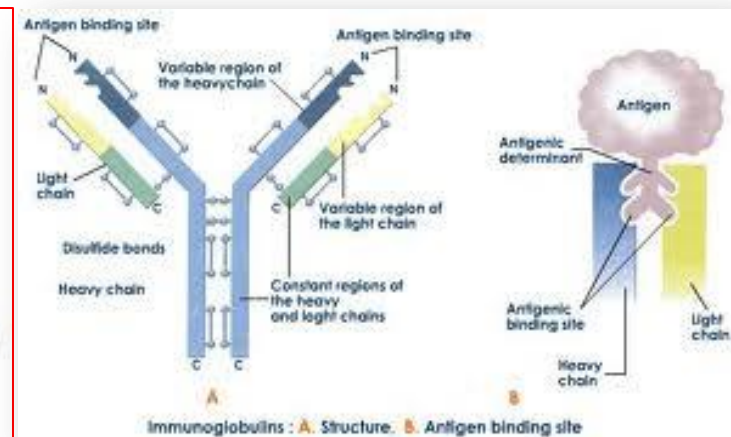
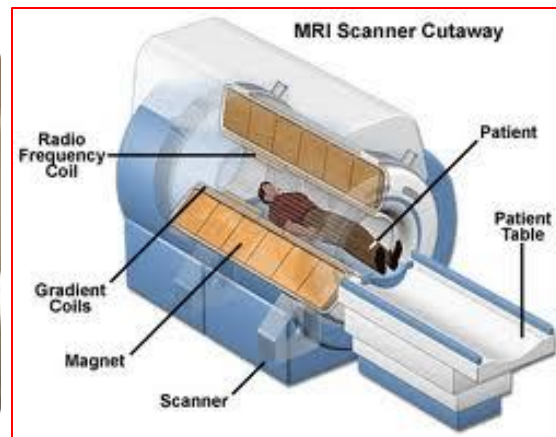
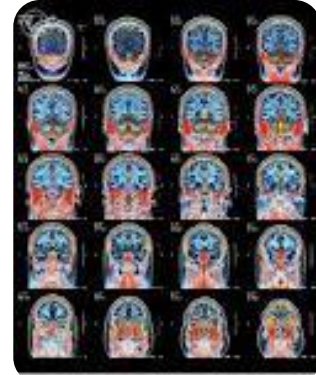


Diagnosis:

- ▶ Plaques or lesions in the white matter of the central nervous system and spinal cord can be detected by **Magnetic Resonance Imaging (MRI)**

Treatments:

- ▶ No specific treatment is available
- ▶ Several countries started to treat with various immune suppressors such as Interferon Beta 1a (IFN β -1a) and IFN β -1b



Clinical correlation - Sphingomyeline

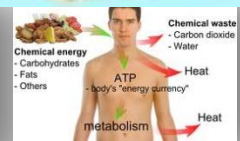
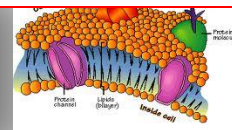
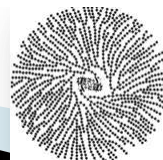
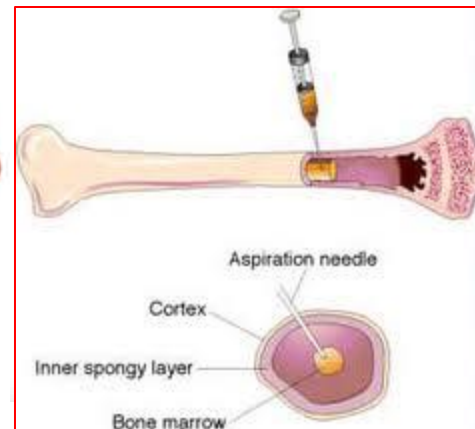
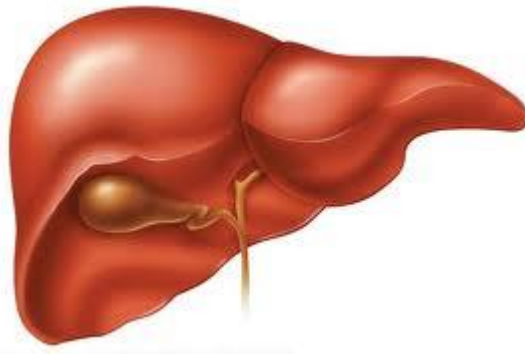
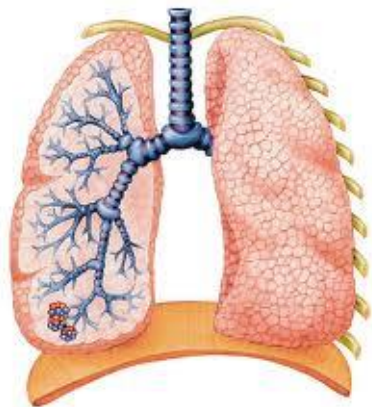
Niemann Pick Disease:

- ▶ Sphingomyelins are hydrolyzed by an enzyme named **sphingomyelinase** to form a ceramide and phosphorylcholine
- ▶ Due to the inherited absence of this enzyme unused or extra lipids are deposited in our body what is called Niemann Pick Disease, a **Lipid Storage Disease**
- ▶ Lipid-laden cells (**Foam cells**) store in the lung, liver, bone marrow and brain which cause the enlargement of those organs

