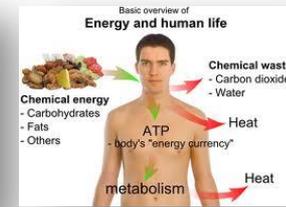
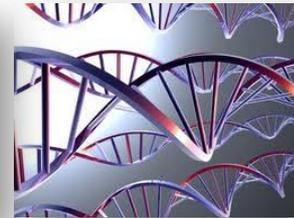
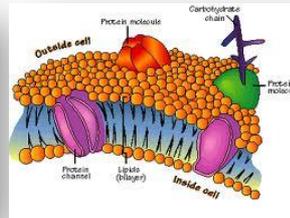
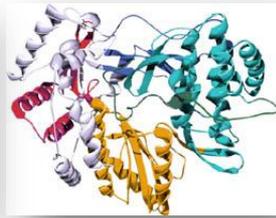
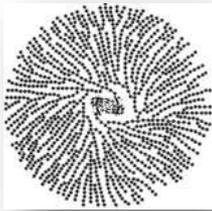




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# BIOC203W1

## Biochemistry for Biologists

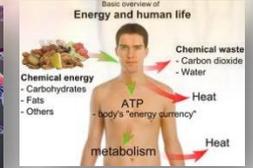
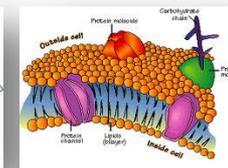
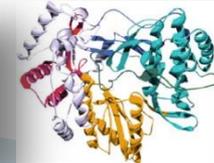
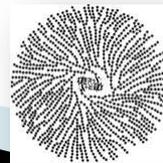


**Dr MS Islam**

**Senior Lecturer of Biochemistry**  
**School of Life Sciences, Westville Campus**

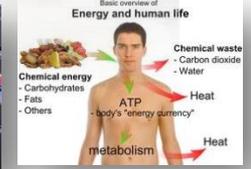
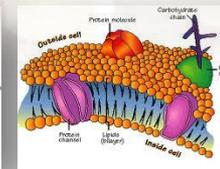
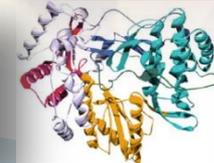
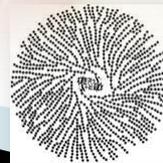
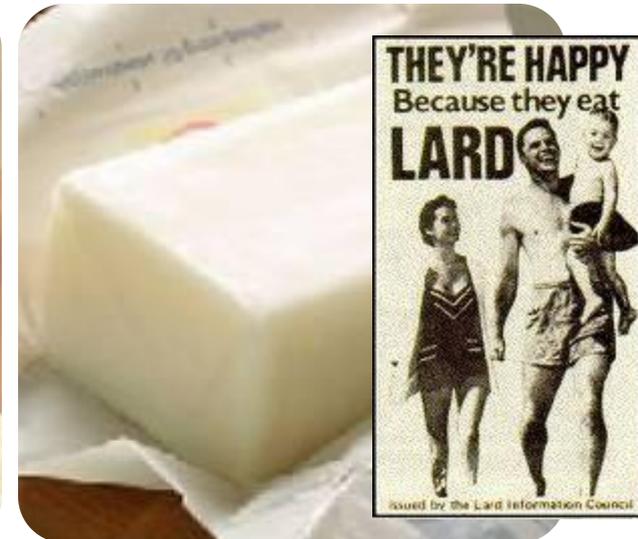
# What is lipid?

- ▶ Lipids are **organic molecules which are not soluble in water but soluble in organic solvents** such as ether, chloroform, benzene, ethanol, methanol etc.
- ▶ One of the 4 major classes of biomolecules e.g.
  - **Lipids**
  - Carbohydrates
  - Proteins and
  - Nucleic acids
- ▶ Lipids are essential components of **all living organisms** e.g. animals, plants, insects, bacteria, fungi etc.
- ▶ Basis on the weights, **lipids are lighter than carbohydrates and proteins** but contribute more than double energy compared to them such as
  - 1 g lipid or fat provides **9 kcal energy** whereas,
  - 1 g carbohydrate or protein provides about **4 kcal**



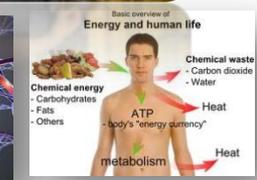
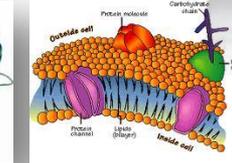
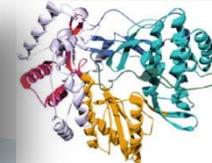
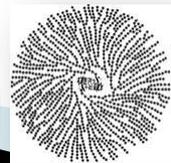
# Examples of lipids?

- ▶ Vegetable oil, butter, margarine, grease, wax etc.
- ▶ Steroid hormones, fat soluble vitamins, prostaglandins, thromboxanes, leukotrienes are also the lipids or lipid derivatives.



# Functions of lipids?

- ▶ **Insulation:**
- ▶ In mammals, especially in aquatic mammals, have most fat deposited subcutaneously which act as an **insulating materials** to protect their body from extreme heat or extreme cold.
- ▶ **Energy:**
- ▶ Major source of energy in living system.
- ▶ In Camel, the hump on Camel's back is largely a **deposition of fat** (mostly triacylglycerol or triglyceride) which provides energy and water during long-term starvation. (1 g fat provides **9 kcal energy and 1 g of water**)



# Functions of lipids?



- ▶ **Creams:**

Lipid containing creams prevent the loss of moisture from our skin.

- ▶ **In birds:**

Lipid coating in bird feathers protects feathers of birds to render them not wetting

- ▶ **In plants:**

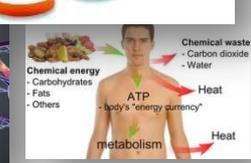
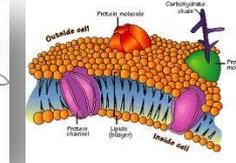
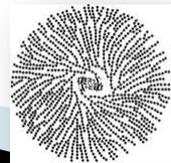
Coat the leaves of plants to protect them against abrasion and curb the loss of moisture by evaporation

- ▶ **Hormones and vitamins:**

They work as a precursor of several hormones and some fat soluble and anti-oxidant vitamins (A, D, E and K)

- ▶ **Plasma membrane:**

Crucial part of cell membrane



# Lipids in humans?

- ▶ **In organs:**

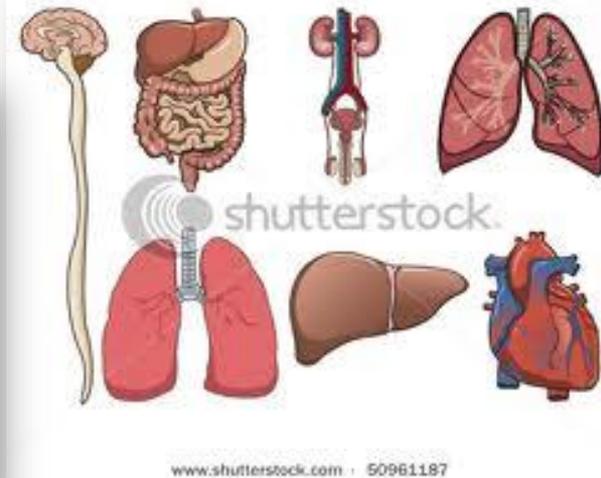
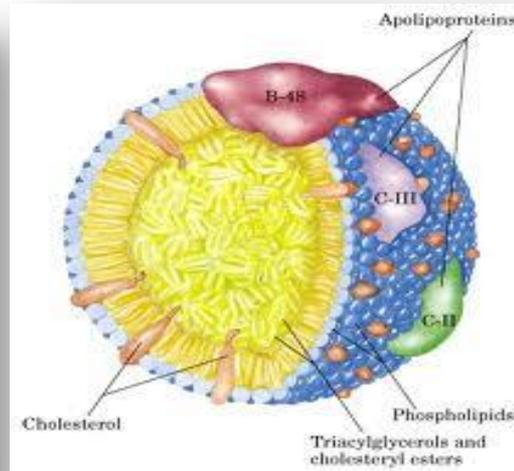
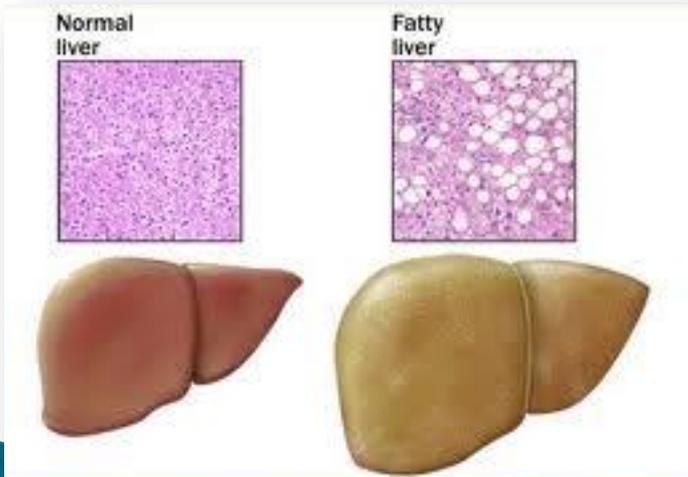
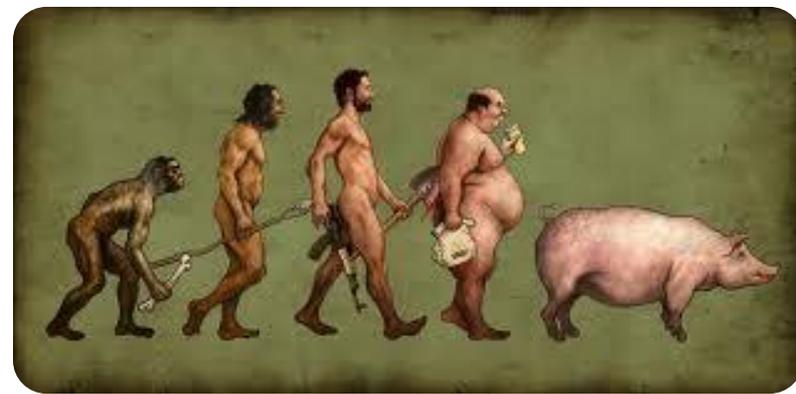
Present in kidneys, heart, liver etc

- ▶ **In blood:**

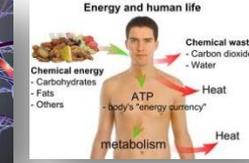
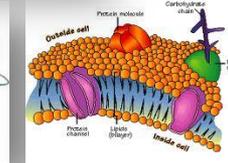
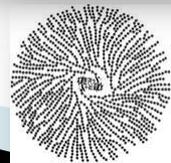
Lipids are found in associate with protein called lipoproteins, which works as transporters of lipids

- ▶ **In cell membrane:**

Lipids is a integral part of cell membrane



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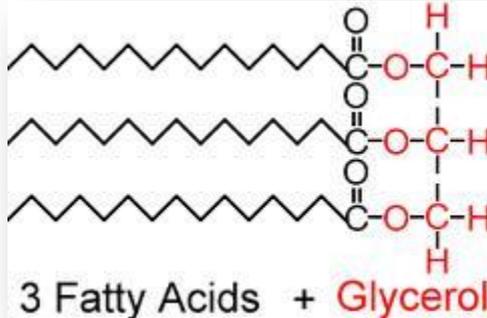


# Classification of lipids?

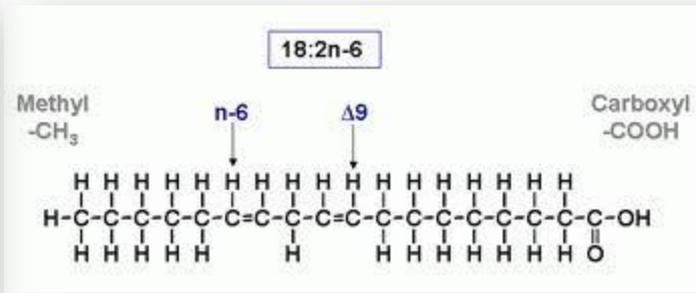


▶ Based on the physical property lipids are classified into 5 major classes:

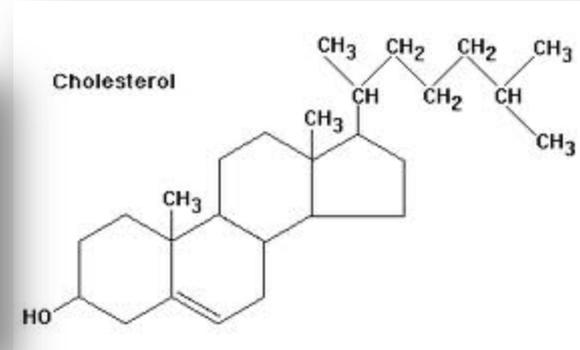
1. Fatty acids and their derivatives
2. Esters of fatty acids and glycerols (**Glycerides, phosphoglycerides e.g. Phospholipids**)
3. Lipids without glycerols (**Sphingolipids**)
4. Sterol derivatives e.g. **cholesterol, cholesterol ester, bile acids, steroid hormones, vitamin D etc.**
5. Terpenes or isoprene derivatives



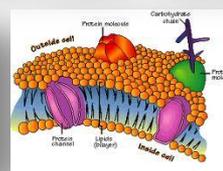
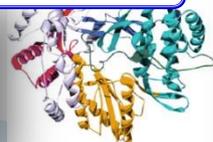
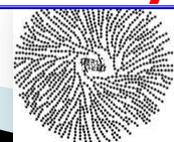
**Triglycerides**



**Fatty acid**



**Cholesterol**



# Classification of lipids?

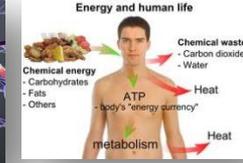
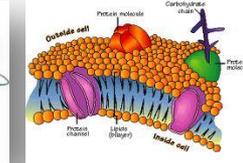
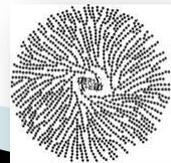


## 1. Fatty acids/ criteria of fatty acids:

- ▶ Must have a **carboxylic (-COOH)** group
- ▶ Fatty acids contain two ends – one hydrophilic / polar end and another hydrophobic / non-polar end
- ▶ Hence, fatty acids are called **AMPHIPHILIC** (hydrophilic and hydrophobic) compound
- ▶ **Carboxylic group (-COOH)** is located in the hydrophilic end and a **hydrocarbon tail** in the hydrophobic end which may contain carbon-carbon single (-C-C-) or double (-C=C-) bonds
- ▶ Hydrocarbon tail varies based on the number of carbons (**12-20**) and the number and positions of carbon-carbon double bonds

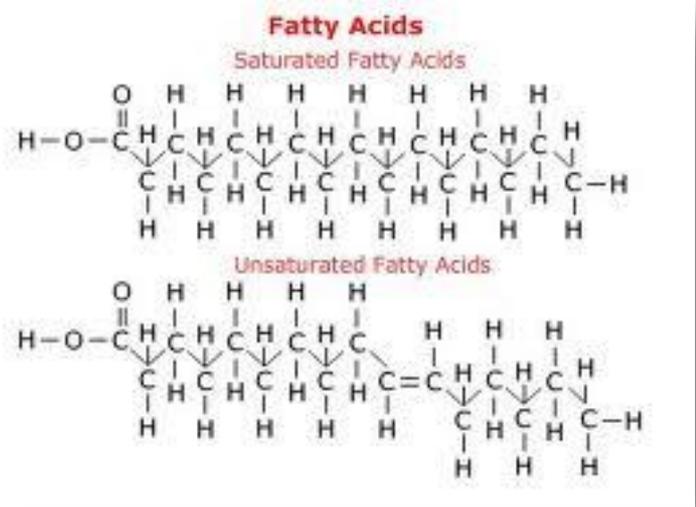


Fatty acid



# Classification of FAs?

- ▶ Based on the type of carbon-carbon bond (-C-C-) in the hydrophobic part, fatty acids are classified in two major classes:



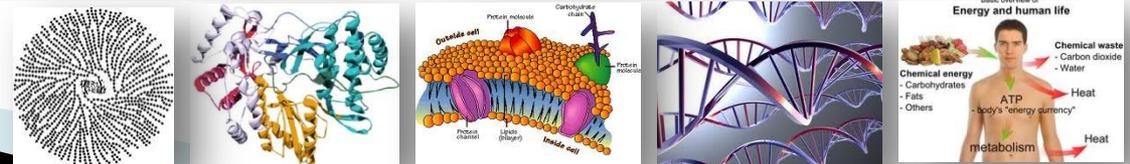
**Fatty acids**

**Saturated fatty acids**

**Unsaturated fatty acids**

**Monounsaturated fatty acids (MUFA)**

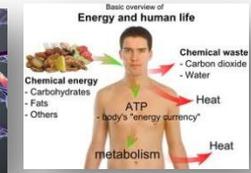
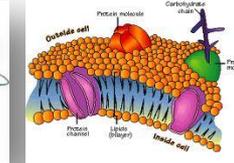
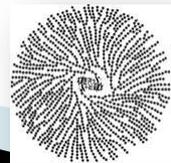
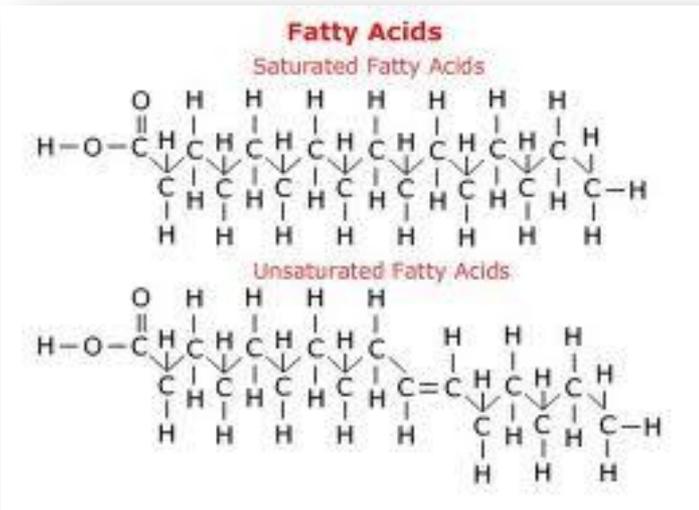
**Polyunsaturated fatty acids (PUFA)**