Sphingomyelin



Ceramide +
Cholin -P



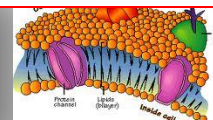
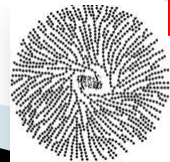
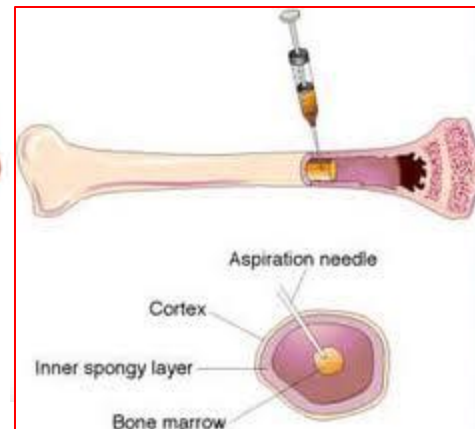
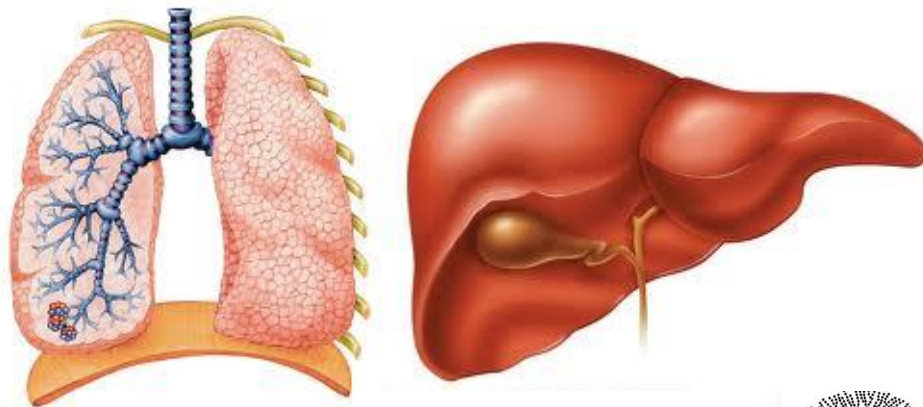
Clinical correlation - Sphingomyeline

Symptoms:

- ▶ Swelling of endothelial, mesenchymal and parenchymal cells of liver, lung, brain, bone marrow and spleen.
- ▶ Mental retardation, early death.

Treatments:

- ▶ No specific treatment. Organ transplantation, enzyme replacement and gene therapy are possible ways.



Glycolipids

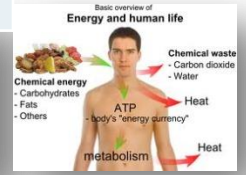
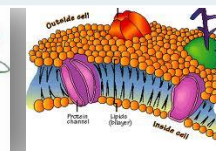
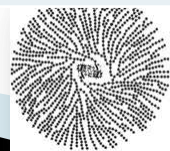
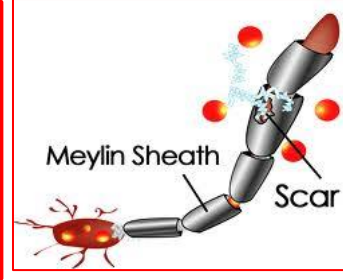
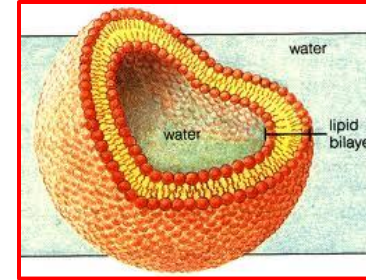
Combination of carbohydrate and lipid:

- ▶ Normally present in the **outer surface of the cell membrane**
- ▶ They are also present in the myeline sheath of central nervous system and spinal cord

Classification:

- ▶ Based on the chemical structure, Glycolipids are classified into two major and several sub-classes:

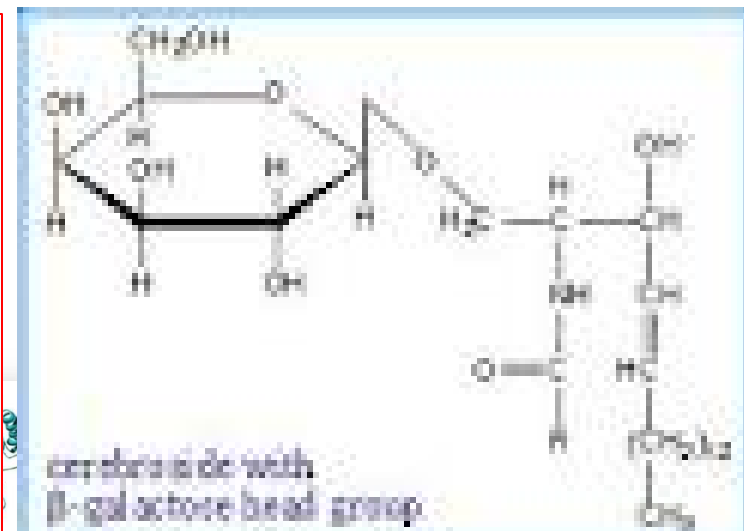
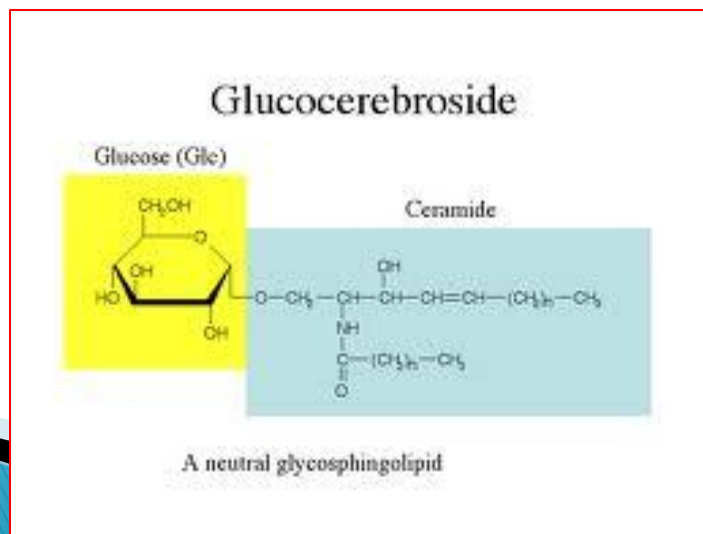
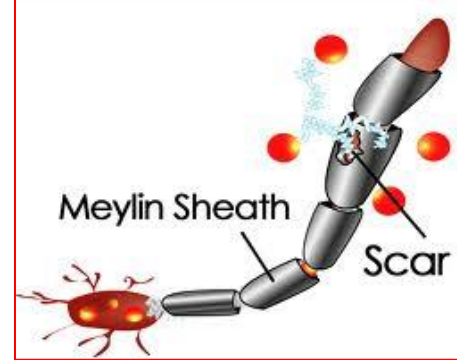
Glyceroglycolipids	Glycosphingolipids
<ul style="list-style-type: none"> i. Galactolipids ii. Sulfolipids 	<ul style="list-style-type: none"> i. Cerebrosides <ul style="list-style-type: none"> - Glucocerebrosides - Galactocerebrosides
<ul style="list-style-type: none"> a. Gangliosides b. Globosides c. Sulfatides d. Glycosphosphosphingolipids 	