# Classification of FAs?

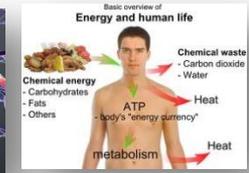
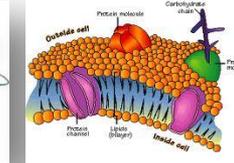
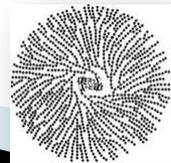
## Saturated fatty acids:

- ▶ Solid and waxy at room temperature
- ▶ Rich in animal originated fat
- ▶ **General formula is  $[(C_nH_{2n+1})COOH]$**
- ▶ Contain only carbon-carbon single bonds (-C-C-)
- ▶ Most of them are present in esterified form with glycerols
- ▶ **Fatty acids which are not in esterified form called free fatty acids (FFA)**
- ▶ Carbon number in saturated fatty acids are **2-24 but <10 carbons fatty acids are not normally found in animal lipids** with one exception of **butyric acid ( $CH_3-CH_2-CH_2-COOH$ )**
- ▶ **Example – Palmitic acid (C16:0), Stearic acid (C18:0)**



# Example of saturated fatty acids

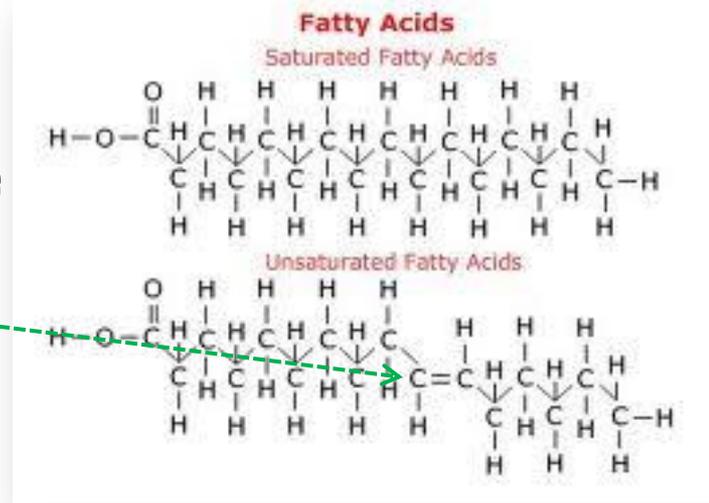
Systemic name	Common name	Molecular formula	Short note	m.p. (oC)	Occurrences
	Acetic acid	$\text{CH}_3\text{COOH}$	2:0	16	Intermediate in metabolism
	Propionic acid	$\text{C}_2\text{H}_5\text{COOH}$	3:0	-22	
	Butyric acid	$\text{C}_3\text{H}_7\text{COOH}$	4:0	-8	
Dodecanoic acid	Lauric acid	$\text{C}_{11}\text{H}_{23}\text{COOH}$	12:0	44	
Tetradecanoic acid	Myristic acid	$\text{C}_{13}\text{H}_{27}\text{COOH}$	14:0	54	
Hexadecanoic acid	Palmitic acid	$\text{C}_{15}\text{H}_{31}\text{COOH}$	16:0	63	Common in all animal and plant fats
Octadecanoic acid	Stearic acid	$\text{C}_{17}\text{H}_{35}\text{COOH}$	18:0	70	
Eicosanoic acid	Arachidic acid	$\text{C}_{19}\text{H}_{39}\text{COOH}$	20:0	77	
Dicosanoic acid	Behenic acid	$\text{C}_{21}\text{H}_{43}\text{COOH}$	22:0	80	
Tetracosanoic acid	Lignoceric acid	$\text{C}_{23}\text{H}_{47}\text{COOH}$	24:0	86	Cerebrosides



# Unsaturated fatty acids

## Double bonds:

- ▶ Fatty acids which contain at least one **carbon-carbon double bond** is called unsaturated fatty acid

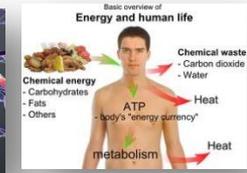
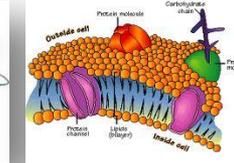
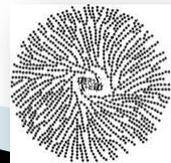


## Melting and boiling points:

- ▶ Their melting or boiling points are lower than those of their saturated counter parts
- ▶ The higher the double bonds the lower the melting or boiling points

## Solubility:

- ▶ Solubility of unsaturated fatty acids in a non-polar solvents are also better than their saturated counter parts



# Unsaturated fatty acids

## Physical property:

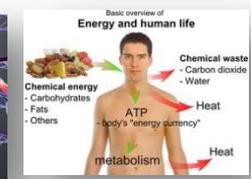
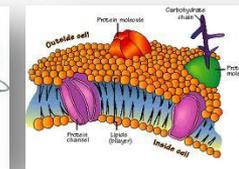
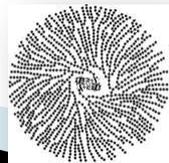
- ▶ All common unsaturated fatty acids are **liquid at room temperature**

## Number of double bonds:

- ▶ Unsaturated fatty acids may contain **one, two, three, four or more carbon-carbon double bonds**

## Unsaturation:

- ▶ The total number of carbon-carbon double bonds denotes the degree of unsaturation



# Class of unsaturated fatty acids

- ▶ Based on the number of carbon-carbon double bond ( $\text{-C=C-}$ ) in the hydrophobic part, unsaturated fatty acids are classified in two major classes:

**Unsaturated  
fatty acids**

```
graph TD; A[Unsaturated fatty acids] --> B[Monounsaturated fatty acids (MUFA)]; A --> C[Polyunsaturated fatty acids (PUFA)]; C --> D[1. Dienoic series (two - C-C - double bonds)]; C --> E[2. Trienoic series (three - C-C - double bonds)]; C --> F[3. Tetraenoic series (four - C-C - double bonds)]; C --> G[4. Pentanoic series (five - C-C - double bonds)]; C --> H[5. Hexanoic series (six - C-C - double bonds)];
```

**Monounsaturated  
fatty acids (MUFA)**

**Polyunsaturated  
fatty acids (PUFA)**

1. Dienoic series (two – C-C – double bonds)
2. Trienoic series (three – C-C – double bonds)
3. Tetraenoic series (four – C-C – double bonds)
4. Pentanoic series (five – C-C – double bonds)
5. Hexanoic series (six – C-C – double bonds)

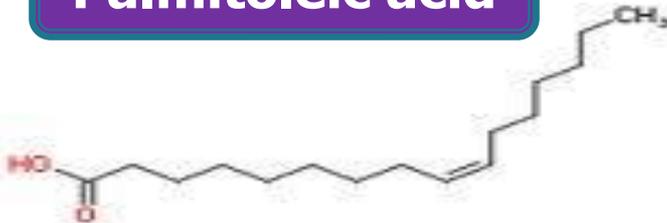
# Class of unsaturated fatty acids

## Monounsaturated fatty acids (MUFA – on double bond):

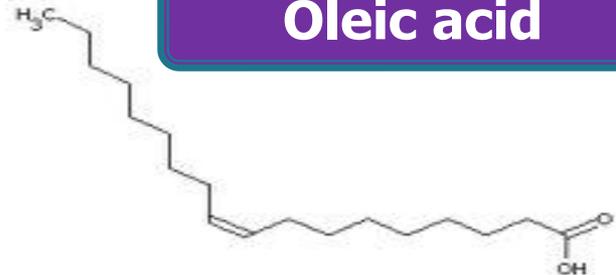
- ▶ Contains one carbon-carbon double bond
- ▶ This fatty acids are present in the lipids of **prokaryotic cell membranes**
- ▶ Example –

Common name	Molecular formula	Shorthand notation	Melting point (oC)
Plamitoleic acid	$C_{15}H_{31}COOH$	$C16:1\Delta^9$ cis	-0.5
Oleic acid	$C_{17}H_{33}COOH$	$C18:1\Delta^9$ cis	16

Palmitoleic acid



Oleic acid



# Class of unsaturated fatty acids

## 1. Dienoic series:

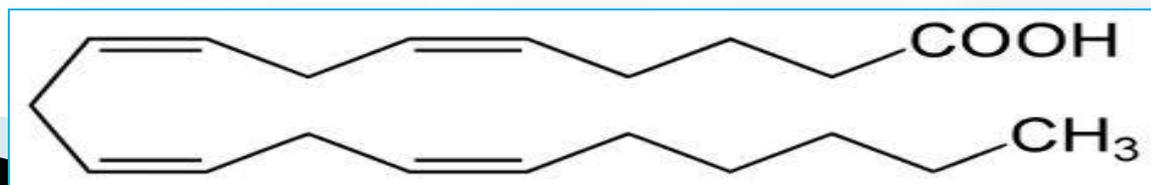
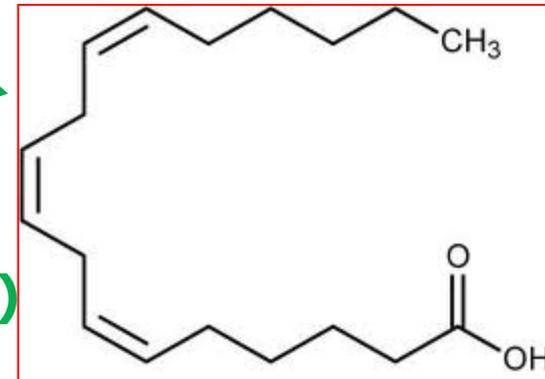
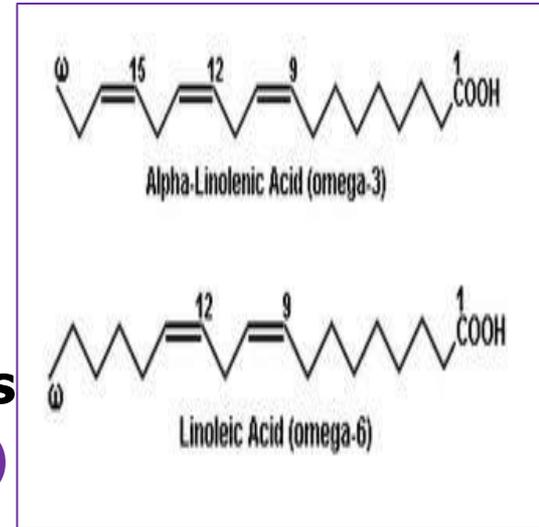
- ▶ Contain two carbon-carbon double bonds
- ▶ Such as- **Linoleic acid (C18:2,  $\Delta^{9,12}$ )**
- ▶ Melting point is -5 °C

## 2. Trienoic series ( $\omega$ 3/ $\omega$ 6 fatty acids):

- ▶ Contain three carbon-carbon double bonds
- ▶ Such as-  **$\alpha$ -Linolenic acid (C18:3,  $\Delta^{9,12,15}$ )**
- ▶  **$\gamma$ -Linolenic acid (C18:3,  $\Delta^{6,9,12}$ )**
- ▶ Melting point is -10 °C

## 3. Tetraenoic series ( $\omega$ 6 fatty acids):

- ▶ Contain four carbon-carbon double bonds
- ▶ Such as- **Arachidonic acid (C20:4,  $\Delta^{5,8,11,14}$ )**
- ▶ Melting point is -50 °C



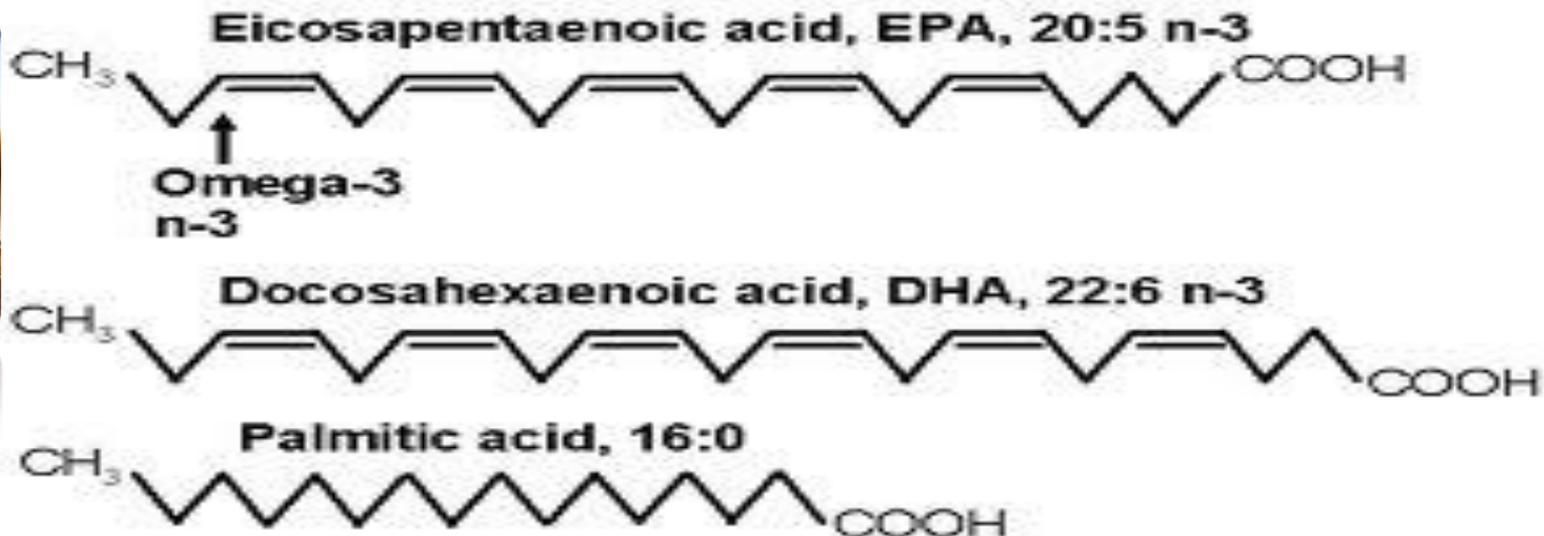
# Class of unsaturated fatty acids

## 4. Pentanoic series:

- ▶ Contain five carbon-carbon double bonds
- ▶ Such as- Eicosapentanoic acid (20:5,  $\Delta^{5,8,11,14,17}$ )
- ▶ Melting point is  $-50\text{ }^{\circ}\text{C}$

## 5. Hexanoic series ( $\omega$ 6 fatty acids):

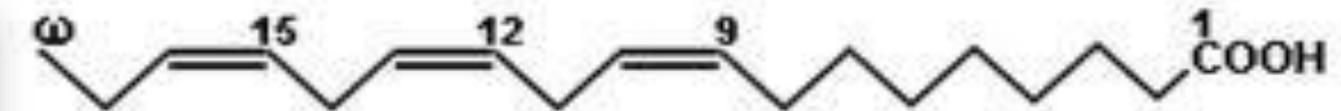
- ▶ Contain six carbon-carbon double bonds
- ▶ Such as- Docosahexanoic acid (22:6,  $\Delta^{4,7,10,13,16,19}$ )
- ▶ Melting point is  $-50\text{ }^{\circ}\text{C}$



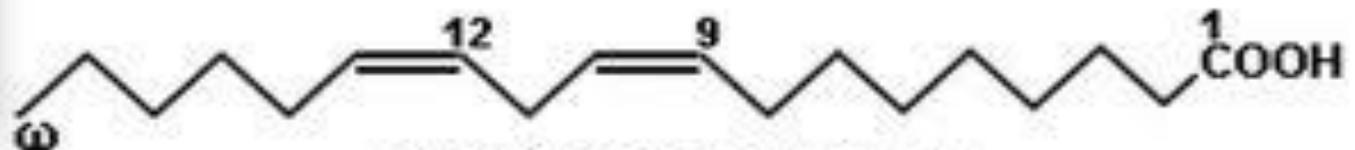
# Essential and Non-essential FAs

## Essential fatty acids:

- ▶ The fatty acids which cannot be produced in human or animal body are called essential fatty acids
- ▶ Humans and animals are completely depend on plants for these fatty acids
- ▶ Only two essential fatty acids found till today, such as-
  - Linoleic acid (18:2,  $\Delta^{9,12}$ )
  - $\alpha$ -Linolenic acid (18:3,  $\Delta^{9,12,15}$ )

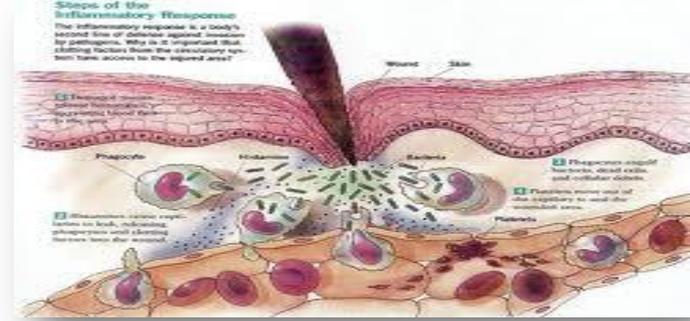


Alpha-Linolenic Acid (omega-3)



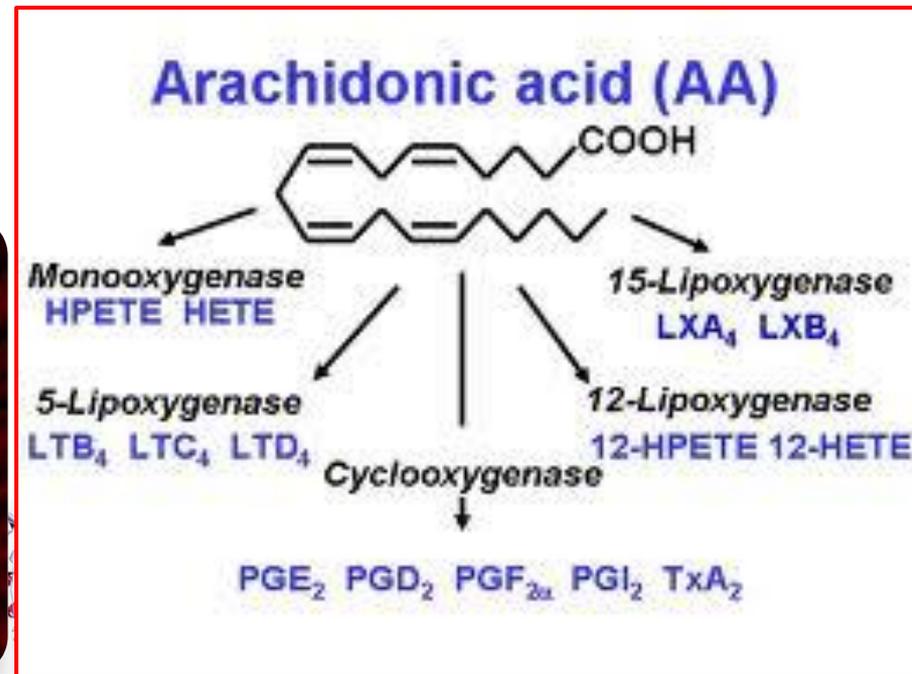
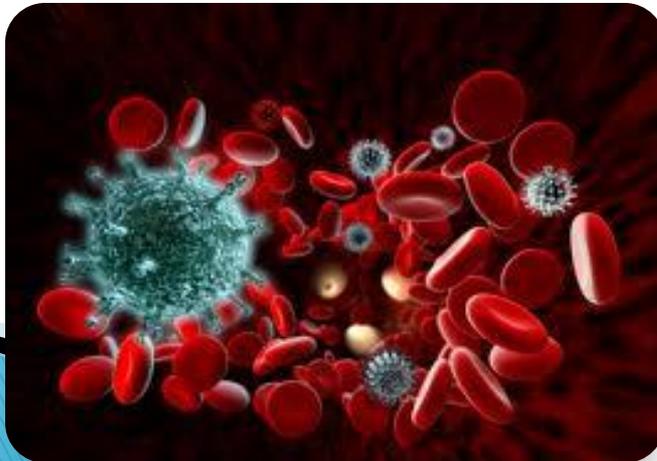
Linoleic Acid (omega-6)

# Fatty acid derivatives

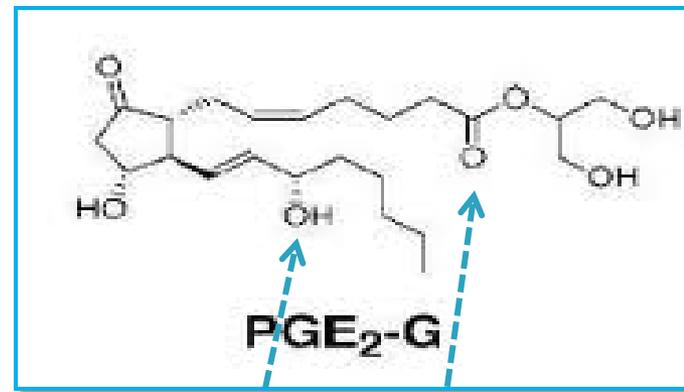


## Eicosanoids:

- ▶ Derivative of 20 carbon arachidonic acid (20:4,  $\Delta^{5,8,11,14}$ )
- ▶ Greek 'Eikosi' means 'twenty' and as these derivatives came from a 20 carbon fatty acid so they are called 'Eicosanoids'
- ▶ They exert hormone-like activities on various tissues in which they are produced
- ▶ There are **THREE** major classes of eicosanoids:
  1. Prostaglandins (PG)
  2. Thromboxanes (TX)
  3. Leukotrienes (LT)



# Fatty acid derivatives



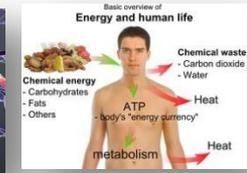
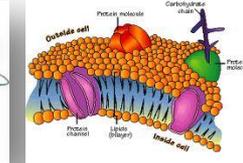
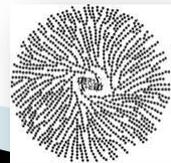
## 1. Prostaglandins (PG):

### Synthesis:

- **Synthesize in the all mammalian cells except Red Blood Cell (RBC)**
- **Prostaglandin synthesis has been recorded in crustaceans, insects, amphibians, fish, and mammals but not in prokaryotes and lower class eukaryotes such as yeast**
- **These circulating hormones are not stored (unlike insulin) but produced within 10-30 seconds after a stimuli**

### Chemistry:

- **These hormones contain diverse groups such as keto ( $=C=O$ ), carboxyl ( $-COOH$ ), hydroxyl ( $-OH$ ) which are found on the side chain or cyclopentane ring in the structure and double bonds are in trans configuration.**



# Prostaglandins (PG)



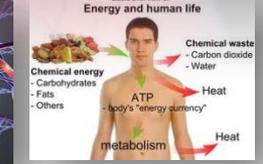
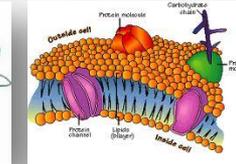
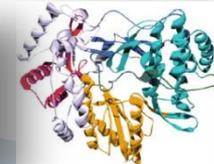
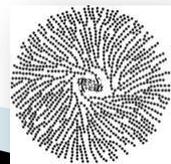
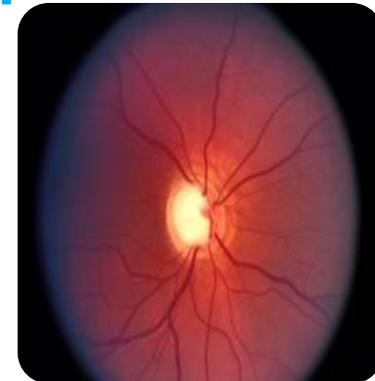
## Effects:

- **Physiological effects of prostaglandins are confusing**
- **Usually they work as a natural mediator of fever, pains and inflammation such as- arthritis, skin or eyes inflammations etc.**
- **Release of prostaglandins in eyes after eye inflammation can increase vascular permeability and intraocular pressure**

**(These effects are blocked by corticosteroid or anti-inflammatory drugs which inhibit PG synthesis)**

## Functions:

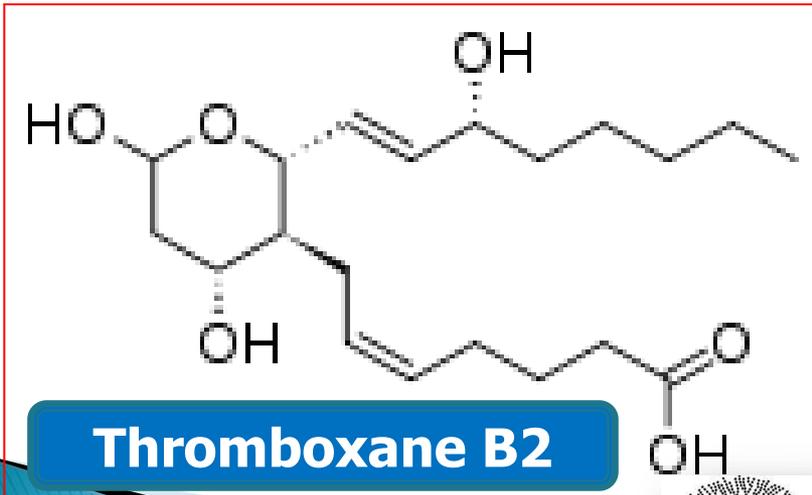
- ▶ **Water retention, ion transport and BP regulation**
- ▶ **Low tropical dose of some PGs to treat GLUCOMA**



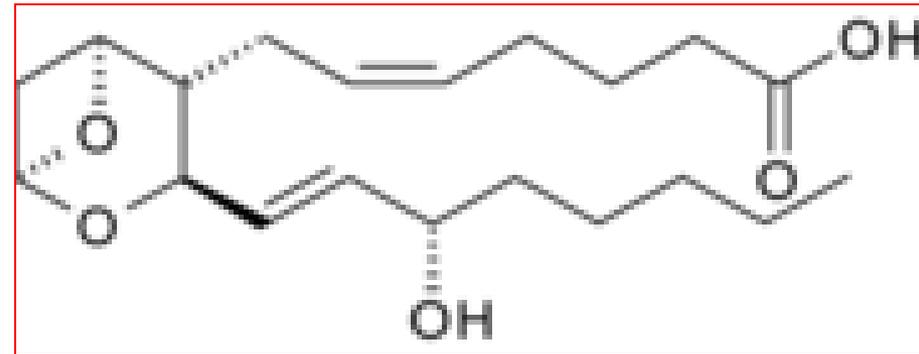
# Thromboxane (TX)



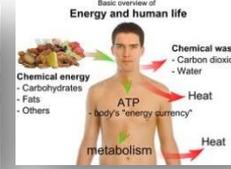
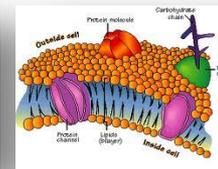
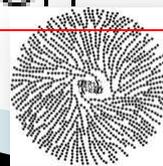
- ▶ First isolated from **blood platelets** and also called **thrombocyte**
- ▶ Name came from the term 'thrombosis' and abbreviation is TX (such as TXA<sub>2</sub>, TXB<sub>2</sub>)
- ▶ Has a **six-membered ring** containing an ether
- ▶ The letter after TX denotes the nature of oxygen containing **six-membered ring** and number after that denotes the **number of double bonds**



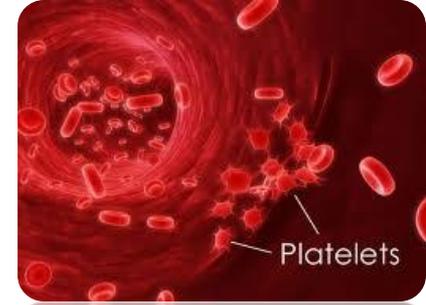
Thromboxane B<sub>2</sub>



Thromboxane A<sub>2</sub>

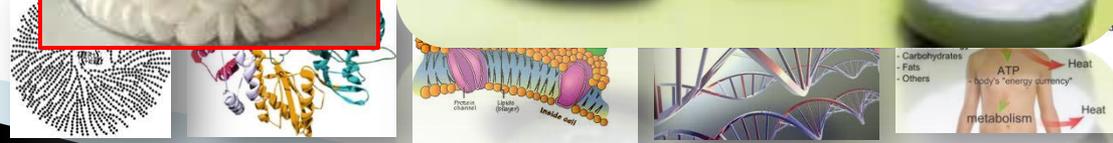


# Thromboxane (TX)



## Functions:

- ▶ Produced by platelets and act in the formation of blood clots
- ▶ Reduction of blood flow to the site of blood clot
- ▶ (Aspirin or aspirin type drugs, which reduce or block the synthesis of thromboxanes, are usually used to relieve from this kind of intravascular thrombosis)

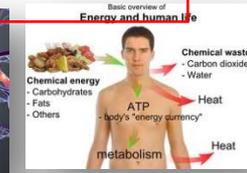
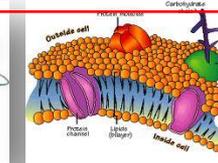
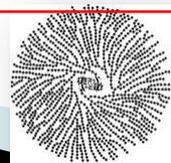
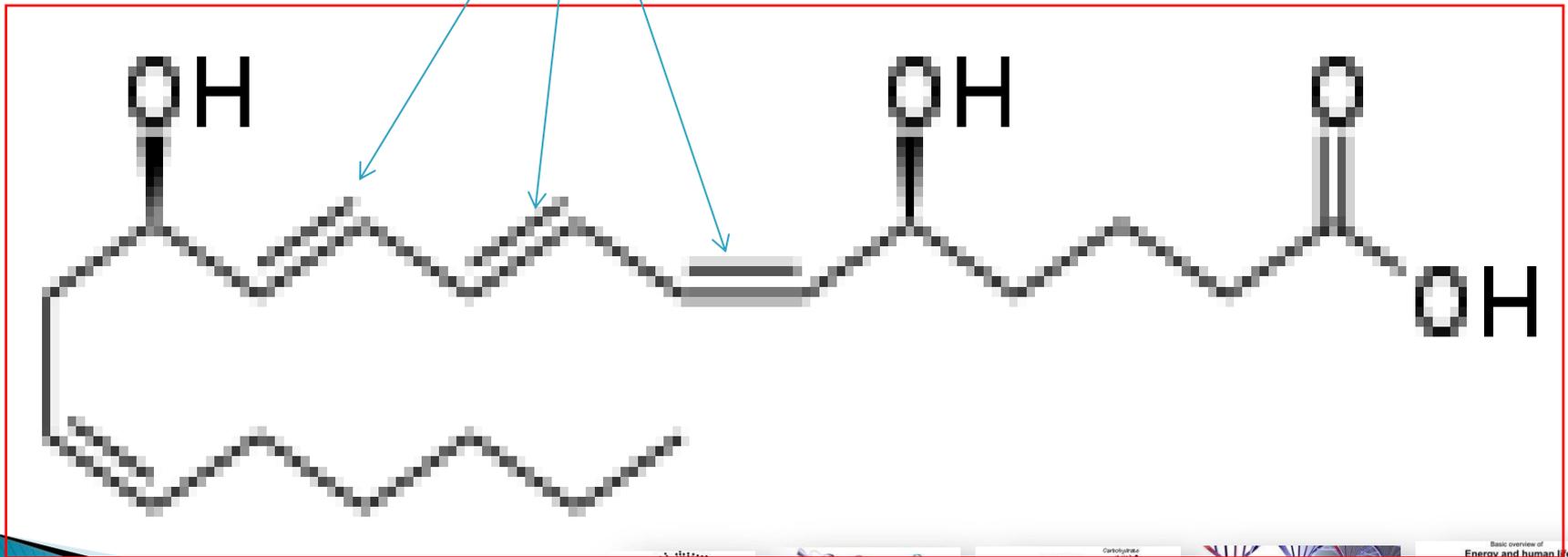


# Leukotrienes (LT)



## Nomenclature and Chemistry:

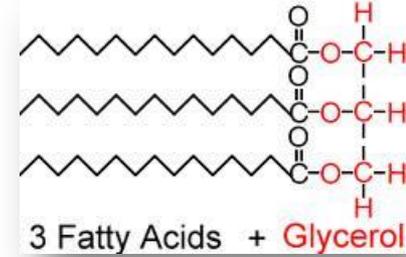
- ▶ Found in the White Blood Cells (WBC) or leukocytes and contains **THREE conjugated double bonds** so they are called leukotrienes
- ▶ Derived from arachidonic acid (20:4) & synthesized by several oxidase & lipoxygenase (LOX)







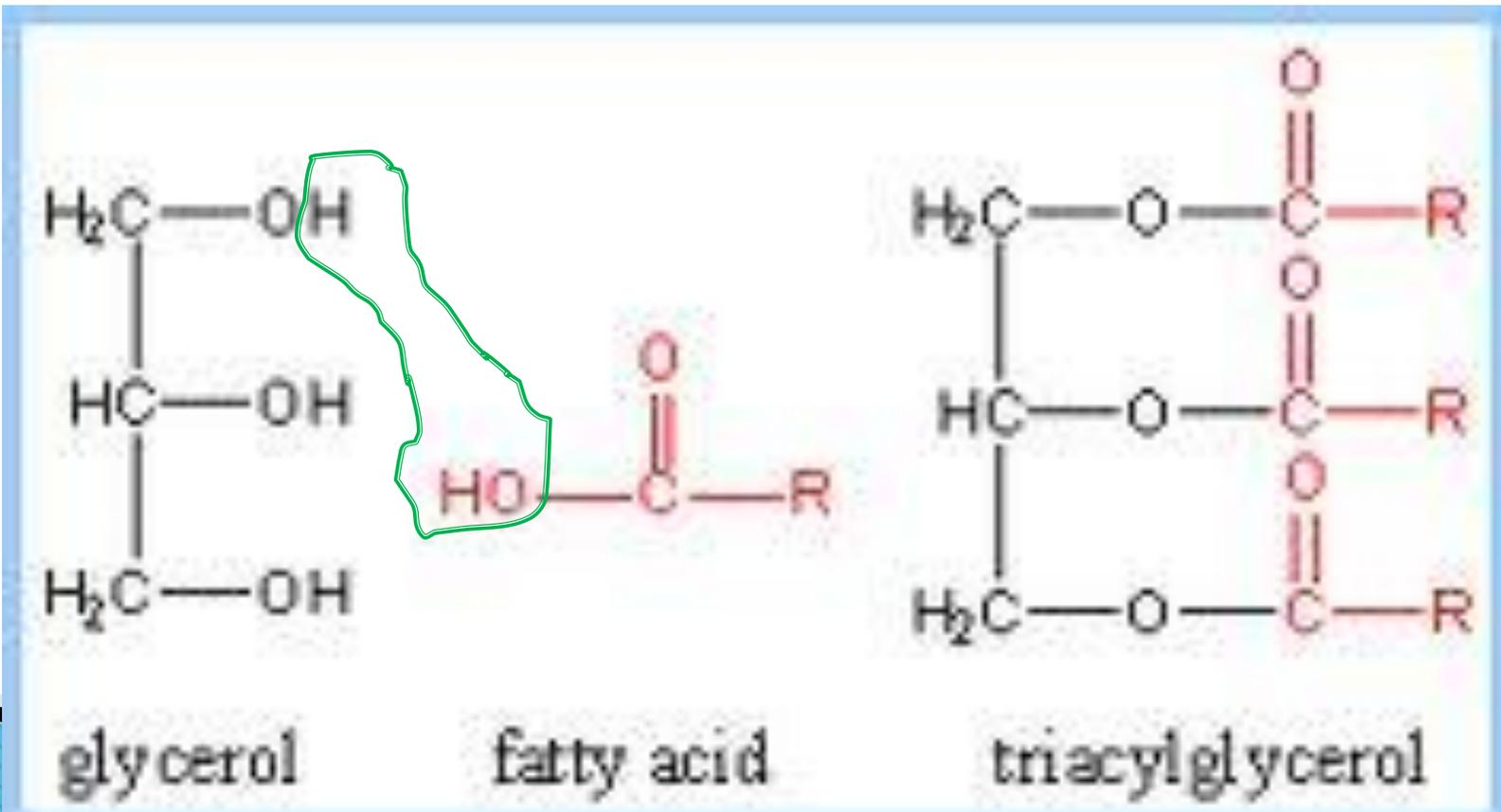
# Classification of lipids?