Glycolipids

Cerebrosides:

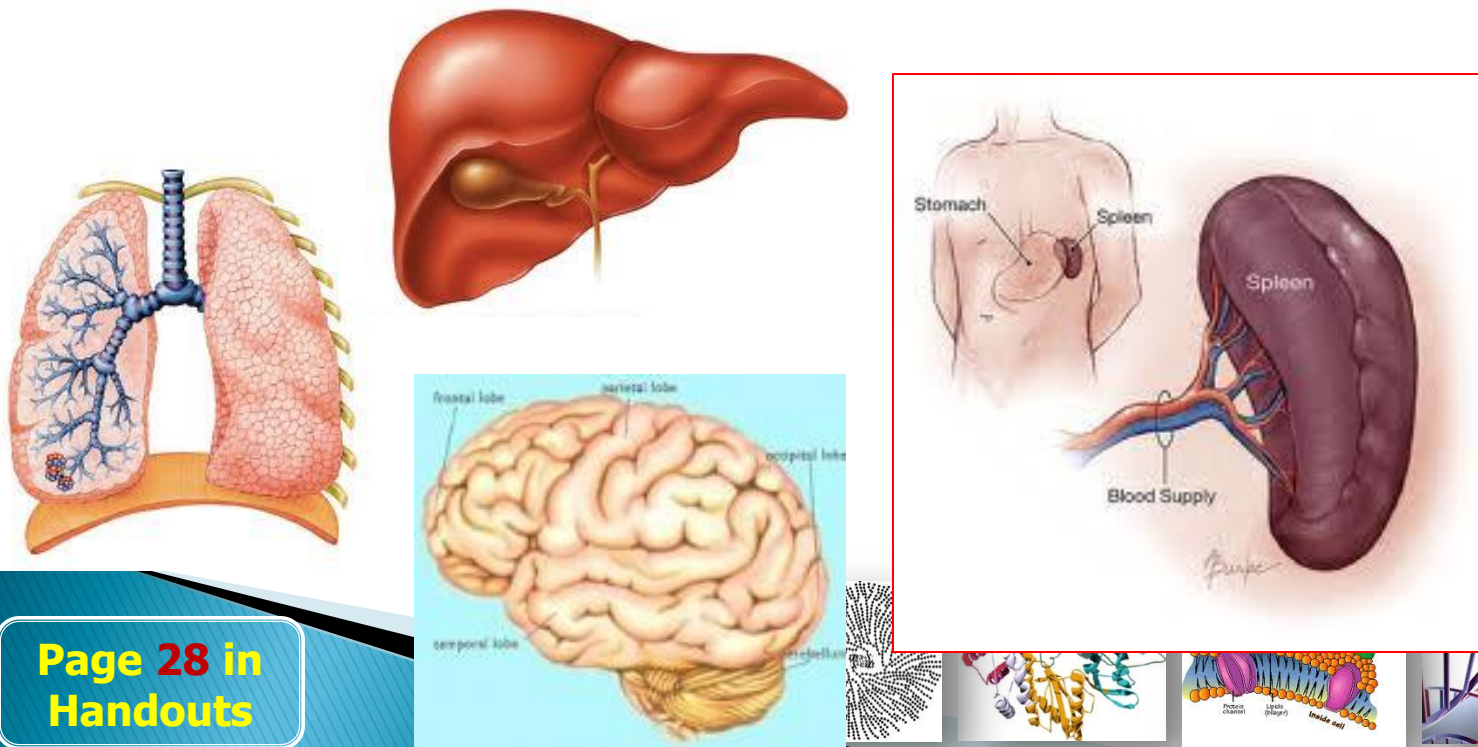
- ▶ Most abundant in the **myelin sheath of nerves**
- ▶ These are mainly a combination of ceramide and monosaccharides
- ▶ The C₁ of monosaccharide linked with the C₁ of ceramide in a β -linkage fashion
- ▶ Based on the type of monosaccharides attached with the ceramide, cerebrosides are classified into two sub-classes:
 - Glucocerebroside
 - Galactocerebrosides



Clinical correlation - cerebrosides

Gauchers Disease

- ▶ A lipid storage disease and almost like Niemann Pick Disease
- ▶ Due to inherited deficiency of **glucocerebrosidase enzyme**, glucocerebroside cannot be broken to cerebroside and glucose as a results **these lipids are deposited in the several organs such lung, liver, spleen, brain etc.**