## 2. Esters of fatty acids & glycerol (Glycerides, phospholipids):

### Chemistry:

- ▶ Ester of fatty acids and tri-hydric alcohols (glycerol)
- ▶ They form this neutral lipids by esterification reaction



# Neutral lipids?



## Nomenclature:

- ▶ The product can be named as acylglycerol or glyceride such as monoacylglycerol or monoglyceride
- ▶ **Mono-, di- and tri-** are used based on the number of fatty acids are esterified with the tri-hydric alcohol
- ▶ Number of carbons, where fatty acid molecules are added into the tri-hydric alcohol, are also used before the name of these lipids such as **1-Monoacylglycerol**, **2-Monoacylglycerol**, **1,3-Diacylglycerol** etc.

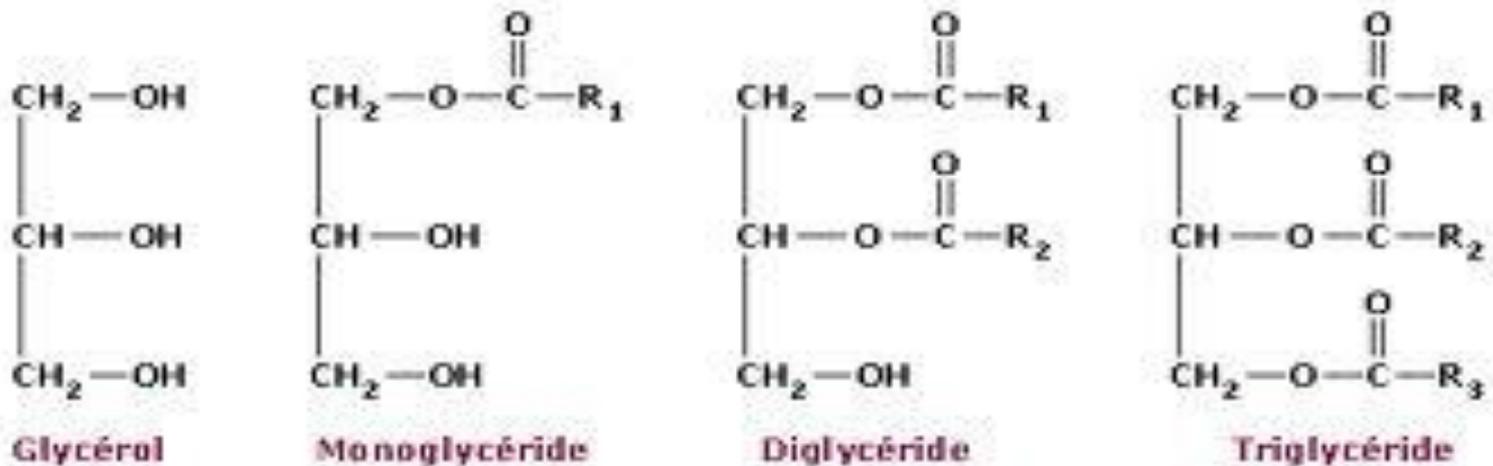
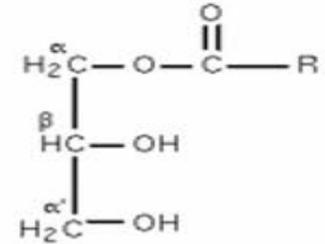


Figure 4 : Glycérides

# Classification of neutral lipids?

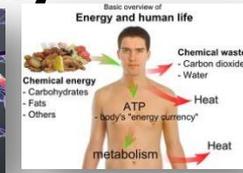
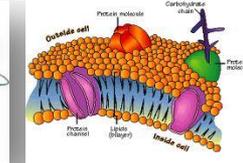
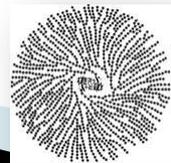
Based on the number of fatty acids esterified with the trihydric alcohol, neutral lipids are classified into three classes:

- i) Monoacylglycerol or Monoglyceride
- ii) Diacylglycerol or Diglyceride
- iii) Triacylglycerol or Triglyceride



## i) Monoacylglycerol or monoglyceride (MG):

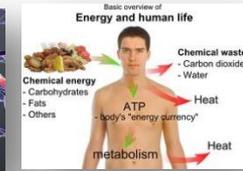
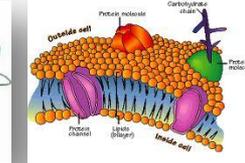
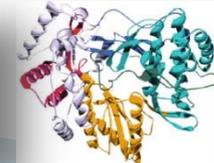
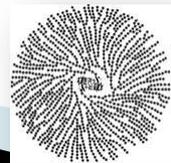
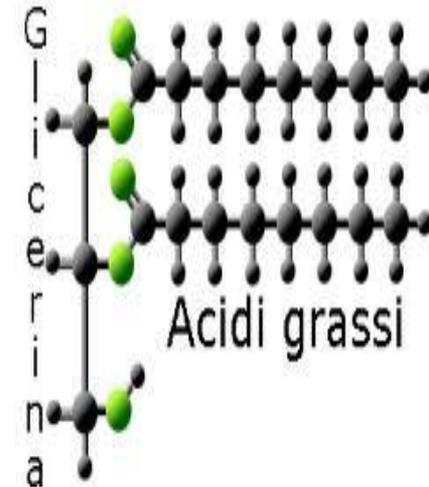
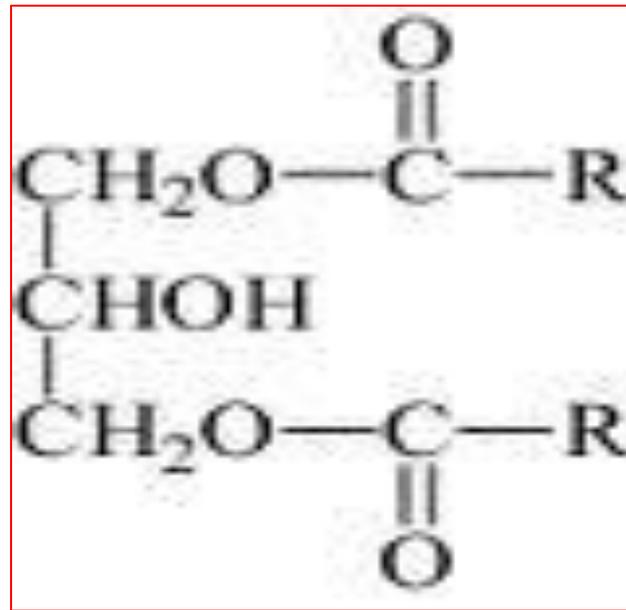
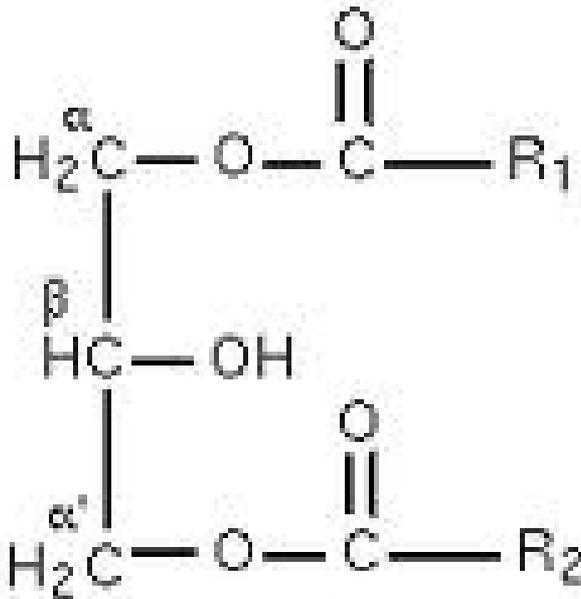
- ▶ When only one fatty acid molecule esterified with the anyone of the carbons of tri-hydric alcohol is called monoacylglycerol or monoglyceride such as 1, 2, or 3-Monoacylglycerol or 1,2, or 3-Monoglyceride
- ▶ The hydroxyl (-OH) groups present in the carbon number 1, 2 and 3 are called primary, secondary and tertiary hydroxyl groups and their respective carbons are called  $\alpha$ ,  $\beta$ , and  $\gamma$  carbon
- ▶ So, if a fatty acid molecule esterified with the carbon-1, 2 or 3 that is also called  $\alpha$ ,  $\beta$ , or  $\gamma$ -monoglyceride respectively



# Classification of neutral lipids?

## ii) Diacylglycerol (DAG) or diglyceride (DG):

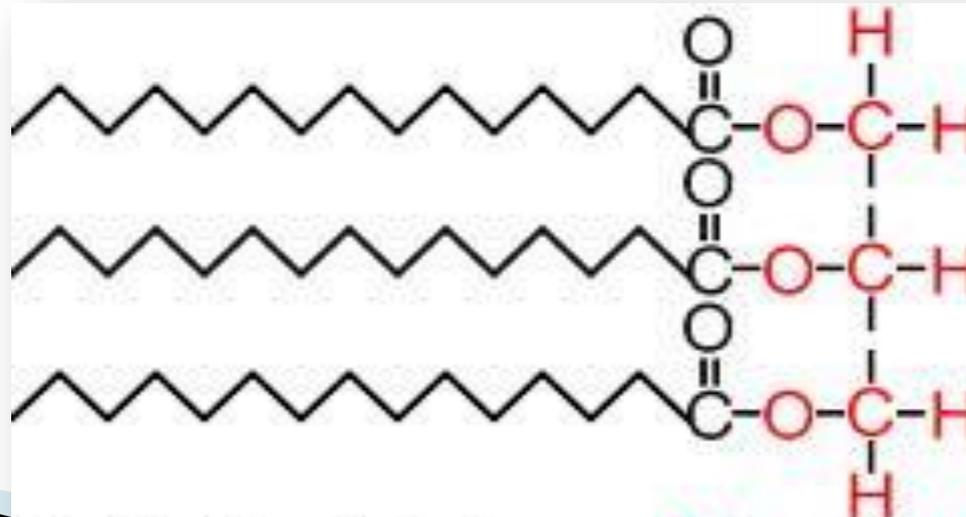
- ▶ When two fatty acid molecules are esterified with any two carbons of tri-hydric alcohol is called diacylglycerol or diglyceride such as 1,3-diacylglycerol or 1,3-diglyceride
- ▶ Two fatty acid molecules may or may not be the same



# Classification of neutral lipids?

## iii) Triacylglycerol (TAG) or triglyceride (TG):

- ▶ When three different or same fatty acid molecules are esterified with a tri-hydric alcohol that is called triacylglycerol or triglyceride
- ▶ This is the most widely available neutral lipid in the animal system (95% of the total lipid in our body)
- ▶ Animal fats are mostly consist of esters of palmitic, stearic, palmitoleic and oleic acids with glycerol



3 Fatty Acids + Glycerol

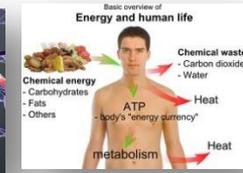
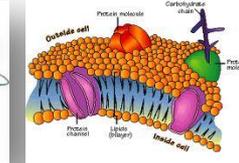
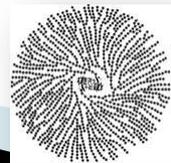


# Dark chocolate!

## ▶ Good for the heart

▶ It might seem too good to be true, but dark chocolate is good for you and scientists now know why.

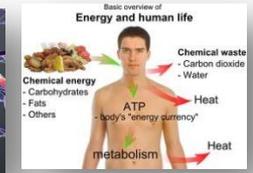
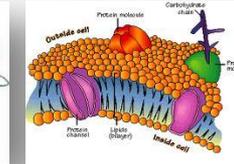
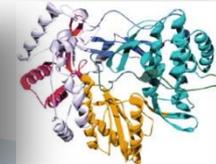
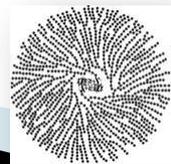
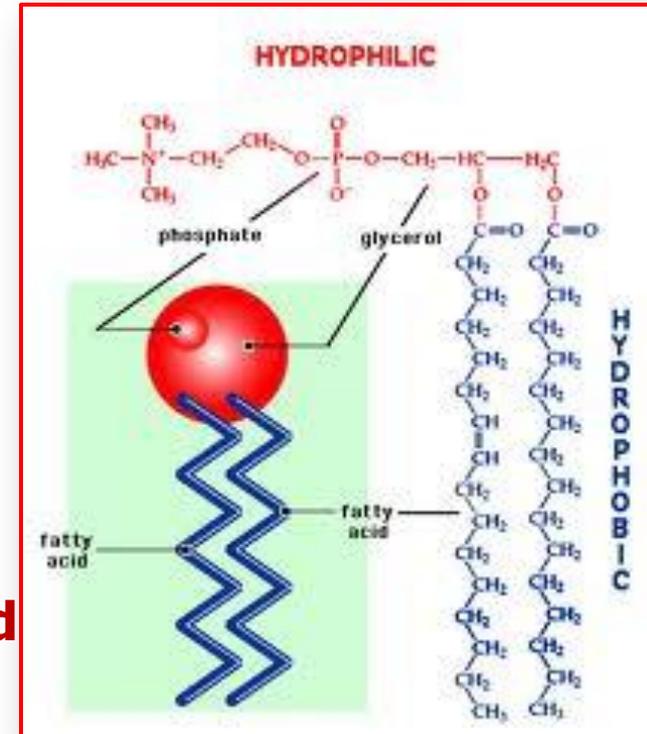
**Dark chocolate helps restore flexibility to arteries while also preventing white blood cells from sticking to the walls of blood vessels.** Both arterial stiffness and white blood cell adhesion are known factors that play a significant role in atherosclerosis. What's more, the scientists also found that **increasing the flavanol content of dark chocolate did not change this effect.** *Federation of American Societies for Experimental Biology (27 Feb, 2014)*