Glucocerebrosides



Cerebroside + Glucose

Clinical correlation - cerebrosides

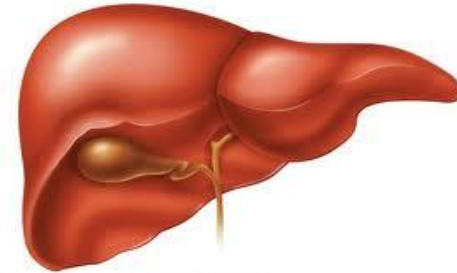
Sign and symptoms:

1. Megaly: Painless hepatomegaly, splenomegaly

2. Hypersplenism:

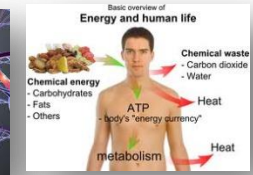
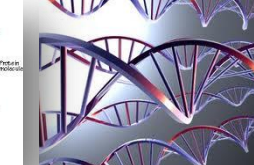
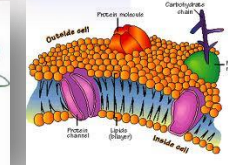
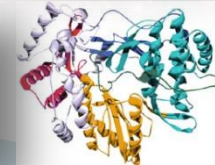
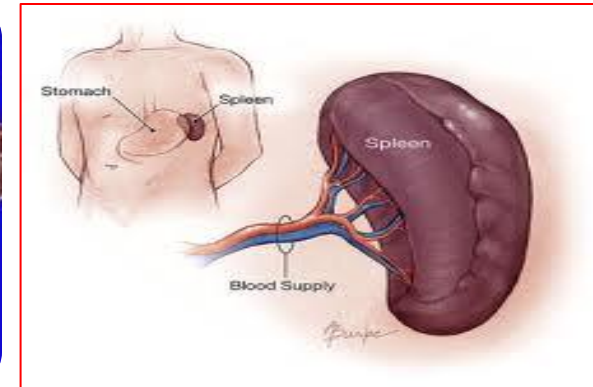
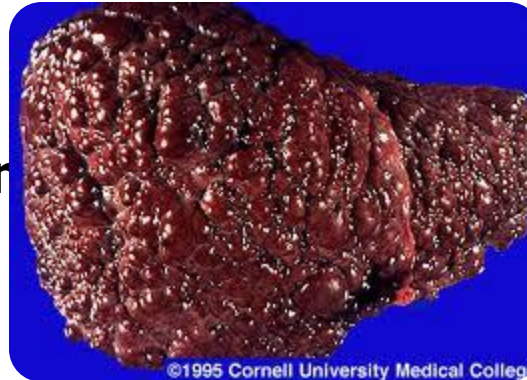
Rapid destruction of blood cells leading to anaemia, neutropenia, thrombocytopenia leading to increase risk of infection and bleeding

3. Liver cirrhosis, mental retardation, osteoporosis, yellowish-brown skin etc.

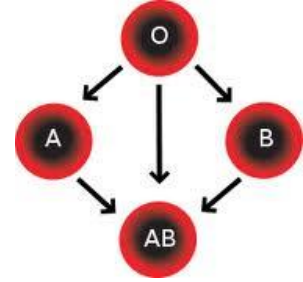


Treatments:

- ▶ Enzyme replacement
- ▶ Organ transplantation
- ▶ Blood transfusion
- ▶ Gene therapy
- ▶ Antibiotics

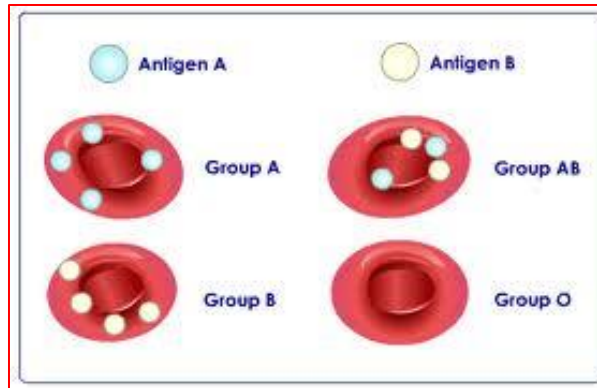
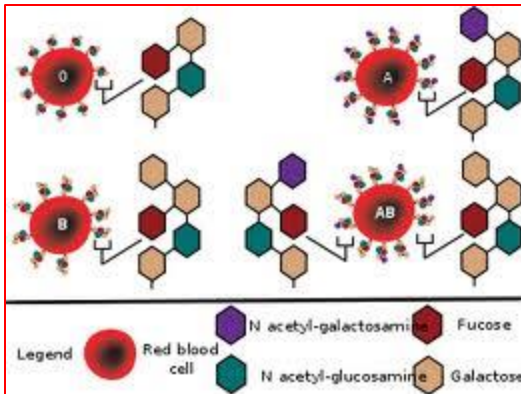


Clinical correlation

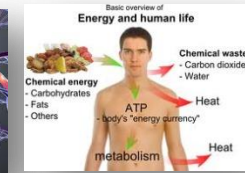
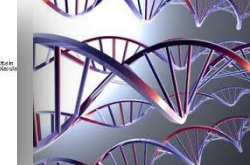
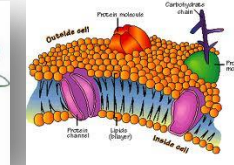
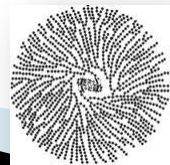


Cerebrosides:

- ▶ Further addition of monosaccharides to glucocerebrosides converts to more complex glycosphingolipids
- ▶ For example, blood group antigens are oligosaccharides which protein or ceramide linked through their reducing end
- ▶ The different antigens have different antigenic determinants at their non-reducing end



	Group A	Group B	Group AB	Group O
Red blood cell type				
Antibodies present			None	
Antigens present	A antigen	B antigen	A and B antigens	None



Clinical correlation - cerebrosides

Antigen A:

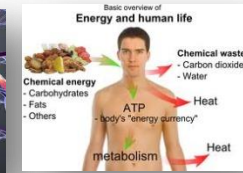
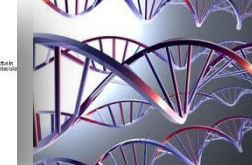
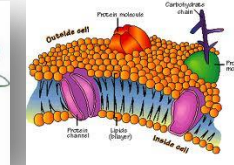
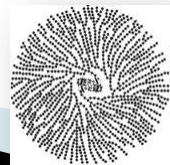
Fuc α 1,2 – Gal β 1,3 – GalNAc α – Gal β 1,4 – Glucose β 1,1 - Ceramide
GalNAc α 1,3

Antigen B:

Fuc α 1,2 – Gal β 1,3 – GalNAc α – Gal β 1,4 – Glucose β 1,1 - Ceramide
Gal α 1,3

Antigen O or H:

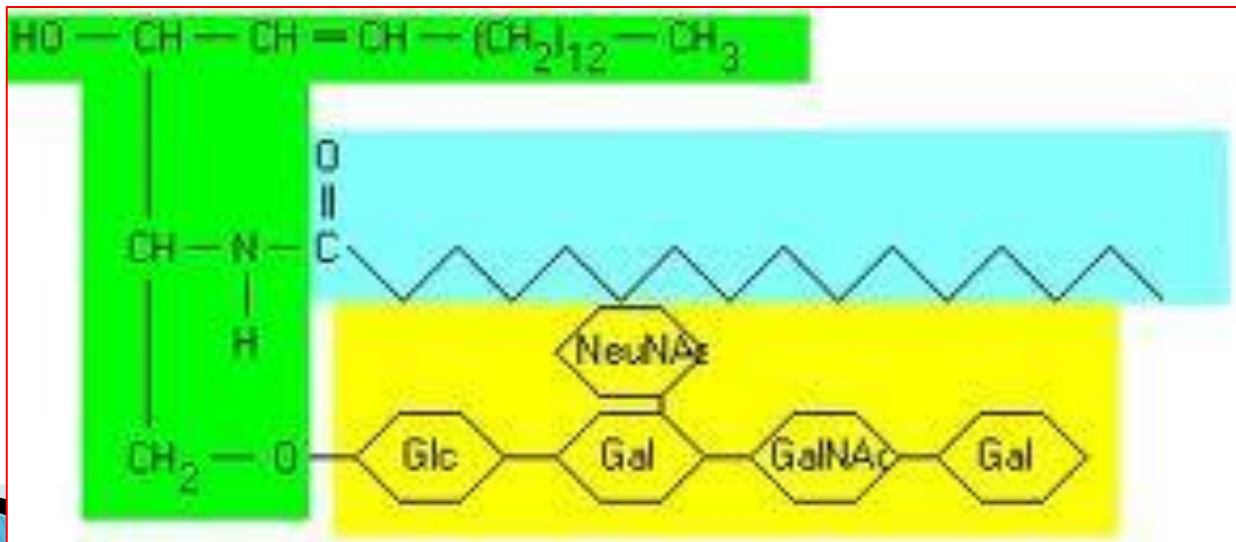
Fuc α 1,2 – Gal β 1,3 – GalNAc α – Gal β 1,4 – Glucose β 1,1 - Ceramide



Glycolipids

Gangliosides:

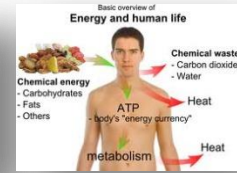
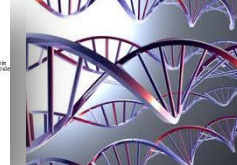
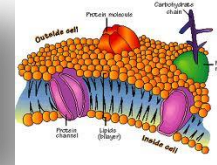
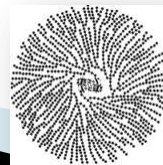
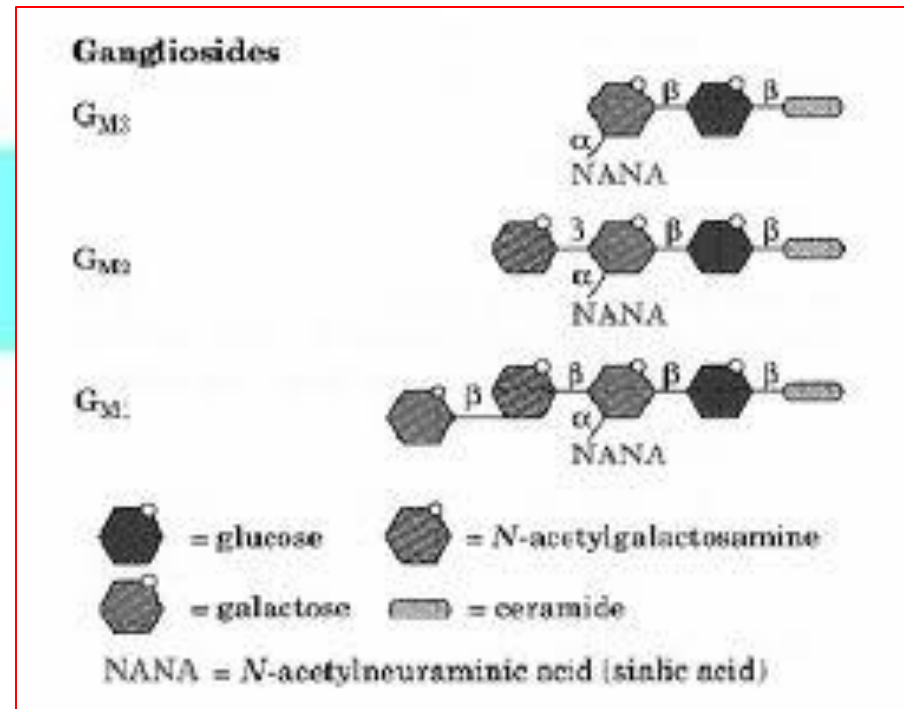
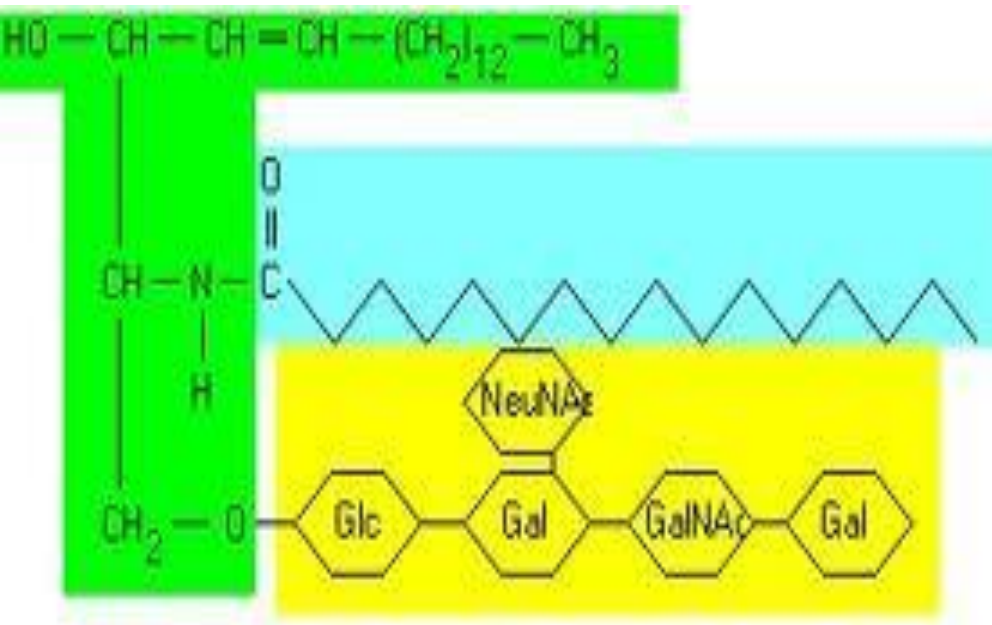
- ▶ Mainly located in the **basal ganglion cells of central nervous system** so they are called gangliosides
- ▶ Also present in the plasma membrane of the many extraneural cell types such as spleen
- ▶ It looks like cerebrosides but in addition to D-Glucose or D-Galactose several other carbohydrates such as NAc-Glc, NAc-Gal and N-acetyl Neuraminic Acid (NANA) are also attached



Glycolipids

Nomenclature:

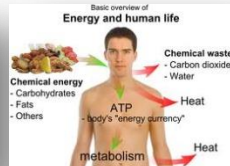
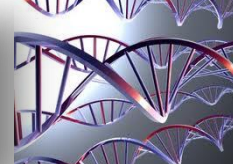
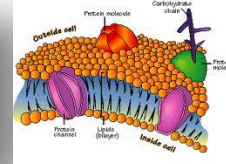
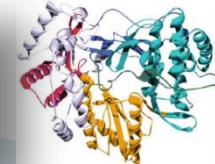
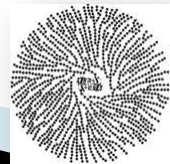
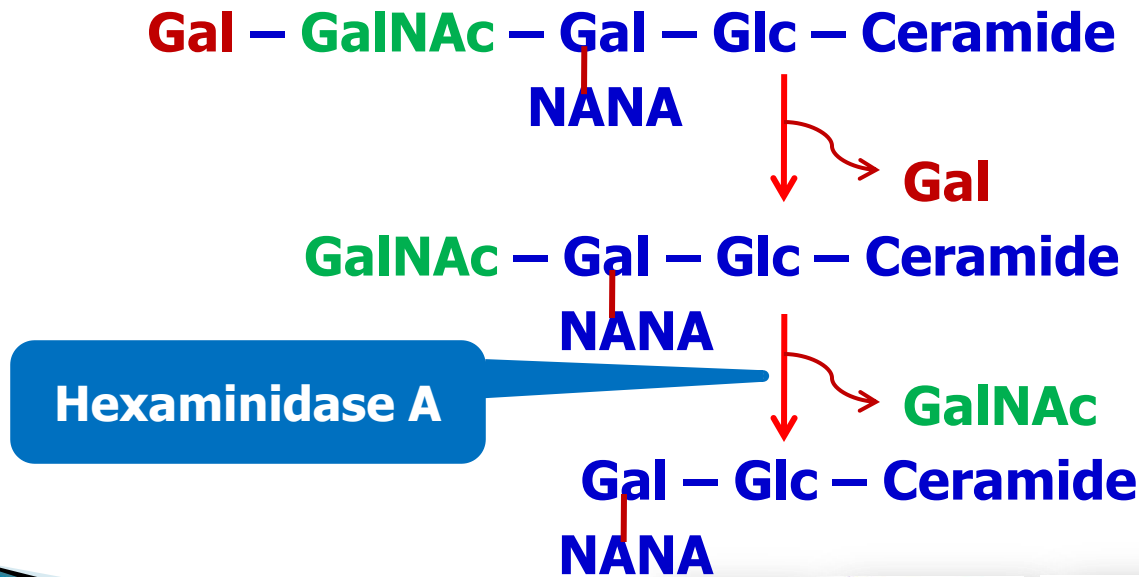
- ▶ Name ganglioside is abbreviated to G
- ▶ Based on the number NANA, gangliosides are written as G_{M2} , G_{D1} etc



Clinical correlation - Gangliosides

Tay Sach's Disease:

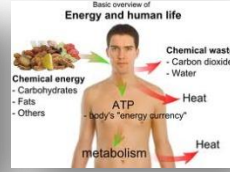
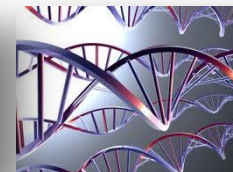
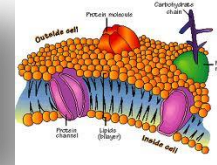
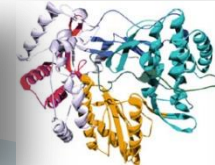
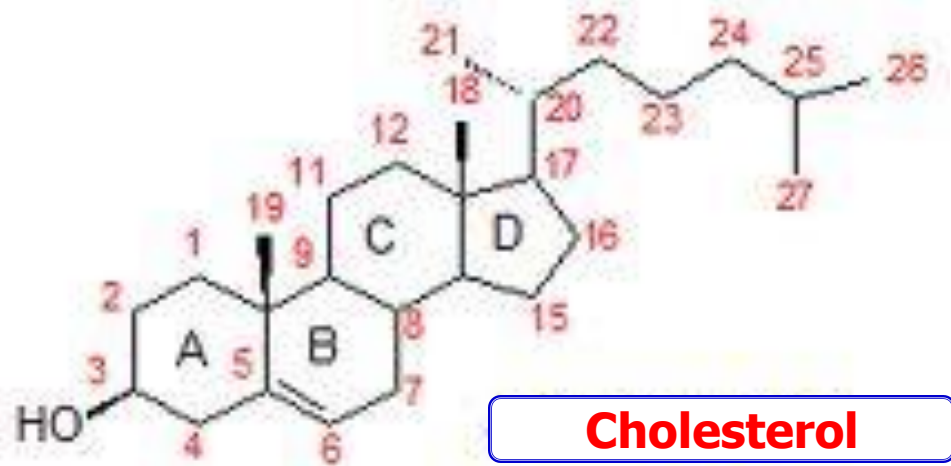
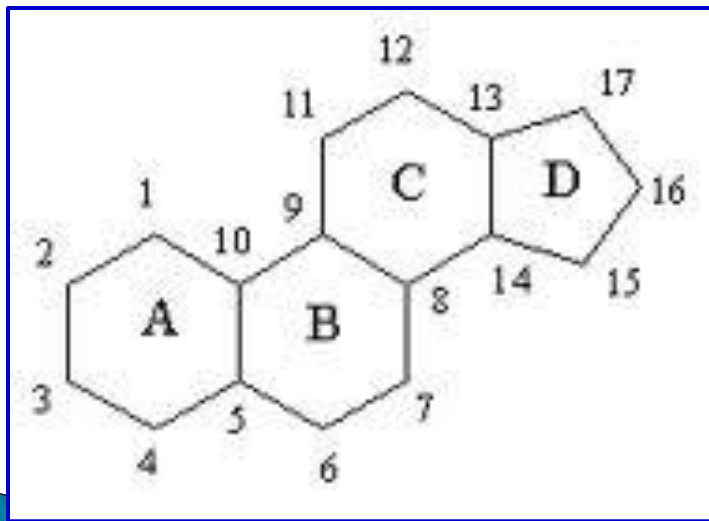
- ▶ **Inherited disorder characterized by early death (2-3 years old)**
- ▶ **This disease results from a lack of enzyme, **hexaminidase A**, involved in the degradation of **GM2 ganglioside** or called **Tay Sach's gangliosides****



4. Sterol derivatives

Steroids:

- ▶ These compounds are got almost a same general structure
- ▶ They contain a fused ring system of **3 six-membered** rings (such as A, B, and C) and **1 five-membered** ring (D) in their structures
- ▶ The precursor of this fused ring system is called – **perhydrocyclopentanophenanthrene**



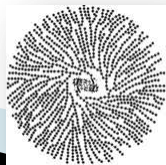
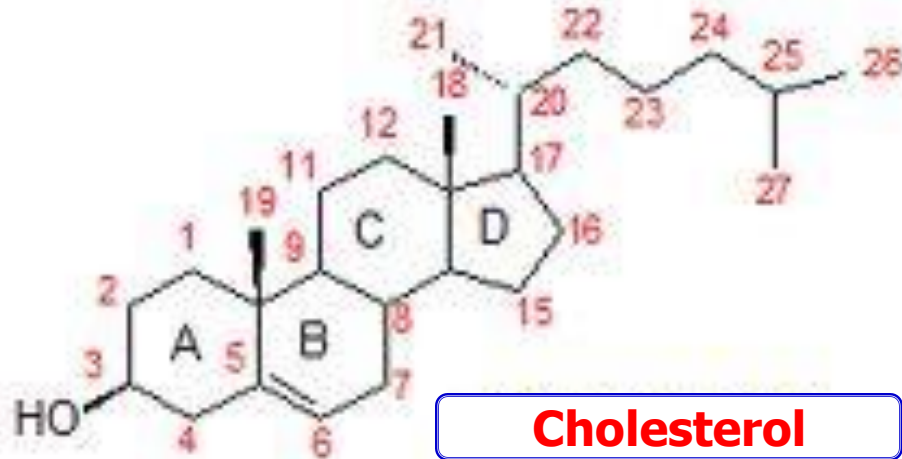
Sterol derivatives

Cholesterol:

- ▶ An widely known name of steroid
- ▶ It got 27 carbons in its fused ring structure with only one hydroxyl (-OH) group at C3 position
- ▶ Hence, cholesterol is highly hydrophobic in nature
- ▶ It is widespread in biological membranes

Functions:

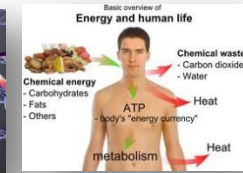
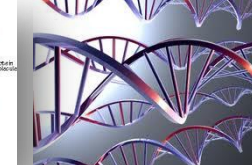
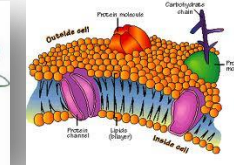
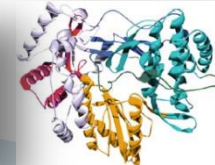
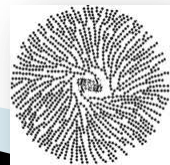
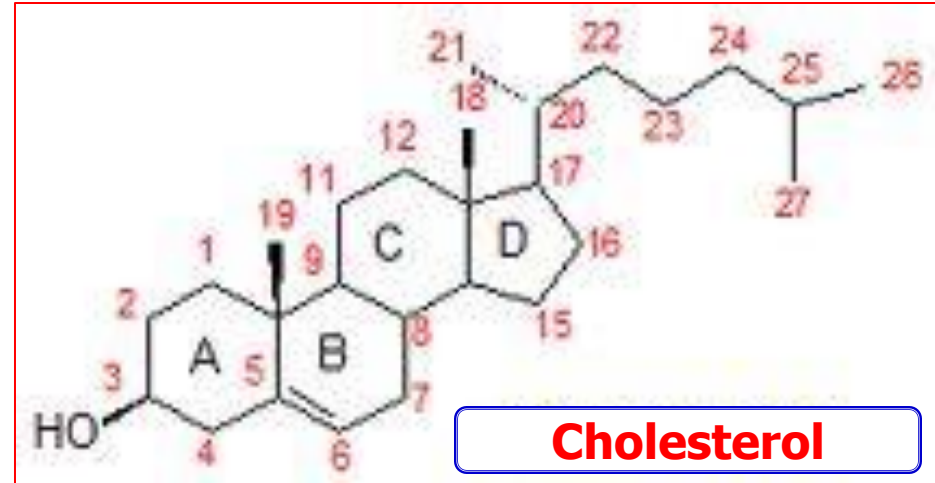
- ▶ Important constituent of biological membranes
- ▶ It is precursor of several hormones such as sex hormones
- ▶ It is also the precursor of bile acids which play an important role in the digestion of fat in our system
- ▶ Regulates our blood pressure, pulse rate and body temperature



Sterol derivatives

Detrimental effects of cholesterol:

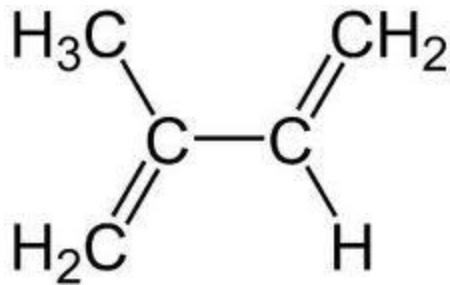
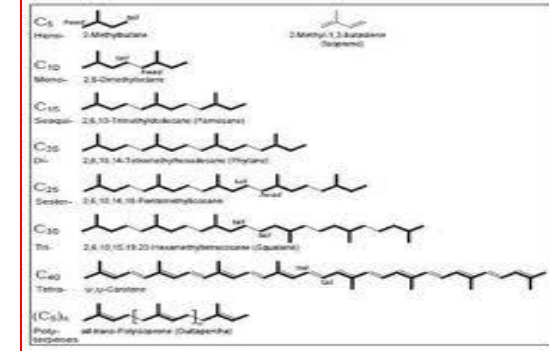
- ▶ In spite of several beneficial effects cholesterol has several detrimental effects in our system, such as
- ▶ Hypercholesterimia or hyperlipidemia is a major risk factor of several diseases such as –
 - high blood pressure
 - hypertension
 - brain stroke
 - Atherosclerosis
 - heart attack and
 - other cardiovascular diseases.



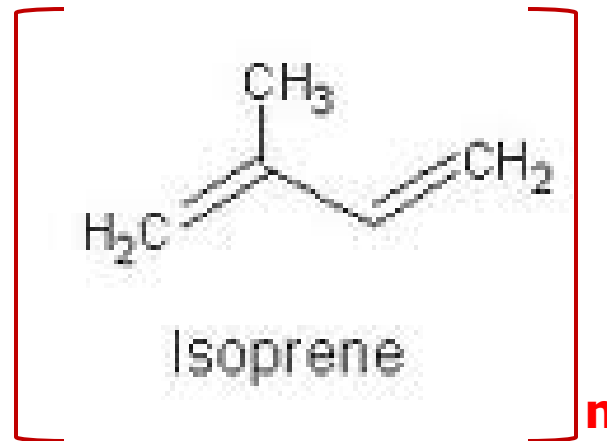
5. Terpenes & isoprenes

Terpenes:

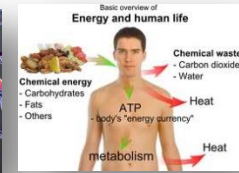
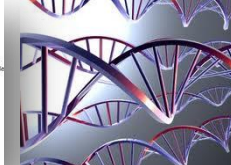
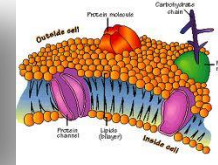
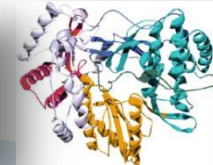
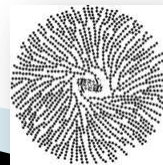
- ▶ These are the derivatives of **isoprene**
- ▶ Isoprene is a 5 carbon-containing hydrocarbon with two double bonds
- ▶ A several number of 5 carbon isoprenes are join together to form terpenes such as Squalene (a precursor of cholesterol)



Isoprene

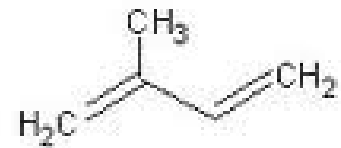


= Terpene



5. Terpenes & isoprene

Terpenes:



Isoprene