# Classification of lipids?

## Phospholipids:

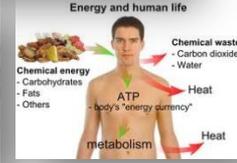
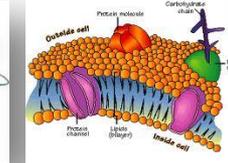
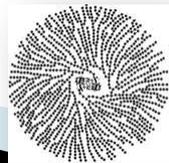
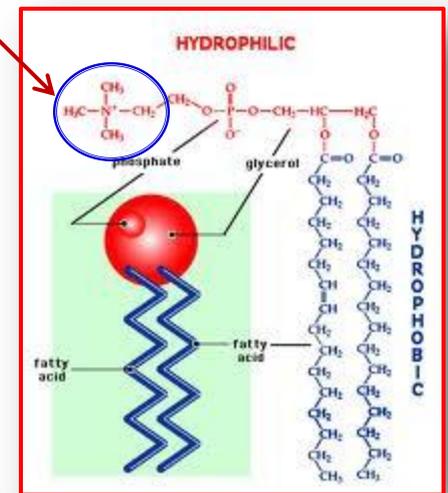
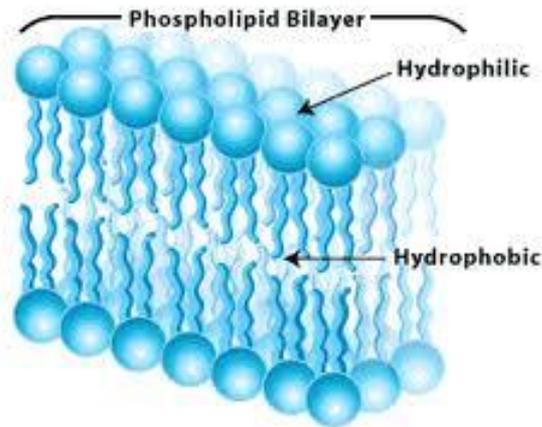
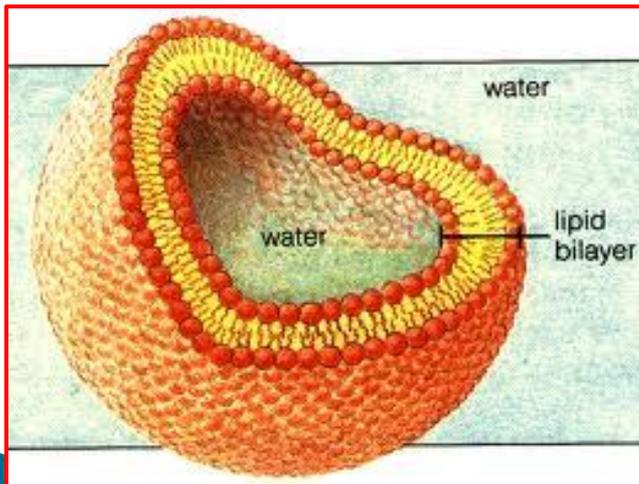
- ▶ Phospholipids are the ionic esters of
  - glycerol
  - fatty acid
  - phosphoric acid and
  - a base
- ▶ They have a polar head and a non-polar part in their structure so they are **AMPHIPATHIC** in nature
- ▶ Generally **saturated fatty acids esterified with the carbon 1 & 2 and unsaturated fatty acids with carbon 2** of glycerol molecule
- ▶ Phosphoric acid binds with the hydroxyl group of carbon 3 and a base is linked with the phosphoric acid molecule



# Class of Phospholipids?

## Lecithin:

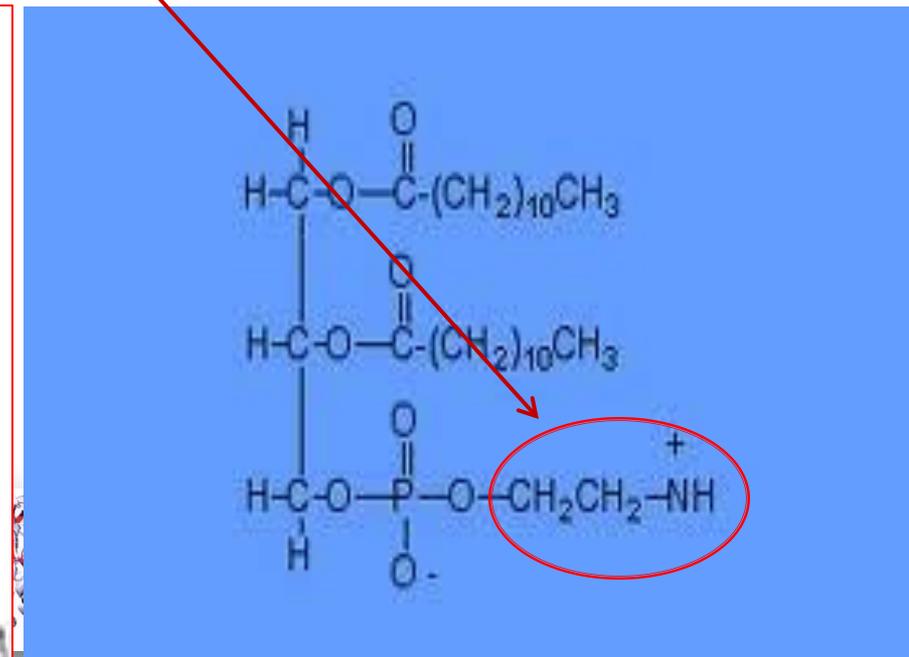
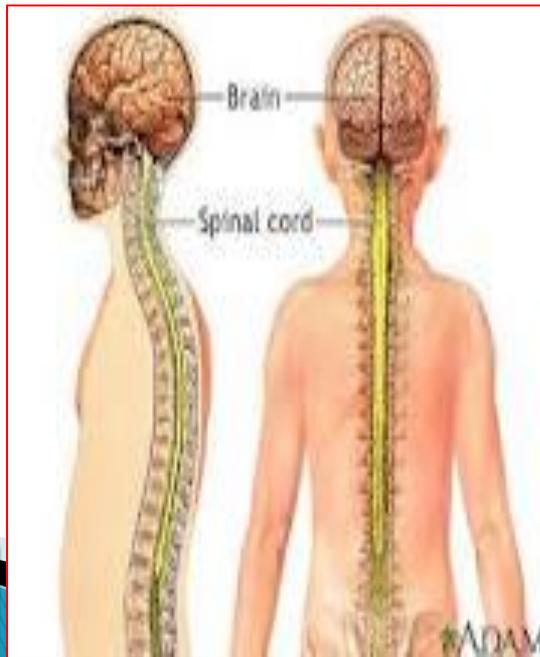
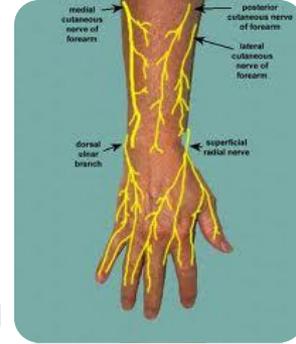
- ▶ Although triglycerides are most abundant lipids in animals and plants but they are **not found in biological membranes.**
- ▶ Lecithin is the most abundant lipids in **biological membranes and lipoproteins of animals and plants.**
- ▶ The name and function of the phospholipids are different mainly based on the types of the base.
- ▶ Example- Lecithin is called **Phosphatidylcholin**



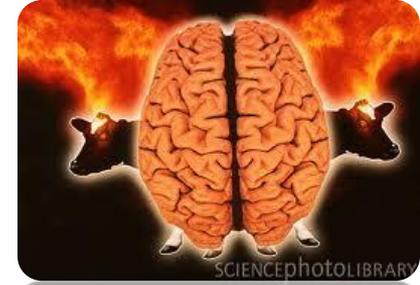
# Class of Phospholipids?

## Cephalin:

- ▶ Less abundant than Lecithins in the biological system
- ▶ Present mainly in the central nervous system e.g. white matter of brain, spinal cord, neural tissues and nerves.
- ▶ Whereas lecithin is the principal phospholipid in animals, cephalin is the principal one in bacteria.
- ▶ Contains an ethanolamine base in their structure
- ▶ Chemically called **phosphatidyl ethanolamine**

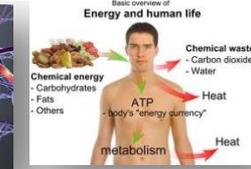
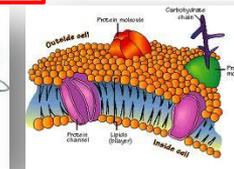
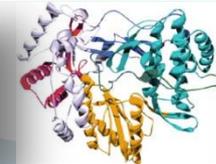
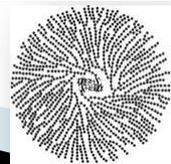
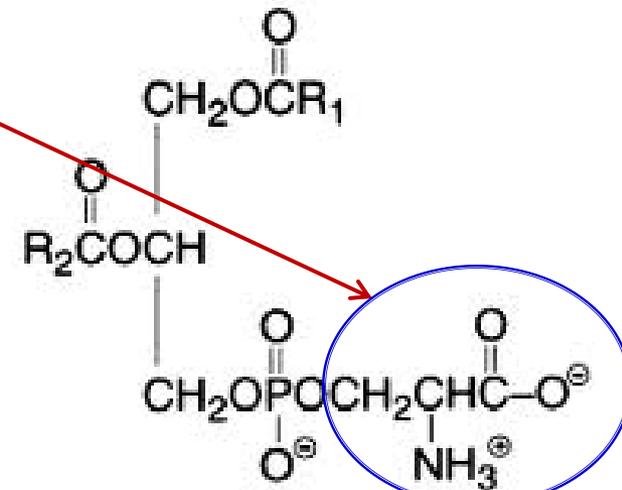
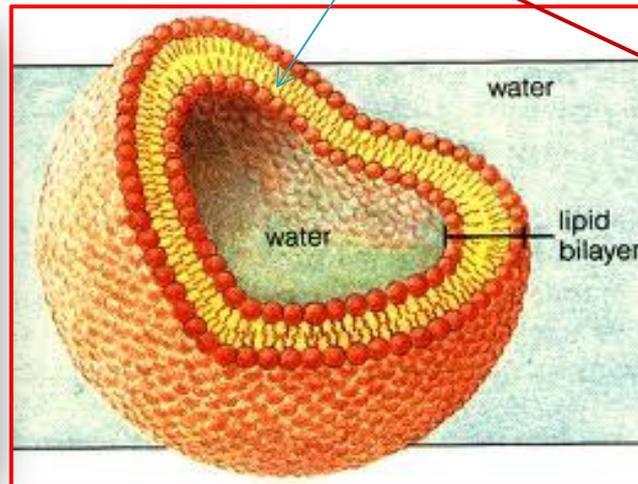


# Class of phospholipids?



## Phosphatidylserine:

- ▶ Originally isolated from bovine brain but now-a-days isolating from soybean although they are not exactly the same
- ▶ Present in the inner side of cell membrane and beneficial to quickly recover from sports or exercise related injury
- ▶ Contains a serin amino acid as a base in their structure so they are called **phosphatidyl serine**

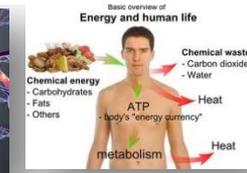
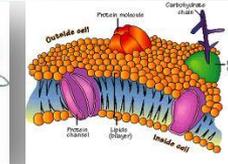
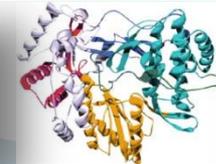
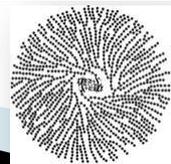
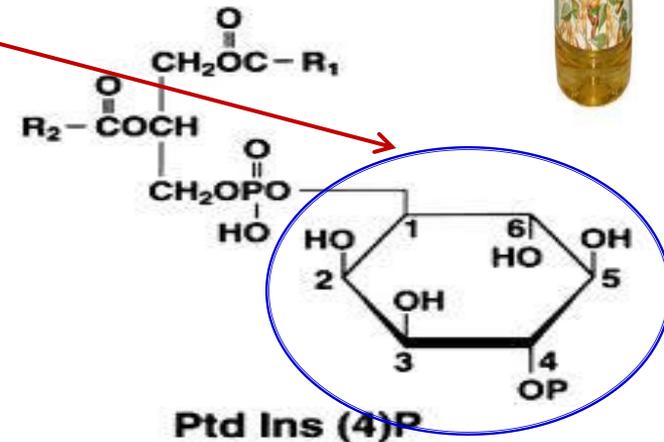
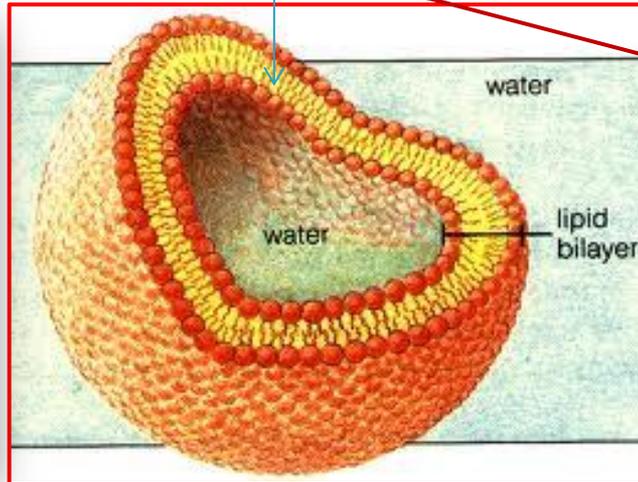


# Class of phospholipids?



## Lipositols (Phosphatidyl inositol):

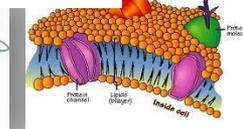
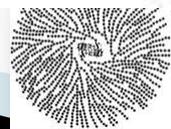
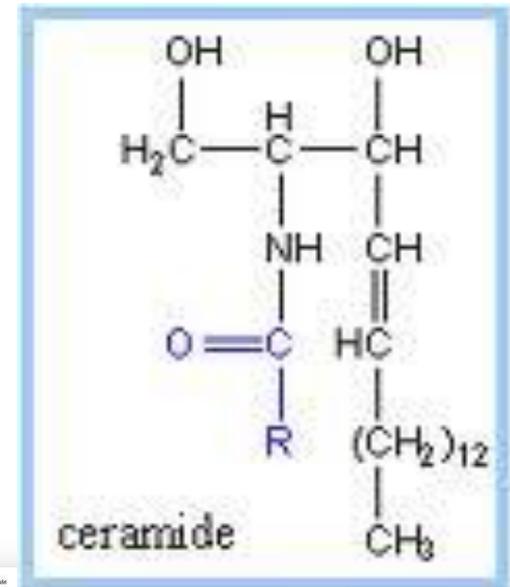
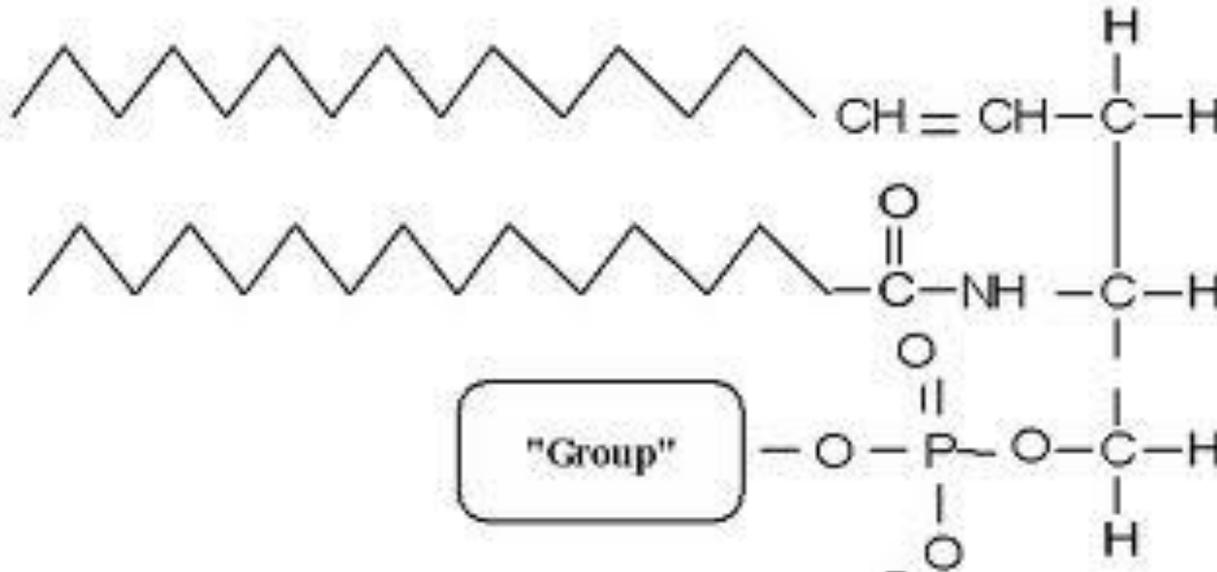
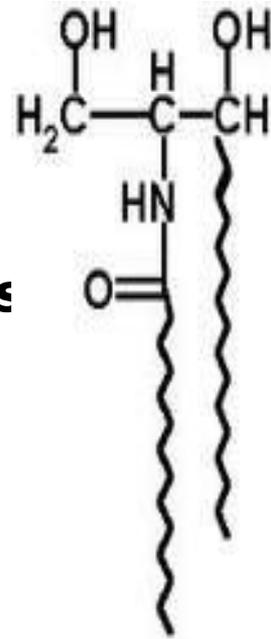
- ▶ Widely distributed in brain tissue, bacteria and soybean oil
- ▶ Present in the inner side of cell membrane
- ▶ Phosphorylated forms of phosphatidylinositol are called phosphoinositides and play important roles in lipid signaling, cell signaling and membrane trafficking.
- ▶ Contains a myo-inositol (a sugar alcohol) as a base so it is called phosphatidyl inositol



# Classification of lipids?

## 3. Lipids without glycerol (Sphingolipids):

- ▶ These lipids are also the major membrane components
- ▶ Most sphingolipids are the derivatives of C<sub>18</sub> amino alcohols or sphingosine, whose double bond has the trans configuration
- ▶ N-Acetyl derivatives of sphingosine are known as CERAMIDE

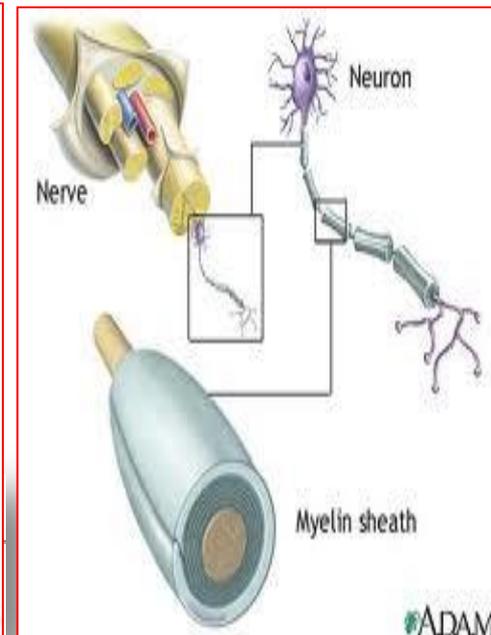
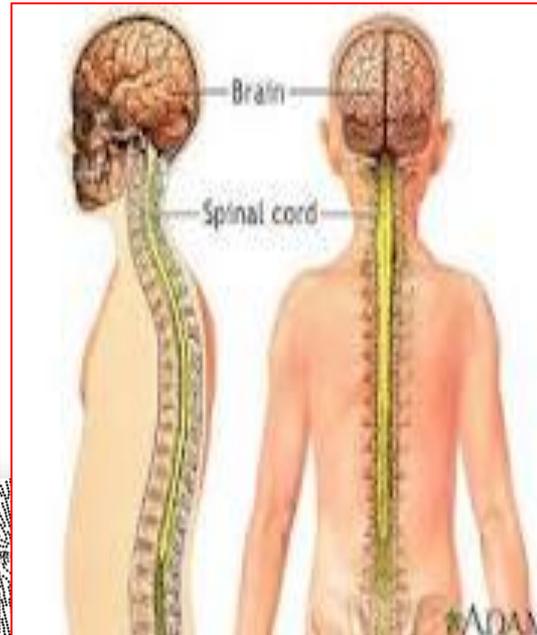
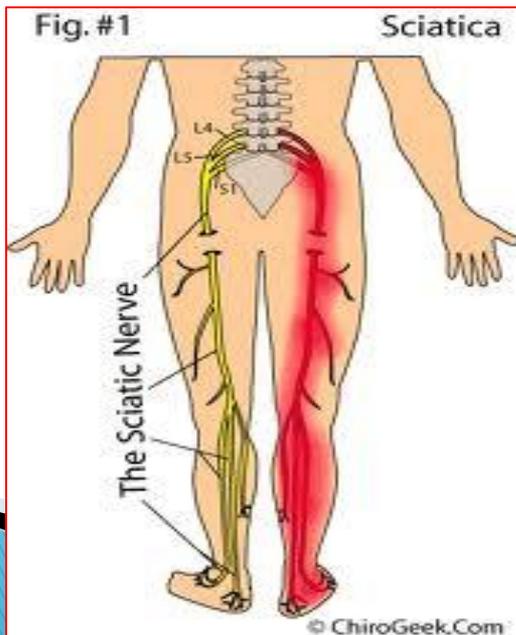
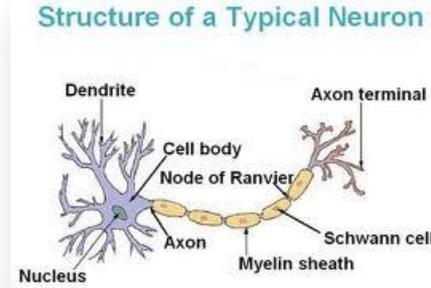




# Sphingolipids?

## Sphingomyelin:

- ▶ It is a phosphoryl choline derivative of ceramide
- ▶ Mainly located in the nerve tissues but also found in blood (lipo-proteins)
- ▶ They are abundant in the myelin sheath, a protective multilayer for insulation of cells of central nervous system
- ▶ Also located in the nerve of the spinal cord
- ▶ They accounts for up to 25% of total lipid in human myelin

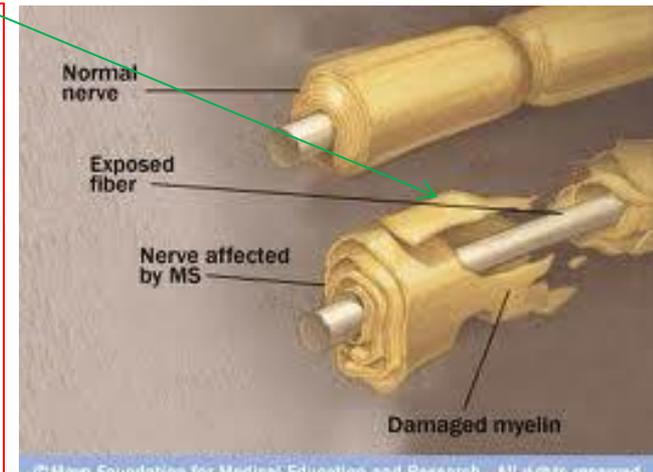
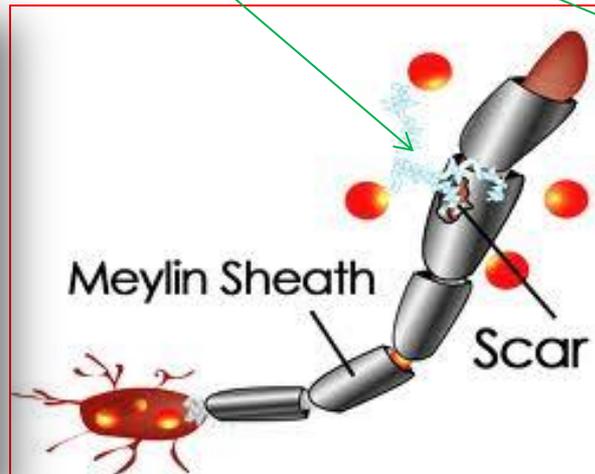
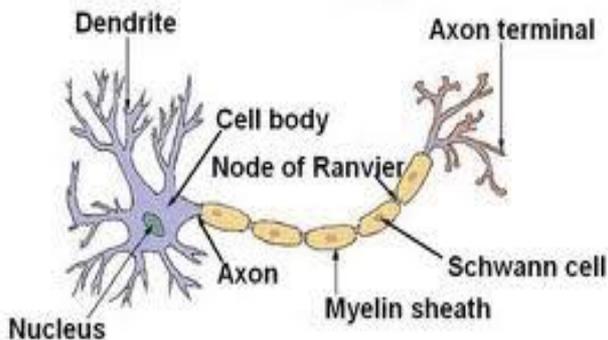


# Clinical correlation - Sphingomyeline

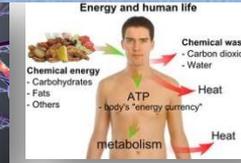
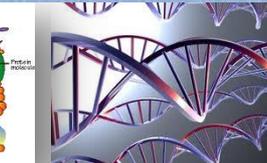
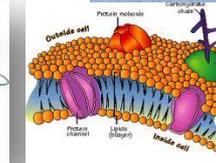
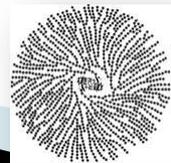
## Multiple sclerosis:

- ▶ It's an auto immune disease when immune system attacks the central nervous system and leading to **plaques and lesions formation in the myelin sheath followed by demyelination**
- ▶ **Prevalent in young adults and more common in females**
- ▶ The rate prevalence of this disease is **2-150 / 100 000 persons**

### Structure of a Typical Neuron



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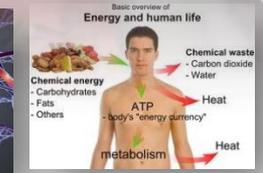
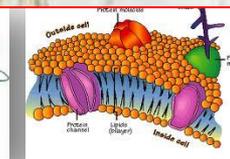
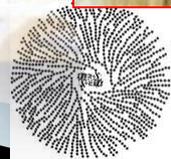
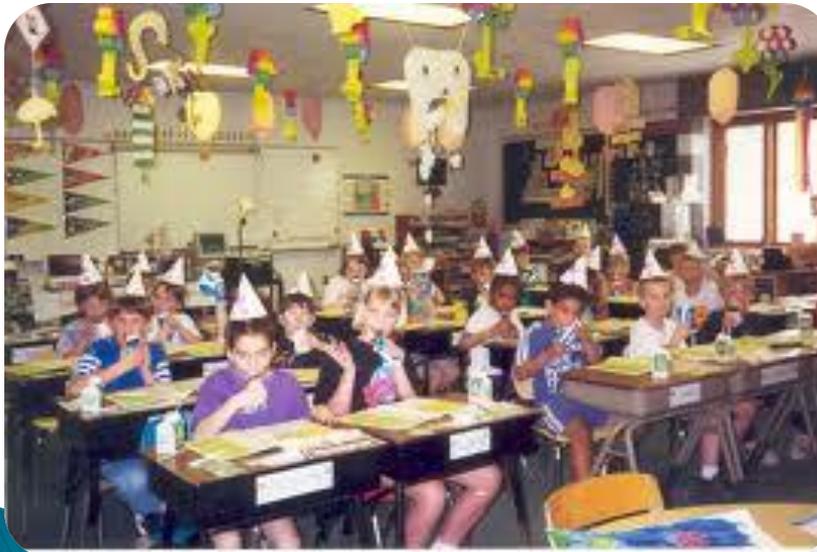


# Multiple sclerosis



## Symptoms:

- ▶ **Fatigue, depression, cognitive impairment, unstable mood**
- ▶ **Lack of co-ordination, speech and vision problem**
- ▶ **Muscular weakness, pains, loss of sensation**
- ▶ **Abdominal discomfort, diarrhoea, constipation**
- ▶ **Irregular frequency of urination**
- ▶ **Involuntary movements of eye balls**



# Multiple sclerosis

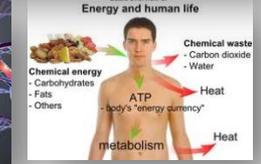
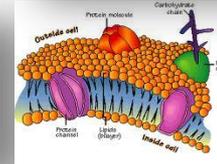
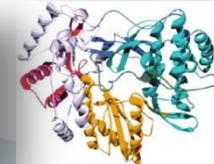
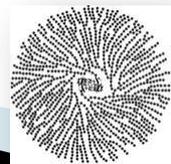
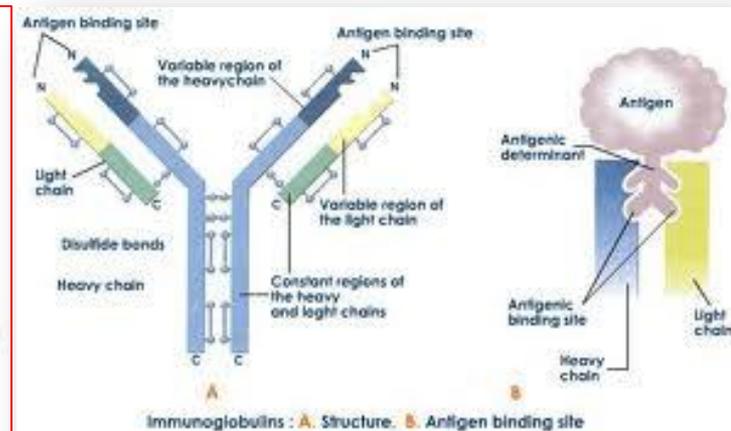
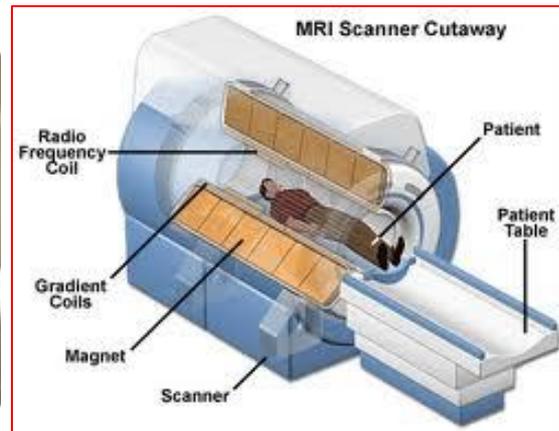
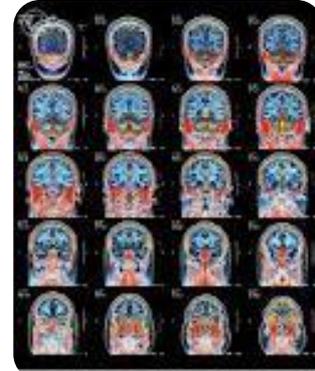


## Diagnosis:

- ▶ Plaques or lesions in the white matter of the central nervous system and spinal cord can be detected by **Magnetic Resonance Imaging (MRI)**

## Treatments:

- ▶ No specific treatment is available
- ▶ Several countries started to treat with various immune suppressors such as Interferon Beta 1a (IFN $\beta$ -1a) and IFN $\beta$ -1b

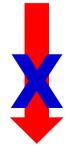


# Clinical correlation - Sphingomyeline

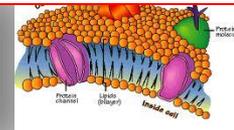
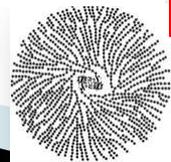
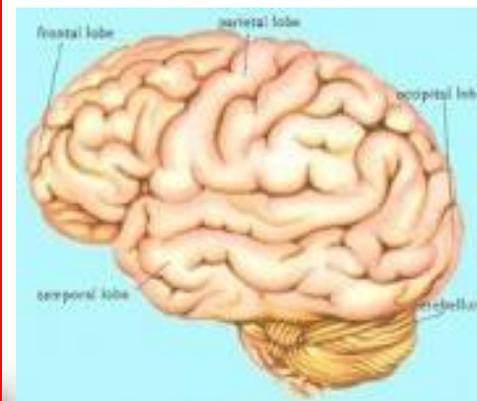
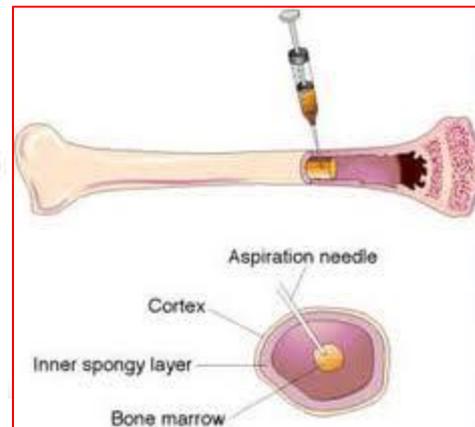
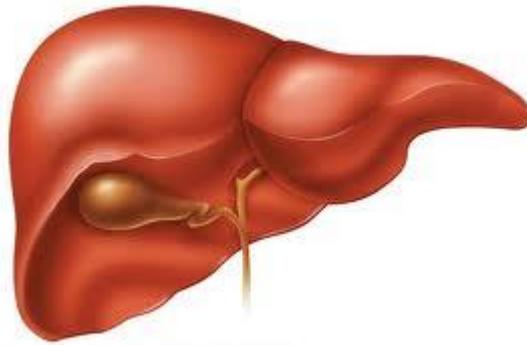
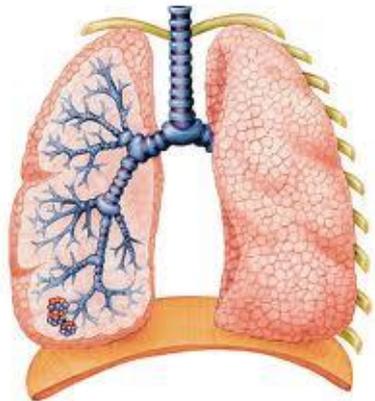
## Niemann Pick Disease:

- ▶ Sphingomyelins are hydrolyzed by an enzyme named **sphingomyelinase** to form a ceramide and phosphoryl choline
- ▶ Due to the inherited absence of this enzyme unused or extra lipids are deposited in our body what is called Niemann Pick Disease, a **Lipid Storage Disease**
- ▶ Lipid-laden cells (**Foam cells**) store in the lung, liver, bone marrow and brain which cause the enlargement of those organs

Sphingomyelin



Ceramide +  
Cholin -P



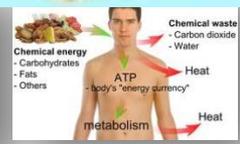
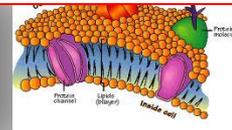
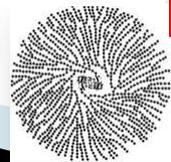
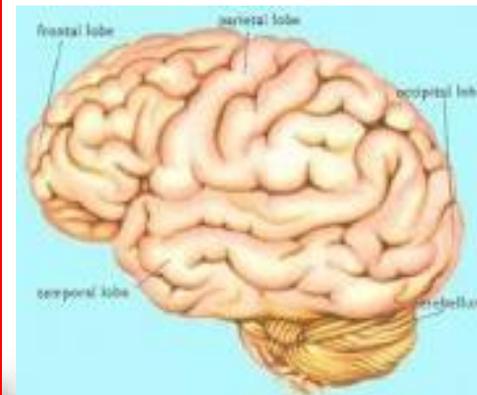
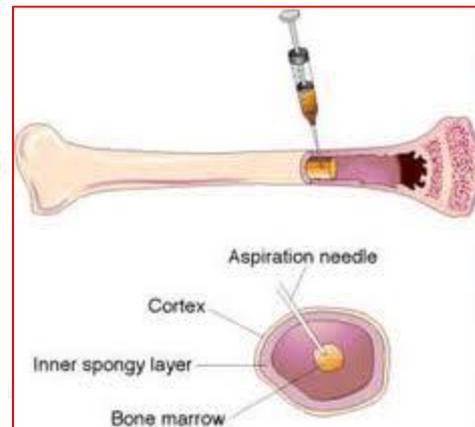
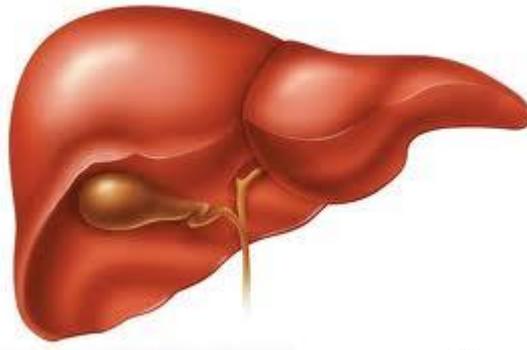
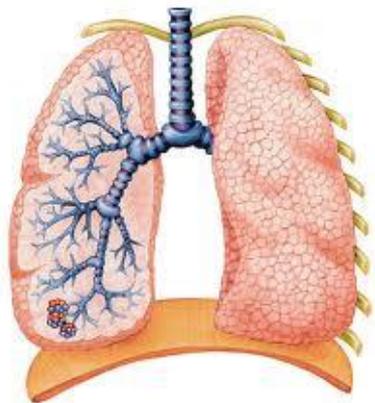
# Clinical correlation - Sphingomyeline

## Symptoms:

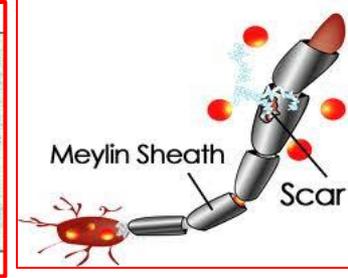
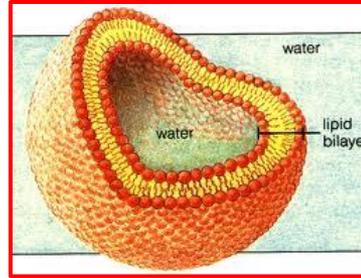
- ▶ Swelling of endothelial, mesenchymal and parenchymal cells of liver, lung, brain, bone marrow and spleen.
- ▶ Mental retardation, early death.

## Treatments:

- ▶ No specific treatment. Organ transplantation, enzyme replacement and gene therapy are possible ways.



# Glycolipids



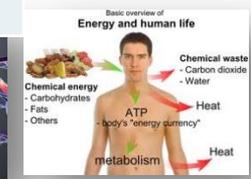
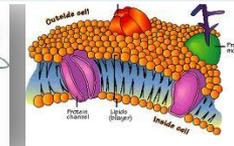
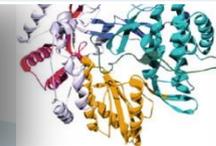
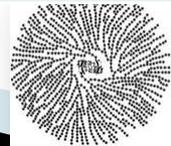
## Combination of carbohydrate and lipid:

- ▶ Normally present in the **outer surface of the cell membrane**
- ▶ They are also present in the myeline sheath of central nervous system and spinal cord

## Classification:

- ▶ Based on the chemical structure, Glycolipids are classified into two major and several sub-classes:

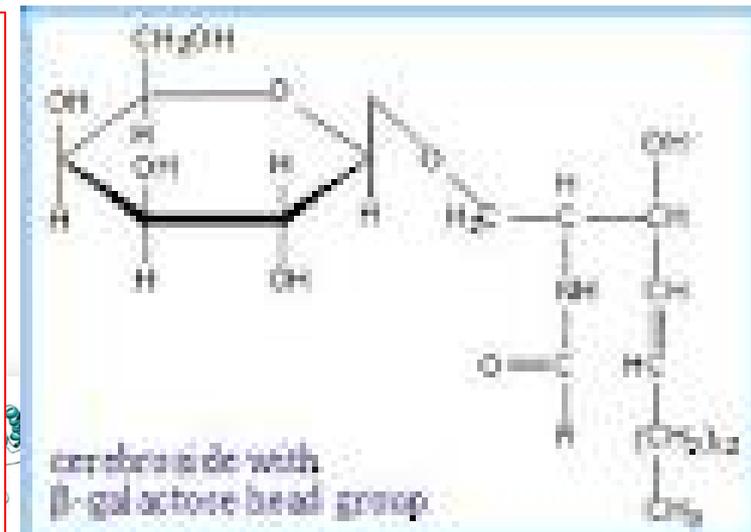
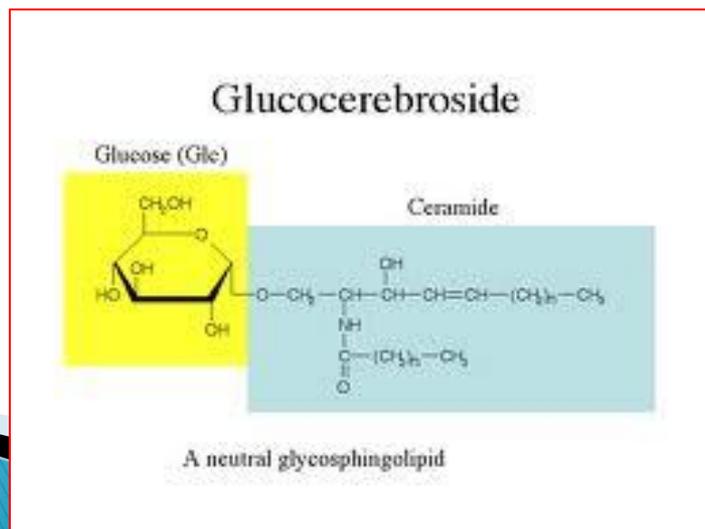
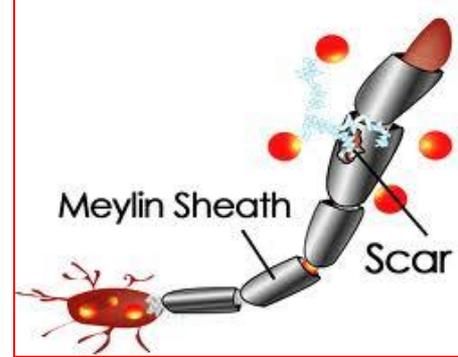
Glyceroglycolipids	Glycosphingolipids
<ul style="list-style-type: none"> <li>i. Galactolipids</li> <li>ii. Sulfolipids</li> </ul>	<ul style="list-style-type: none"> <li>i. Cerebrosides                             <ul style="list-style-type: none"> <li>- Glucocerebrosides</li> <li>- Galactocerebrosides</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>a. Gangliosides</li> <li>b. Globosides</li> <li>c. Sulfatides</li> <li>d. Glycosphosphosphingolipids</li> </ul>	



# Glycolipids

## Cerebrosides:

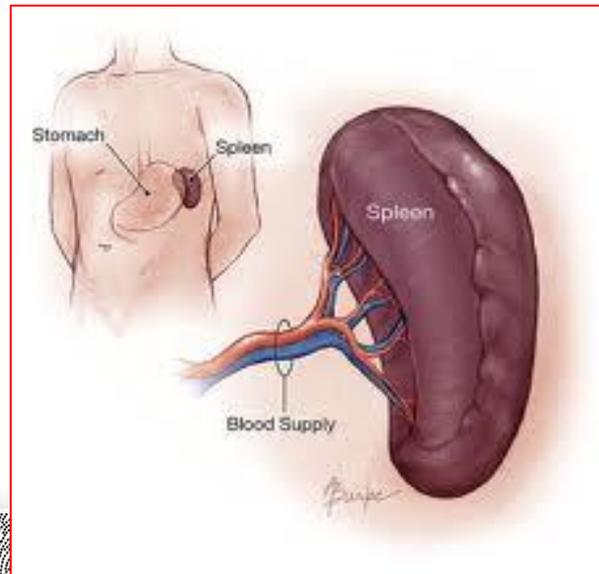
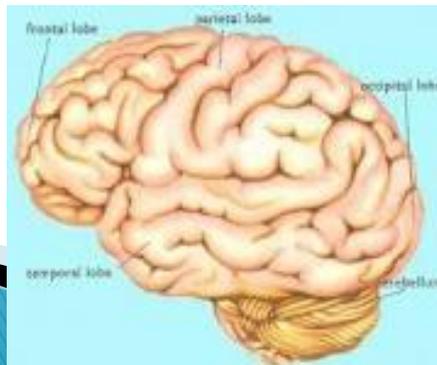
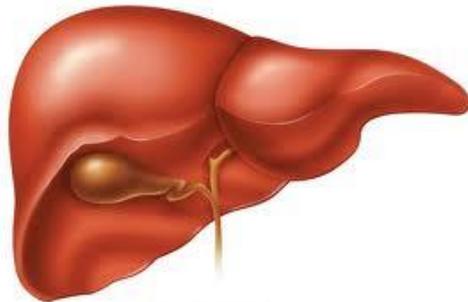
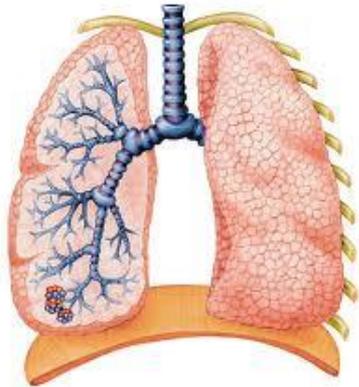
- ▶ Most abundant in the **myelin sheath of nerves**
- ▶ These are mainly a combination of ceramide and monosaccharides
- ▶ The C<sub>1</sub> of monosaccharide linked with the C<sub>1</sub> of ceramide in a **β-linkage** fashion
- ▶ **Based on the type of monosaccharides attached with the ceramide, cerebrosides are classified into two sub-classes:**
  - **Glucocerebroside**
  - **Galactocerebrosides**



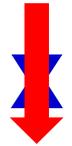
# Clinical correlation - cerebrosides

## Gauchers Disease

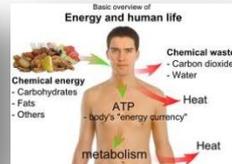
- ▶ A lipid storage disease and almost like Niemann Pick Disease
- ▶ Due to inherited deficiency of **glucocerebrosidase enzyme**, glucocerebroside cannot be broken to cerebroside and glucose as a result **these lipids are deposited in the several organs such lung, liver, spleen, brain etc.**



Glucocerebrosides



Cerebroside + Glucose



# Clinical correlation - cerebrosides

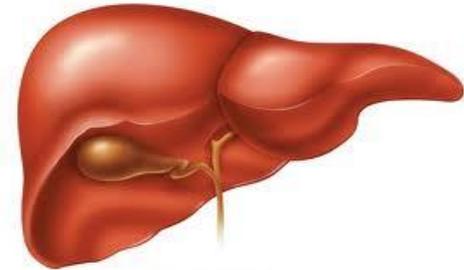
## Sign and symptoms:

**1. Megaly:** Painless hepatomegaly, splenomegaly

**2. Hypersplenism:**

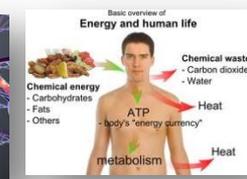
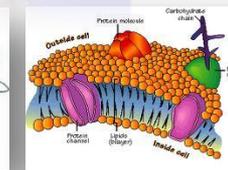
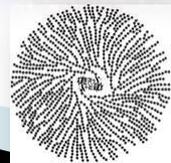
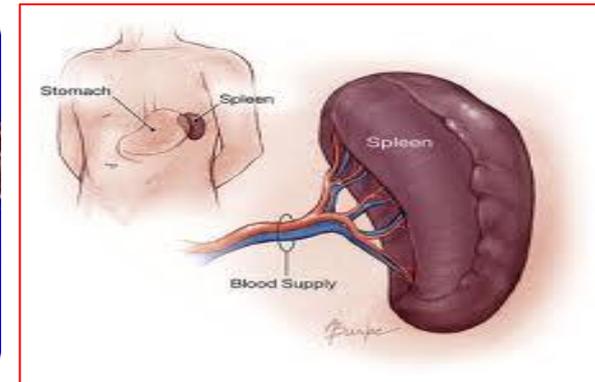
Rapid destruction of blood cells leading to anaemia, neutropenia, thrombocytopenia leading to increase risk of infection and bleeding

**3. Liver cirrhosis, mental retardation, osteoporosis, yellowish-brown skin etc.**

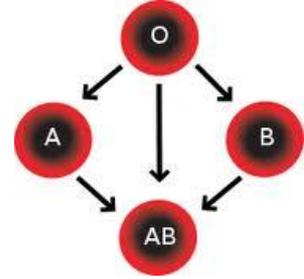


## Treatments:

- ▶ Enzyme replacement
- ▶ Organ transplantation
- ▶ Blood transfusion
- ▶ Gene therapy
- ▶ Antibiotics

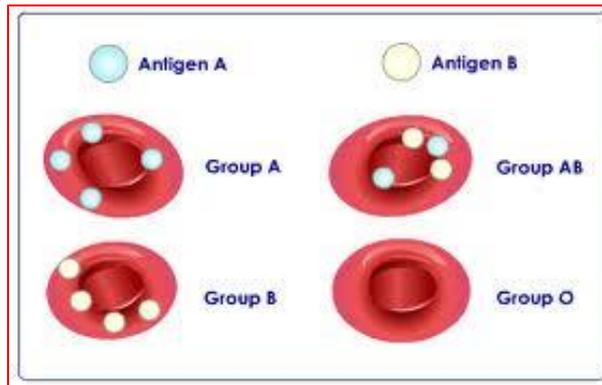
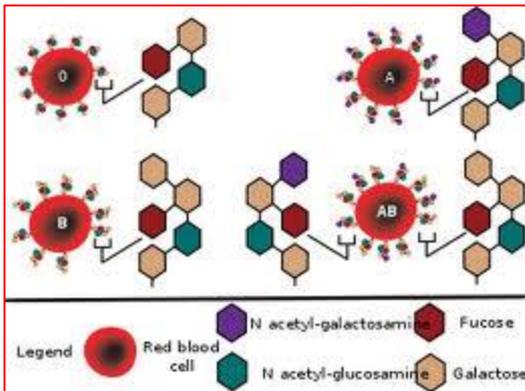


# Clinical correlation

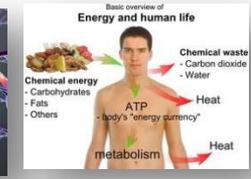
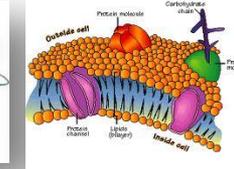
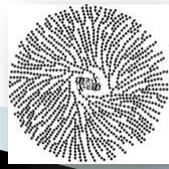


## Cerebrosides:

- ▶ Further addition of monosaccharides to glucocerebrosides converts to more complex glycosphingolipids
- ▶ For example, blood group antigens are oligosaccharides which protein or ceramide linked through their reducing end
- ▶ The different antigens have different antigenic determinants at their non-reducing end



	Group A	Group B	Group AB	Group O
Red blood cell type				
Antibodies present			None	
Antigens present	A antigen	B antigen	A and B antigens	None



# Clinical correlation - cerebrosides

## Antigen A:

Fuc  $\alpha$ 1,2 – Gal  $\beta$ 1,3 – GalNAc – Gal  $\beta$ 1,4 – Glucose  $\beta$ 1,1 - Ceramide

GalNAc  $\alpha$ 1,3

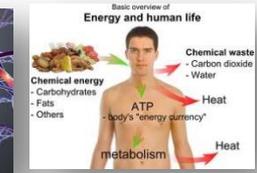
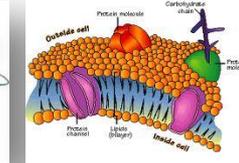
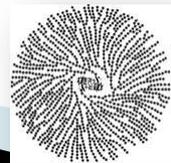
## Antigen B:

Fuc  $\alpha$ 1,2 – Gal  $\beta$ 1,3 – GalNAc – Gal  $\beta$ 1,4 – Glucose  $\beta$ 1,1 - Ceramide

Gal  $\alpha$ 1,3

## Antigen O or H:

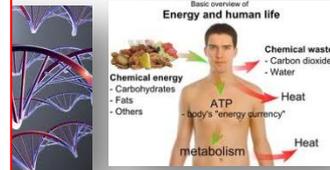
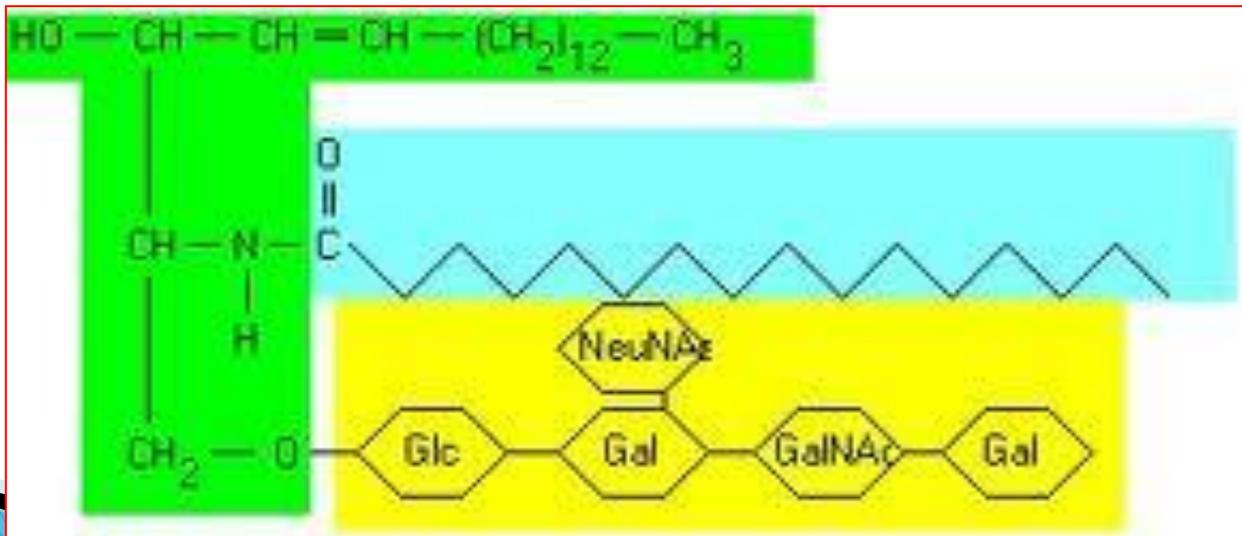
Fuc  $\alpha$ 1,2 – Gal  $\beta$ 1,3 – GalNAc – Gal  $\beta$ 1,4 – Glucose  $\beta$ 1,1 - Ceramide



# Glycolipids

## Gangliosides:

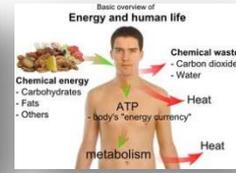
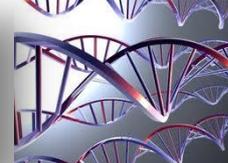
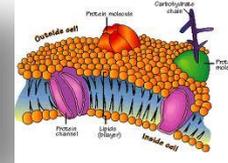
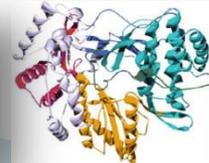
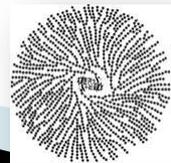
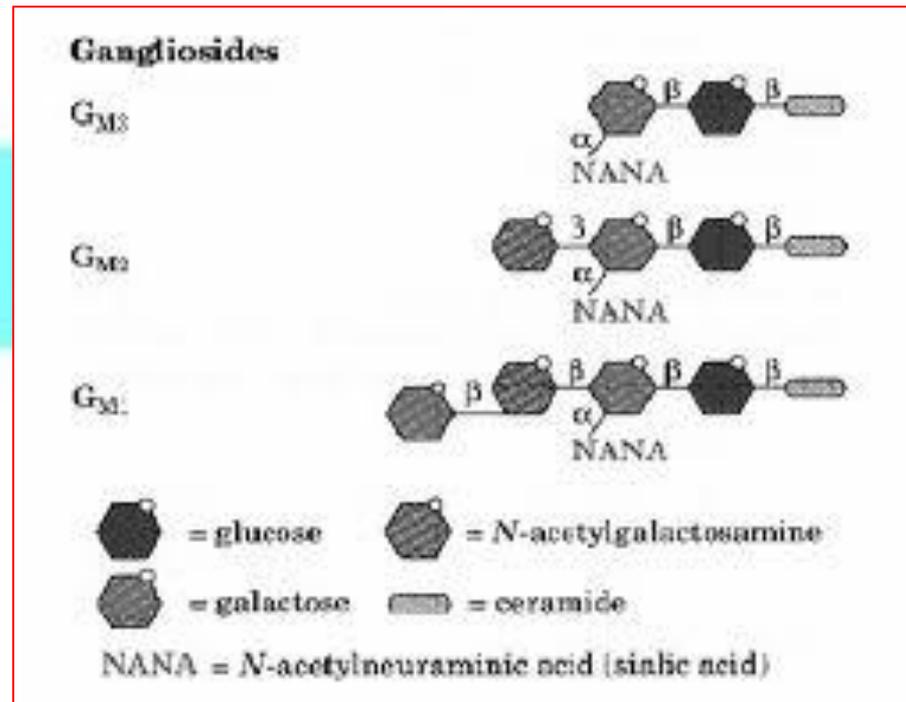
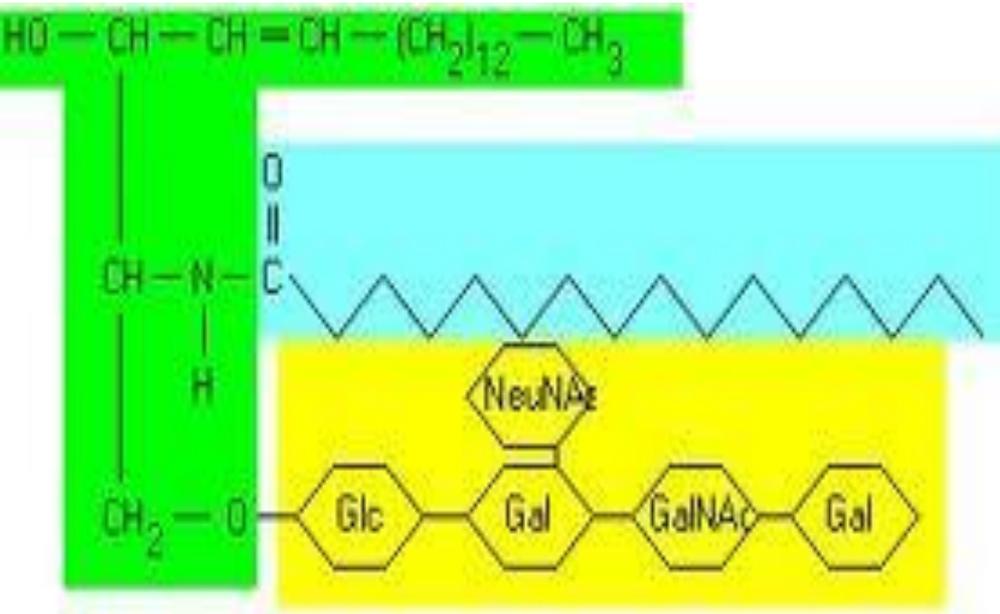
- ▶ **Mainly located in the basal ganglion cells of central nervous system** so they are called gangliosides
- ▶ **Also present in the plasma membrane of the many extraneural cell types such as spleen**
- ▶ **It looks like cerebrosides but in addition to D-Glucose or D-Galactose several other carbohydrates such as NAc-Glc, NAc-Gal and N-acetyl Neuraminic Acid (NANA) are also attached**



# Glycolipids

## Nomenclature:

- ▶ Name ganglioside is abbreviated to **G**
- ▶ Based on the number NANA, gangliosides are written as **G<sub>M2</sub>**, **G<sub>D1</sub>** etc

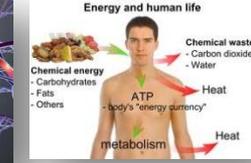
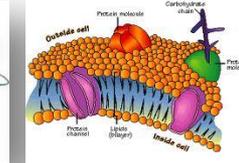
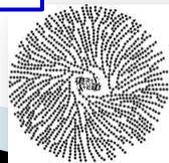
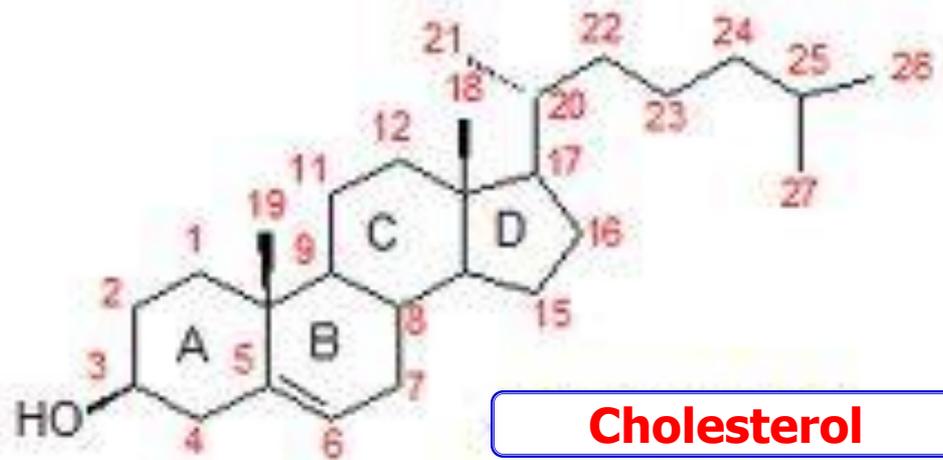
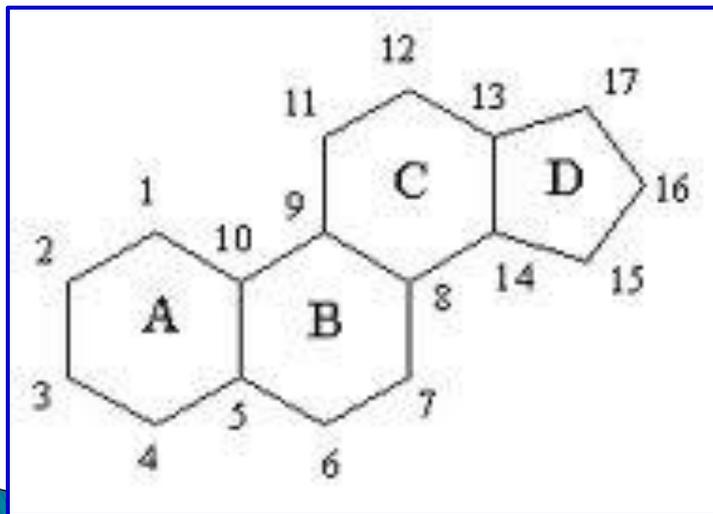




# 4. Sterol derivatives

## Steroids:

- ▶ These compounds are got almost a same general structure
- ▶ They contain a fused ring system of **3 six-membered** rings (such as A, B, and C) and **1 five-membered** ring (D) in their structures
- ▶ The precursor of this fused ring system is called – **perhydrocyclopentanophenanthrene**



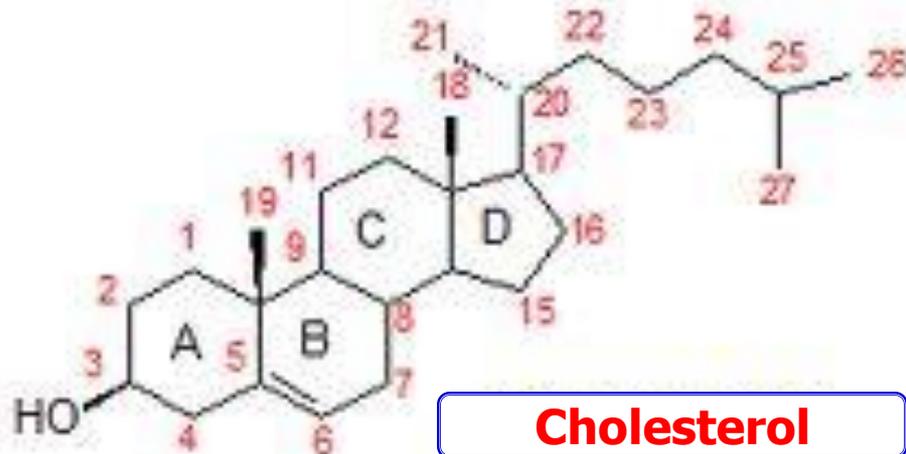
# Sterol derivatives

## Cholesterol:

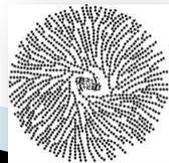
- ▶ An widely known name of steroid
- ▶ It got 27 carbons in its fused ring structure with only one hydroxyl (-OH) group at C3 position
- ▶ Hence, cholesterol is highly hydrophobic in nature
- ▶ It is widespread in biological membranes

## Functions:

- ▶ Important constituent of biological membranes
- ▶ It is precursor of several hormones such as sex hormones
- ▶ It is also the precursor of bile acids which play an important role in the digestion of fat in our system
- ▶ Regulates our blood pressure, pulse rate and body temperature



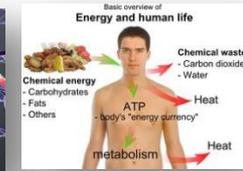
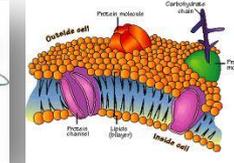
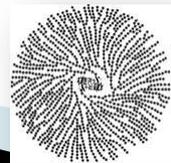
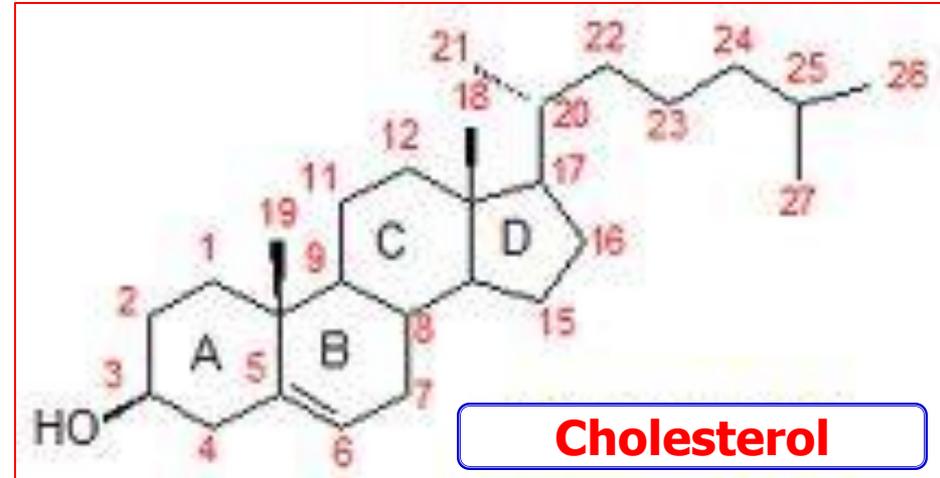
**Cholesterol**



# Sterol derivatives

## Detrimental effects of cholesterol:

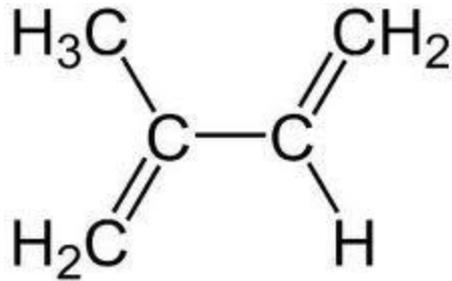
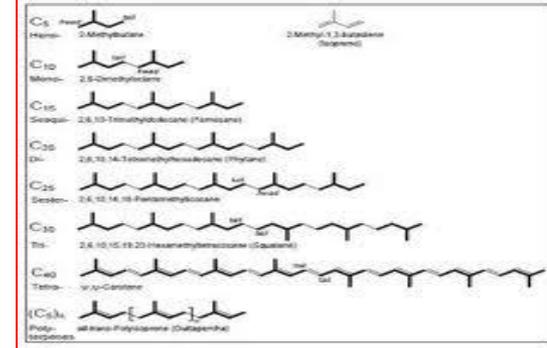
- ▶ In spite of several beneficial effects cholesterol has several detrimental effects in our system, such as
- ▶ Hypercholesterimia or hyperlipidemia is a major risk factor of several diseases such as –
  - high blood pressure
  - hypertension
  - brain stroke
  - Atherosclerosis
  - heart attack and
  - other cardiovascular diseases.



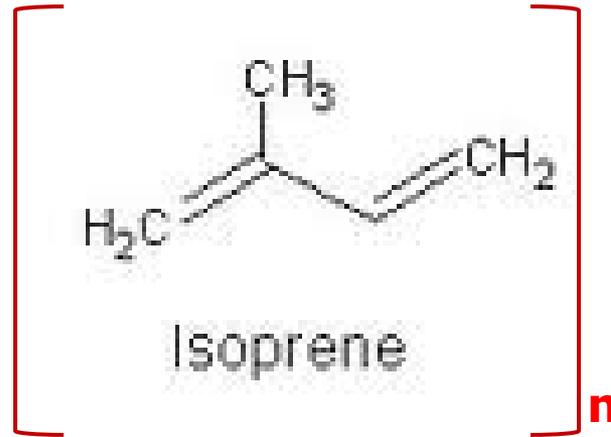
# 5. Terpenes & isoprenes

## Terpenes:

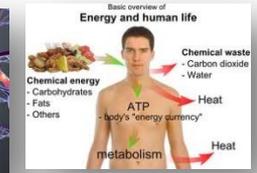
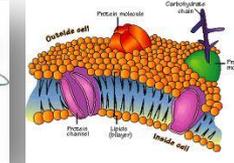
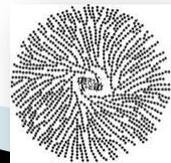
- ▶ These are the derivatives of **isoprene**
- ▶ Isoprene is a 5 carbon-containing hydrocarbon with two double bonds
- ▶ A several number of 5 carbon isoprenes are join together to form terpenes such as Squalene (a precursor of cholesterol)



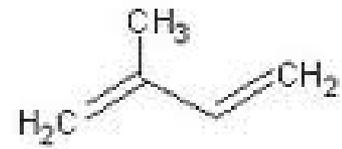
**Isoprene**



**= Terpene**



# 5. Terpenes & isoprene



Isoprene

## Terpenes:

